

Association between fluid-attenuated inversion recovery vascular hyperintensity and outcome varies with different lesion patterns in patients with intravenous thrombolysis

Erling Wang,¹ Chuanjie Wu,² Dandan Yang ,³ Xihai Zhao ,⁴ Jie Zhao,² Hong Chang,² Qi Yang ^{1,5}

To cite: Wang E, Wu C, Yang D, *et al.* Association between fluid-attenuated inversion recovery vascular hyperintensity and outcome varies with different lesion patterns in patients with intravenous thrombolysis. *Stroke & Vascular Neurology* 2021;0. doi:10.1136/svn-2020-000641

► Additional material is published online only. To view, please visit the journal online (<http://dx.doi.org/10.1136/svn-2020-000641>).

EW and CW contributed equally.

Received 21 September 2020
Revised 23 December 2020
Accepted 6 January 2021



© Author(s) (or their employer(s)) 2021. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ.

For numbered affiliations see end of article.

Correspondence to

Dr Qi Yang;
yangyangqiqi@gmail.com

ABSTRACT

Background and purpose To evaluate relationship between fluid-attenuated inversion recovery vascular hyperintensity (FVH) after intravenous thrombolysis and outcomes in different lesion patterns on diffusion-weighted imaging (DWI).

Methods Patients with severe internal carotid or intracranial artery stenosis who received intravenous thrombolysis from March 2012 to April 2019 were analysed. They were divided into four groups by DWI lesion patterns: border-zone infarct (BZ group), multiple lesions infarct (ML group), large territory infarct (LT group), and single cortical or subcortical lesion infarct (SL group). Logistic regression was performed to identify risk factors for outcome (unfavourable outcome, modified Rankin Scale (mRS) ≥ 2 ; poor outcome, mRS ≥ 3).

Results Finally, 203 participants (63.3 \pm 10.2 years old; BZ group, n=72; ML group, n=64; LT group, n=37; SL group, n=30) from 1190 patient cohorts were analysed. After adjusting for confounding factors, FVH (+) was associated with unfavourable outcome in total group (OR 3.02; 95% CI 1.49 to 6.13; p=0.002), BZ group (OR 4.22; 95% CI 1.25 to 14.25; p=0.021) and ML group (OR 5.44; 95% CI 1.41 to 20.92; p=0.014) patients. FVH (+) was associated with poor outcome in total group (OR 2.25; 95% CI 1.01 to 4.97; p=0.046), BZ group (OR 5.52; 95% CI 0.98 to 31.07; p=0.053) and ML group (OR 4.09; 95% CI 1.04 to 16.16; p=0.045) patients, which was marginal significance. FVH (+) was not associated with unfavourable or poor outcome in LT and SL groups.

Conclusion This study suggests that association between FVH and outcome varies with different lesion patterns on DWI. The presence of FVH after intravenous thrombolysis may help to identify patients who require close observations in the hospitalisation in patients with border-zone and multiple lesion infarcts.

INTRODUCTION

Stroke is one of the leading causes of disability and death worldwide,¹ and there are million new stroke cases each year in China.² Previous studies indicated that there are several mechanisms of ischaemic stroke including thrombosis leading to complete artery occlusion, artery-to-artery embolism, haemodynamic compromise and local branch occlusion. Different mechanisms of

stroke always resulted in different lesion patterns and different outcomes.³ Lesion patterns have been widely analysed to explore the mechanism of stroke.⁴

Fluid-attenuated inversion recovery (FLAIR) vascular hyperintensity (FVH) was first reported by Cosnard *et al* in 1999,⁵ which was frequently encountered in patients with acute ischaemic stroke with significant intracranial artery stenosis or occlusion.⁶ Pathologically, FVHs are considered as slow flow, flow-related enhancement (slow, but not static flow) and clot-signal intensity (oxyhaemoglobin),⁷ and the slow flow is regarded as slow retrograde flow in leptomeningeal collaterals⁸ or antegrade flow representing the impaired haemodynamics.⁹ There are many studies focusing on the association between FVH and outcomes in patients with ischaemic stroke. However, some studies demonstrated that FVHs were reflected poor collaterals and poor outcomes,^{9–11} while other studies indicated that FVHs were related to good collaterals and favourable outcomes.^{12–14} The exact reason for the discrepancy is still unknown. But these literatures did not consider the effect of stroke mechanisms, and did not classify the ischaemic stroke based on lesion patterns. Different lesion patterns related to different mechanisms of stroke may also be related to different causes of formation of FVH. In this study, we try to focus on the relationship between FVH and outcome according to different lesion patterns on diffusion-weighted imaging (DWI) in large artery atherosclerosis stroke.

METHODS

Patients

Patients with ischaemic stroke within 4.5 hours of symptom onset who received recombinant

tissue plasminogen activator (t-PA) therapy and brain MRI in Xuanwu Hospital, Capital Medical University, from April 2012 to March 2019 were retrospectively enrolled. The inclusion criteria are as follows: (1) >18 years old; (2) had acute infarct lesions within the middle cerebral artery (MCA) distribution territory determined by DWI; (3) had ipsilateral severe stenosis (>50% stenosis) or occlusion in MCA, internal carotid artery or common carotid artery identified by CT angiography, magnetic resonance angiography (MRA) or digital subtraction angiography. Patients with the following conditions were excluded from this study: (1) no FLAIR images or MRI with poor image quality; (2) no DWI hyperintensity; (3) no medical history; (4) t-PA not finished or received mechanical thrombectomy; (5) not MCA territory stroke; (6) non-atherosclerotic vasculopathy that may predispose to stroke such as dissection, moyamoya disease, vasculitis, evidence of cardioembolism or undetermined aetiology; (7) artery stenosis degree <50%. The demographics and clinical characteristics of patients were collected from the medical record, including age, sex, vascular risk factors such as hypertension, diabetes mellitus, coronary artery disease, hyperlipidaemia, smoking, drinking, history of previous stroke, the National Institute of Healthy Stroke Scale (NIHSS) score before t-PA therapy and hospitalisation days. Hypertension¹⁵ and diabetes mellitus¹⁶ were defined as published standards.

Magnetic resonance imaging

Brain MRI was performed for all included patients on 3T MR scanners (Magnetom Verio and Magnetom Trio; Siemens, Germany) with 12-channel head coils. In the routine brain imaging protocol, the sequences of FLAIR and DWI were acquired using the following parameters: T2-FLAIR: turbo spin-echo, TR/TE 10000 ms/119 ms, FOV 23.0×23.0 cm², matrix 308×308 and slice thickness 5 mm; DWI: echo-planar imaging, TR/TE 2824 ms/93 ms, FOV 23.0×23.0 cm², matrix 164×122 and slice thickness 5 mm. Time-of-flight-MRA: fast low-angle shot, TR/TE 19 ms/3.5 ms, FOV 200×200 mm², matrix 400×268 and slice thickness 1.1 mm. All MRIs were performed after thrombolytic therapy, and the time from finishing thrombolysis to MRI was within 7 days.

Neuroimaging analysis

All DWI images were evaluated for the determination of an acute ischaemic infarction.¹⁷ White matter hyperintensity (WMH) was assessed on FLAIR images using the Fazekas score.¹⁸ Lacunar infarct was defined as small infarct lesion (sized ≤15 mm in diameter, hyperintensity on FLAIR images and iso-intensity on T1W images) located in the subcortical white matter, thalamus or basal ganglia. Artery stenosis degree was measured as the Stenting and Aggressive Medical Management for Preventing Recurrent stroke in Intracranial Stenosis trial.¹⁹

The topography of infarct lesions was defined using published templates,⁴ and the templates have been modified. Accordingly, all patients were categorised into four

groups: border-zone infarct group (BZ group), multiple lesion infarcts group (ML group), large territory infarct group (LT group) and single cortical or subcortical lesion group (SL group). Border-zone infarcts (BZ group) were defined as infarcts at anterior or posterior cortical border-zone or internal border-zone. Multiple infarcts (ML group) referred to multiple infarct lesions in MCA territory but not at the border-zone. When cases with most of the infarcts are located at the border-zone it will be classified into BZ group, and when cases with most of the infarcts are located at non-border-zone regions it will be classified into ML group. BZ group has the priority

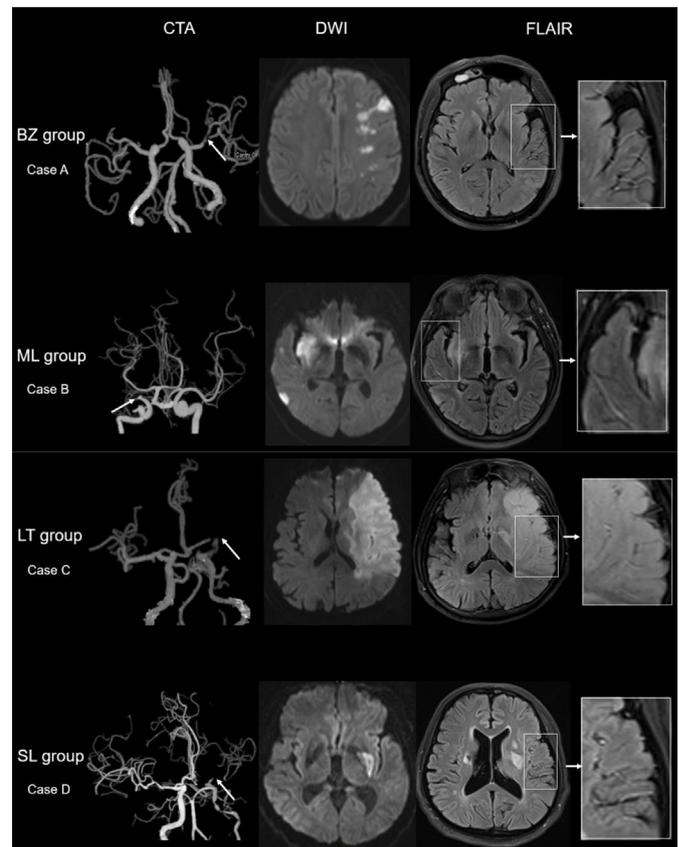


Figure 1 Illustrative cases according to the DWI lesion patterns. Case A (BZ group) shows severe stenosis of left MCA on CTA, a border-zone infarct lesion on DWI and with FVH positive in FLAIR; FVHs located beyond the lesions. Case B (ML group) shows occlusion of the right MCA, two lesions in different artery territories on DWI and with FVH positive on FLAIR; FVHs located beyond the lesions. Case C (LT group) shows occlusion of the left MCA on CTA, a large territory infarct lesion on DWI and with FVH positive on FLAIR; FVHs located within or very closed to the lesions. Case D (SL group) shows near occlusion of the left MCA on CTA, a lesion in the basal ganglia on DWI and with FVH positive on FLAIR; FVHs located beyond the lesions. BZ group, border-zone infarct group; CTA, CT angiography; DWI, diffusion-weighted imaging; FLAIR, fluid-attenuated inversion recovery; FVH, FLAIR vascular hyperintensity; LT group, large territory infarct group; MCA, middle cerebral artery; ML group, multiple lesion infarcts group; SL group, single cortical or subcortical lesion group.

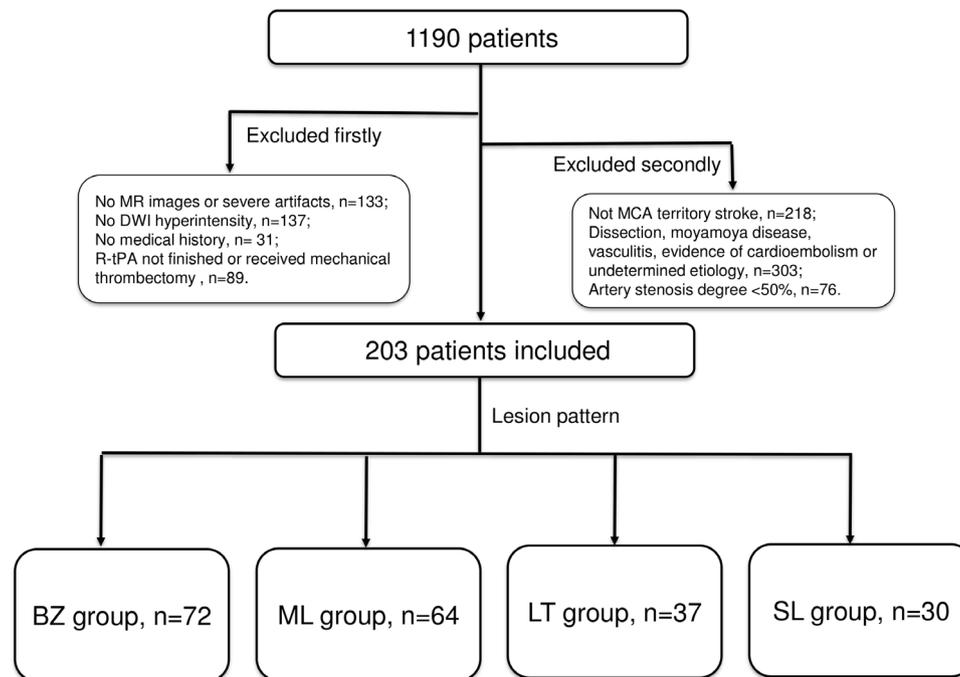


Figure 2 The flow chart of patients included. BZ group, border-zone infarct group; DWI, diffusion-weighted imaging; LT group, large territory infarct group; MCA, middle cerebral artery; ML group, multiple lesion infarcts group; r-tPA, recombinant tissue plasminogen activator; SL group, single cortical or subcortical lesion group.

when it comes to mixture lesion pattern cases. Large territory infarct (LT group) was defined as an infarct occurring in the vascular territories supplied by the stem of MCA and more than one-third of MCA territory. Single cortical or subcortical lesion (SL group) was defined as a single infarct occurring in the cortical or subcortical territory of the MCA and less than one-third of MCA territory (figure 1).

The FVHs after intravenous thrombolysis are defined as focal, tubular or serpentine hyperintensities in the subarachnoid space against the relative hypointensity of cerebrospinal fluid and corresponding to the typical arterial course on FLAIR images²⁰ at the ipsilateral side of acute ischaemic lesions on FLAIR images.

All brain images were reviewed by two experienced radiologists who had, respectively, 19 years and 6 years of experience in neuroimaging blinded to the clinical data. Disagreements were resolved by consensus.

Clinical outcome

Modified Rankin Scale (mRS) was used to assess the clinical outcome of all the patients at discharge after thrombolysis treatment.²¹ The mRS ≥ 2 was defined as unfavourable outcome; mRS score ≥ 3 was defined as poor outcome.

Intraobserver and interobserver agreement

Thirty patients were randomly selected for testing the intraobserver and interobserver reliability in identifying presence of FVH, lesion pattern of infarct, and WMH (subcortical) and WMH (periventricular). A time interval

of 2 months was set for testing the intraobserver reliability to minimise the bias of memory.

Statistical analysis

The continuous variables were described as mean \pm SD or median and IQR. The binary variables were expressed as count and percentage. The clinical characteristics were compared between FVH (+) and FVH (-) groups using independent t-test, Mann-Whitney U test, χ^2 test or Fisher's exact test according to the type of variable. The κ coefficient was used to assess interobserver agreements for the lesion patterns and FVH. Multivariate logistic regression analysis was performed to identify independent predictors of unfavourable (mRS ≥ 2 , model 1) and poor outcome (mRS ≥ 3 , model 2) at discharge. FVH (+), artery occlusion, NIHSS at admission (NIHSS-ad), age and sex were put into multivariate logistic regression model. A value of $p < 0.05$ was considered statistically significant. All statistical analyses were performed using SPSS V.20.0.

RESULTS

Basic clinical characteristic

Finally, 203 participants (63.3 \pm 10.2 years old; 169 men (83.3%)) who met the inclusion criteria among 1190 consecutive patients with ischaemic stroke (BZ group, n=72; ML group, n=64; LT group, n=37; SL group, n=30) were included, while 987 patients were excluded (no MRI or severe artefacts, n=133; no DWI hyperintensity, n=137; no medical history, n=31; r-tPA intravenous thrombolysis therapy not finished or received mechanical thrombectomy, n=89; not MCA territory stroke, n=218;

Table 1 Clinical and demographic characteristics of FVH (+) and FVH (-) patients in all patients and four subgroups

	All patients						BZ group			ML group			LT group			SL group				
	FVH-		FVH+		P value	N=103 (%)	FVH-		FVH+		P value	FVH-		FVH+		P value	FVH-		FVH+	
	N=103 (%)	N=100 (%)	N=43 (%)	N=29 (%)			N=43 (%)	N=29 (%)	N=25 (%)	N=39 (%)		N=11 (%)	N=26 (%)	N=25 (%)	N=39 (%)		N=11 (%)	N=26 (%)	N=24 (%)	N=6 (%)
Sex (men)	82 (79.6)	87 (87.0)	0.159	35 (81.4)	25 (86.2)	0.830	21 (84.0)	33 (84.6)	0.999	9 (81.8)	23 (88.5)	0.989	17 (70.8)	6 (100)	0.331					
Age	63.2±10.1	63.4±10.4	0.870	64.7±9.4	63.6±10.1	0.634	62.7±9.5	63.3±10.2	0.826	66.6±12.7	62.9±11.6	0.395	59.3±10.1	65.7±9.8	0.174					
Hypertension	81 (78.6)	72 (72)	0.272	34 (79.1)	19 (65.5)	0.201	20 (80.0)	28 (71.8)	0.460	7 (63.6)	21 (80.8)	0.490	20 (83.3)	4 (66.7)	0.732					
Diabetes mellitus	34 (33.0)	36 (36.0)	0.654	17 (39.5)	12 (41.4)	0.876	6 (24.0)	11 (28.2)	0.710	2 (18.2)	10 (38.5)	0.412	9 (37.5)	3 (50.0)	0.926					
Coronary heart disease	14 (13.6)	19 (19.0)	0.296	6 (14.0)	6 (20.7)	0.667	2 (8.0)	7 (17.9)	0.454	3 (27.3)	6 (23.1)	0.999	3 (12.5)	0 (0)	0.999					
Hyperlipidaemia	55 (53.4)	42 (42.0)	0.104	25 (58.1)	15 (51.7)	0.591	14 (56.0)	17 (43.6)	0.332	4 (36.4)	9 (34.6)	0.999	12 (50.0)	1 (16.7)	0.311					
Previous stroke	29 (28.2)	25 (25.0)	0.611	11 (25.6)	8 (27.6)	0.850	10 (40.0)	7 (17.9)	0.051	3 (27.3)	5 (19.2)	0.915	5 (20.8)	5 (83.3)	0.015*					
Smoking	58 (56.3)	62 (62.0)	0.410	24 (55.8)	17 (58.6)	0.814	15 (60.0)	23 (59.0)	0.935	8 (72.7)	19 (73.1)	0.999	11 (45.8)	3 (50.0)	0.999					
Drinking	57 (55.3)	54 (54.0)	0.848	24 (55.8)	15 (51.7)	0.733	13 (52.0)	25 (64.1)	0.336	7 (63.6)	13 (60.0)	0.447	13 (54.2)	1 (16.7)	0.234					
Lacunar infarct	56 (54.4)	62 (62.0)	0.271	23 (53.5)	18 (62.1)	0.471	16 (64.0)	26 (66.7)	0.827	4 (36.4)	15 (57.7)	0.235	13 (54.2)	3 (50.0)	0.999					
Occlusion	11 (10.7)	58 (58.0)	<0.001*	2 (4.7)	13 (44.8)	<0.001*	5 (20.0)	24 (61.5)	0.001*	3 (27.3)	17 (65.4)	0.033*	1 (4.2)	4 (66.7)	0.002*					
WMH (subcortical)	0 (0-1)	1 (0-1)	0.366	1 (0-1)	0 (0-1)	0.643	0 (0-1)	1 (0-2)	0.265	0 (0-1)	0 (0-1)	0.750	0 (0-1)	1 (0-2.25)	0.209					
WMH (periventricular)	1 (0-2)	1 (0-2)	0.992	1 (1-2)	1 (0-1.5)	0.471	1 (0.5-1.5)	1 (1-3)	0.295	1 (0-2)	1 (0-1)	0.559	1 (0.25-2)	1 (1-1.25)	0.732					
NIHSS-ad	5 (3-9)	7.5 (4-12)	0.002*	5 (3-9)	6 (4-10.5)	0.149	5 (4-9.5)	5 (4-11)	0.830	8.7±6.0	11.1±5.1	0.224	5.0±2.4	7.2±2.3	0.064					
mRS ≥2	36 (34.3)	69 (65.7)	>0.001*	10 (23.3)	21 (72.4)	>0.001*	8 (32.0)	24 (61.5)	0.021*	6 (54.5)	22 (84.6)	0.126	12 (50.0)	1 (16.7)	0.311					
mRS ≥3	18 (17.5)	47 (47.0)	<0.001*	3 (7.0)	14 (48.3)	<0.001*	4 (16.0)	15 (38.5)	0.055	4 (36.4)	18 (69.2)	0.135	7 (29.2)	0 (0)	0.331					
mRS at discharge	1 (1-2)	2 (1-4)	<0.001*	1 (0-1)	2 (1-4)	<0.001*	1 (1-2)	2 (1-4)	0.011*	2 (1-4)	4 (2-4)	0.088	1.5 (1-3)	1 (1-1.25)	0.210					
Hospitalisation (days)	7 (6-9)	8 (7-10)	0.009*	7 (6-8)	8 (7-10)	0.014*	7 (6-8)	9 (7-10)	0.007*	10(9-11)	9 (6.75-11.25)	0.277	8 (6.25-10)	7.5 (6.5-8.5)	0.529					
r-TPA to MRI time (days)	2 (1-3)	2 (1-2)	0.624	2 (1-3)	2 (1-3)	0.915	2 (1-3)	1 (1-3)	0.057	2 (1-4)	2 (1-2)	0.180	1 (1-2)	1.5 (1-2.25)	0.668					

Data are presented as median (IQR), mean±SD or n (%).

*Significantly different.

BZ group, border-zone infarct group; FVH, fluid-attenuated inversion recovery vascular hyperintensity; LT group, large territory infarct group; ML group, multiple lesion infarcts group; mRS, modified Rankin Scale; NIHSS-ad, National Institute of Health Stroke Scale at admission; r-TPA, recombinant tissue plasminogen activator; SL group, single cortical or subcortical lesion group; WMH, white matter hyperintensity.

Table 2 Results of multiple logistic regression analysis for unfavourable (mRS ≥ 2) and poor (mRS ≥ 3) outcome in all patients and four subgroups

	All patients		BZ group		ML group		LT group		SL group	
	OR (95%CI)	P value	OR (95%CI)	P value	OR (95%CI)	P value	OR (95%CI)	P value	OR (95%CI)	P value
Model 1, mRS ≥ 2										
FVH (+)	3.02 (1.49 to 6.13)	0.002	4.22 (1.25 to 14.25)	0.021	5.44 (1.41 to 20.92)	0.014	1.95 (0.24 to 15.90)	0.531	0.24 (0.01 to 7.36)	0.410
Male	2.00 (0.88 to 4.66)	0.110	0.20 (0.02 to 2.12)	0.180	0.91 (0.17 to 4.99)	0.911	8.74 (0.31 to 246.91)	0.203	3.55 (0.49 to 25.78)	0.211
Age	1.00 (0.97 to 1.03)	0.870	1.01 (0.96 to 1.08)	0.654	1.02 (0.96 to 1.09)	0.448	0.97 (0.89 to 1.06)	0.499	1.01 (0.93 to 1.11)	0.761
Occlusion	1.67 (0.77 to 3.59)	0.192	1.14 (0.97 to 1.33)	0.103	0.58 (0.15 to 2.18)	0.420	20.51 (1.69 to 248.68)	0.018	1.08 (0.03 to 33.89)	0.965
NIHSS-ad	1.18 (1.09 to 1.28)	<0.001	14.19 (1.40 to 143.85)	0.025	1.24 (1.06 to 1.46)	0.007	1.24 (0.96 to 1.60)	0.093	1.03 (0.72 to 1.46)	0.882
Model 2, mRS ≥ 3										
FVH (+)	2.25 (1.01 to 4.97)	0.046	5.52 (0.98 to 31.07)	0.053	4.09 (1.04 to 16.16)	0.045	1.53 (0.16 to 14.40)	0.709	NA	NA
Male	1.40 (0.54 to 3.62)	0.488	0.30 (0.02 to 3.94)	0.363	0.56 (0.09 to 3.58)	0.537	8.48 (0.33 to 217.26)	0.197	0.70 (0.08 to 6.26)	0.754
Age	1.00 (0.97 to 1.03)	0.937	1.05 (0.96 to 1.14)	0.338	1.03 (0.97 to 1.09)	0.318	0.88 (0.77 to 1.00)	0.051	1.04 (0.93 to 1.16)	0.511
Occlusion	2.90 (1.32 to 6.37)	0.008	32.43 (3.21 to 327.27)	0.003	2.10 (0.57 to 7.82)	0.268	5.39 (0.54 to 54.04)	0.152	0.01 (0.01 to 999.99)	0.999
NIHSS-ad	1.21 (1.11 to 1.31)	<0.001	1.34 (1.07 to 1.68)	0.010	1.14 (1.02 to 1.27)	0.019	1.69 (1.18 to 2.44)	0.004	1.30 (0.83 to 2.02)	0.253

Model 1 used mRS ≥ 2 as dependent variable; model 2 used mRS ≥ 3 as dependent variable.

The bolded entries mean significance.

BZ group, border-zone infarct group; FVH, fluid-attenuated inversion recovery vascular hyperintensity; LT group, large territory infarct group; ML group, multiple lesion infarcts group; mRS, modified Rankin Scale; NA, not available; NIHSS-ad, National Institute of Healthy Stroke Scale at admission; SL group, single cortical or subcortical lesion group.

Table 3 The distribution of FVHs in four subgroups

	FVH within DWI lesion	FVH beyond DWI lesion	FVH (both within and beyond)
Total patients, n=100, (%)	14 (14.0)	73 (73.0)	13 (13.0)
BZ group, n=29, (%)	1 (3.4)	26 (89.7)	2 (6.9)
ML group, n=39, (%)	0 (0)	38 (97.4)	1 (2.6)
LT group, n=26, (%)	13 (50.0)	3 (11.5)	10 (38.5)
SL group, n=6, (%)	0 (0)	6 (100)	0 (0)

BZ group, border-zone infarct group; DWI, diffusion-weighted imaging; FVH, fluid-attenuated inversion recovery vascular hyperintensity; LT group, large territory infarct group; ML group, multiple lesion infarcts group; SL group, single cortical or subcortical lesion group.

dissection, moyamoya disease, vasculitis or evidence of cardioembolism, n=303; artery stenosis degree <50%, n=76;) (figure 2). Among the remaining 203 patients, the presence of FVH was observed in 100 patients (49.3%). The time from finishing thrombolysis to MRI was within 7 (median (IQR), 2 (1–3)) days.

Intraobserver and interobserver agreement

For the intraobserver agreement in assessing the presence of FVH, lesion pattern of infarct, and WMH (subcortical) and WMH (periventricular), the κ values were 1.00, 0.95, 0.94 and 0.95 (all $p < 0.001$), respectively. For the interobserver agreement in assessing the presence of FVH, lesion pattern of infarct, and WMH (subcortical) and WMH (periventricular), the κ values were 0.92, 0.90, 0.87 and 0.90 (all $p < 0.001$), respectively.

The differences between FVH (+) and FVH (–) group

Cases with FVH (+) tended to have higher prevalence of artery occlusion (58.0% vs 10.7%, $p < 0.001$), higher NIHSS-ad score (7.5 (4–12) vs 5 (3–9), $p = 0.002$), higher mRS score at discharge (2 (1–4) vs 1 (1–2), $p < 0.001$) and longer hospitalisation (8 (7–10) vs 7 (6–9), $p = 0.009$) compared with patients with FVH (–). This was similar in BZ and ML groups. In LT group, patients with FVH (+) were found to have a significantly higher prevalence of artery occlusion (65.4% vs 27.3%, $p = 0.033$). In SL group, patients with FVH tended to have higher prevalence of previous stroke (83.3% vs 20.8%, $p = 0.015$) and artery occlusion (66.7% vs 4.2%, $p = 0.002$). Neither NIHSS-ad score (7.2±2.3 vs 5.0±2.4, $p = 0.064$) nor mRS score at discharge (1 (1–1.25) vs 1.5 (1–3), $p = 0.210$) was significantly different between FVH (+) and FVH (–) patients. All demographic and clinical characteristics were presented in table 1.

The association between FVH and outcome in different groups

Multiple analysis of the clinical and radiological factors associated with unfavourable outcome (mRS ≥ 2 , model 1) and poor outcome (mRS ≥ 3 , model 2) according to DWI lesion patterns is reported in table 2. In model 1, FVHs (+) were associated with unfavourable outcome after adjusting for confounding factors in total group (OR 3.02, 95% CI (1.49 to 6.13), $p = 0.002$), BZ group (OR 4.22, 95% CI (1.25 to 14.25), $p = 0.021$) and ML group (OR 5.44, 95% CI (1.41 to 20.92), $p = 0.014$) patients.

In LT group, only artery occlusion (OR 20.51; 95% CI 1.69 to 248.68; $p = 0.018$) was associated with unfavourable outcome. In SL group, all of FVHs (+), age, male, occlusion and NIHSS-ad did not show significance. In model 2, after adjusting for confounding factors, FVH (+) was also associated with poor outcome in total group (OR 2.25; 95% CI 1.01 to 4.97; $p = 0.046$), BZ group (OR 5.52; 95% CI 0.98 to 31.07; $p = 0.053$) and ML group (OR 4.09; 95% CI 1.04 to 16.16; $p = 0.045$) patients, which was marginal significance. In addition, NIHSS-ad was also associated with poor outcome in these three groups. In LT group, age (OR 0.88, 95% CI (0.77 to 1.00), $p = 0.051$, which was marginal significance) and NIHSS-ad (OR 1.69, 95% CI (1.18 to 2.44), $p = 0.004$) were associated with poor outcome. In SL group, none of these factors showed significance.

The location of FVHs

In total patients, FVHs of 14% patients were located within DWI lesions; FVHs of 73% patients were located beyond DWI lesions; FVHs of 13% patients were located both within and beyond DWI lesion FVHs. In BZ and ML groups, FVHs were most frequently located beyond DWI lesions; in LT group, most FVHs were located within, both within and beyond DWI lesions; in SL group, all FVHs were located beyond DWI lesions (table 3). We also explored the relationship between FVH location and outcome in all FVH (+) patients. We found that there was no association between different FVH locations and outcomes. After adjusting for confounding factors, only occlusion and NIHSS-ad were associated with poor outcome (mRS ≥ 3) (online supplemental tables 4 and 5).

DISCUSSION

This study investigated the relationship between FVH and clinical outcomes in different lesion types on DWI. We found that the prognostic value of FVH is different depending on the lesion patterns. FVH is an independent risk factor for unfavourable (mRS ≥ 2) and poor outcome (mRS ≥ 3) in patients with border-zone (BZ group) infarct and multiple lesion (ML group) infarct, while this association disappears when it comes to patients with large territory (LT group) stroke and single lesion (SL group) stroke.

In the present study, FVH was associated with poor outcome in total patients, which was in keeping with several previous studies.^{9 10 22 23} The prognostic value of FVH in ischaemic stroke has been widely investigated, with greatly divergent results. But these studies just investigated the associations between FVH and clinical outcome, not classifying stroke according to the mechanism. Besides populations, sample size, end points and FVH classifications, we suspected that the mechanism of stroke may also play an important role in the discrepancies.

According to the Chinese ischaemic stroke subclassification, the underlying mechanism of territorial infarct could be a sudden obstruction from an embolus and have little time to generate collaterals.²⁴ Previous studies have indicated that the pathophysiology of FVH was slow flow, flow-related enhancement (slow, but not static flow) and clot-signal intensity (oxyhaemoglobin). There are two underlying aetiologies of slow flow: one opinion is that it is retrograde artery flow of the leptomeningeal collateral circulation, the other is that it is antegrade flow representing the impaired haemodynamics.^{10 14} In BZ and ML groups, patients of FVH (+) had a higher incidence of artery occlusion and a higher mRS score at discharge than those of FVH (-). No significant differences were found in NIHSS-ad score between patients of FVH (+) and FVH (-) group. This means that patients with FVH are more frequent to suffer from a deterioration of stroke in these two groups. The pathophysiology of border-zone area infarcts was thought to be dynamic disturbance and microembolisation, and the aetiology of multiple lesion infarcts was multiple emboli from the upstream artery.^{24 25} In the multivariate logistic regression analysis, FVH is found to be an independent risk factor for poor outcome after adjusting for confounding factors in these two groups. FVHs in these two groups are speculated as antegrade flow representing impaired haemodynamics, and patients with FVH (+) suffered hypoperfusion for a much longer time than those without FVH. This assumption was strengthened by the view that most FVHs are located beyond DWI lesions in BZ group and ML group. In this study, FVH is found to be significantly associated with artery occlusion, which also supports this opinion. In addition, there may be also some retrograde artery flow of leptomeningeal collaterals participating in the formation of FVHs, but not able to counteract the consumption of artery occlusion and impaired haemodynamics.

In LT group, patients with FVH tended to have higher prevalence of artery occlusion, and FVH is not an independent risk factor for poor outcome after adjusting for confounding factors. This points to that the majority of FVHs in LT group do not represent impaired haemodynamics, which may be clot-signal intensities (oxyhaemoglobin) and the 'flow effect' disappeared. This view is supported by the phenomenon that FVHs are always located within or very closed to the DWI lesions in LT group (figure 1). In addition, age is associated with outcome, as a protect factor, this may be explained that a few old patients suffered from cerebral haemorrhage and

these patients did not undergo MRI, were not included in the present study, which would have led to few bias.

In SL group, the incidence of FVH is 20%, which is much lower than the other three groups. As similar constitution of artery stenosis or occlusion, the main reason to have a mild symptom in this group is that there are good collaterals. Patients with FVH tend to have a higher prevalence of previous stroke and artery occlusion (table 1) compared with patients without FVH, but the NIHSS-ad score and mRS at discharge were not significantly different. A higher prevalence of previous stroke meant that patients were in a long stay in artery stenosis and had enough time to generate collaterals. FVHs in SL group are considered as combination of retrograde artery flow of leptomeningeal collaterals and antegrade flow of new vessels, like moyamoya vessels near the occlusion MCA.²⁶ It is interesting that the prevalence of poor outcome in FVH (-) group was higher than FVH (+) group, but the difference did not reach statistical significance. Further study with large samples is warranted.

A recent meta-analysis²⁷ reported that FVHs beyond DWI lesions were associated with better outcome. We found that FVHs beyond or both beyond and within DWI lesion were not associated with outcome in patients with FVH (+). This difference maybe because of the fact that FVH was obtained after intravenous thrombolysis in our study. In addition, the intravenous thrombolysis treatment would have changed vascular occlusion status and the appearance of infarct lesion on MRI. Therefore, we should take into consideration the time of MRI performed.

As far as we know, this is the first study that investigates the associations between FVH and clinical outcomes according to different lesion patterns on DWI. This study explains the associations in the stroke mechanism way, offering a new method for the investigations in the FVH fields. This study demonstrates that we should observe different details in different stroke lesion patterns in clinical activities. Physicians should pay close attention to artery occlusion and NIHSS score rather than FVH in patients with large territory infarct. However, in patients with border-zone infarcts and multiple lesion infarcts, FVH should be considered as important as artery occlusion and NIHSS-ad score. In addition, we only enrolled patients who received intravenous thrombolysis, which could minimise the impact of therapy to a certain degree. Otherwise, the associations between FVH and clinical outcome in different lesion patterns should be further studied in patients without intravenous thrombolysis.

This study has some limitations. First, there are no follow-up MRIs in these patients, and future studies need to be performed to find out the duration of FVH, which would help to explain the mechanism more accurately. Second, we have not divided FVHs into proximal or distal subtype, because most patients both have these two subtypes, and we evaluate the general tendency of FVH in this study. Third, patients who had severe clinical complications such as large volume of cerebral haemorrhage

were not able to perform MRI scan, therefore these patients were not included in this study, which may lead to some bias. Finally, there was a marginal significant difference in the total group, and the sample sizes of LT and SL groups were small when compared with that of the BZ or ML group. In generalising the results to the broader r-tPA patient population with carotid/intracranial artery stenosis, a study with more cases of patients with large territory and single lesion infarct is warranted.

In conclusion, this study suggests that the association between FVH and clinical outcome varies with different lesion patterns on DWI. FVH is an independent risk factor for unfavourable and poor outcome in patients with border-zone infarct and multiple lesion infarcts, but not in patients with large territory infarct or patients with single lesion infarct. The presence of FVHs after thrombolysis may help to identify patients with border-zone infarct and multiple lesion infarcts who require close observations in the hospitalisation.

Author affiliations

¹Department of Radiology, Beijing Chaoyang Hospital, Capital Medical University, Beijing, China

²Department of Neurology, Xuanwu Hospital, Capital Medical University, Beijing, China

³Beijing Institute of Brain Disorders, Laboratory of Brain Disorders, Ministry of Science and Technology, Collaborative Innovation Center for Brain Disorders, Capital Medical University, Beijing, China

⁴Center for Biomedical Imaging Research, Department of Biomedical Engineering, Tsinghua University, Beijing, China

⁵Key Laboratory of Medical Engineering for Cardiovascular Disease, Ministry of Education, Beijing, China

Acknowledgements The authors thank all the patients who participated in this study and they also thank the doctors in the Department of Neurology in Xuanwu Hospital.

Contributors EW—study concept design, statistical analysis, gathering the clinical information and writing the manuscript. CW—study concept design, statistical analysis, gathering the clinical information and writing the manuscript. DY—MRI analysis and critical revision of the manuscript. XZ—critical revision of the manuscript for important intellectual content. JZ—gathering the clinical information and critical revision of the manuscript. HC—gathering the clinical information and critical revision of the manuscript. QY—study concept and design, study supervision, MRI analysis and critical revision of the manuscript for important intellectual content.

Funding This study was funded by the National Natural Science Foundation of China (8191101305).

Competing interests None declared.

Patient consent for publication Not required.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement Data are available upon reasonable request. Anonymised individual participant data will be shared with qualified parties on request to the corresponding author.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: <http://creativecommons.org/licenses/by-nc/4.0/>.

ORCID iDs

Dandan Yang <http://orcid.org/0000-0002-6528-0846>

Xihai Zhao <http://orcid.org/0000-0001-8953-0566>

Qi Yang <http://orcid.org/0000-0002-5773-0456>

REFERENCES

- GBD 2017 Disease and Injury Incidence and Prevalence Collaborators. Global, regional, and national incidence, prevalence, and years lived with disability for 354 diseases and injuries for 195 countries and territories, 1990–2017: a systematic analysis for the global burden of disease study 2017. *Lancet* 2018;392:1789–858.
- Wu S, Wu B, Liu M, *et al*. Stroke in China: advances and challenges in epidemiology, prevention, and management. *Lancet Neurol* 2019;18:394–405.
- Wang Y, Lu Z, Sun S, *et al*. Risk factors, topographic patterns and mechanism analysis of intracranial atherosclerotic stenosis ischemic stroke. *Int J Neurosci* 2017;127:267–75.
- Lee DK, Kim JS, Kwon SU, *et al*. Lesion patterns and stroke mechanism in atherosclerotic middle cerebral artery disease: early diffusion-weighted imaging study. *Stroke* 2005;36:2583–8.
- Cosnard G, Duprez T, Grandin C, *et al*. Fast FLAIR sequence for detecting major vascular abnormalities during the hyperacute phase of stroke: a comparison with Mr angiography. *Neuroradiology* 1999;41:342–6.
- Cheng B, Ebinger M, Kufner A, *et al*. Hyperintense vessels on acute stroke fluid-attenuated inversion recovery imaging: associations with clinical and other MRI findings. *Stroke* 2012;43:2957–61.
- Liu W, Xu G, Yue X, *et al*. Hyperintense vessels on FLAIR: a useful non-invasive method for assessing intracerebral collaterals. *Eur J Radiol* 2011;80:786–91.
- Sanossian N, Saver JL, Alger JR, *et al*. Angiography reveals that fluid-attenuated inversion recovery vascular hyperintensities are due to slow flow, not thrombus. *Am J Neuroradiol* 2009;30:564–8.
- Nam K-W, Kim CK, Kim TJ, *et al*. Flair vascular hyperintensities predict early ischemic recurrence in TIA. *Neurology* 2018;90:e738–44.
- Kufner A, Galinovic I, Ambrosi V, *et al*. Hyperintense vessels on FLAIR: hemodynamic correlates and response to thrombolysis. *Am J Neuroradiol* 2015;36:1426–30.
- Nave AH, Kufner A, Bücke P, *et al*. Hyperintense vessels, collateralization, and functional outcome in patients with stroke receiving endovascular treatment. *Stroke* 2018;49:675–81.
- Mahdjoub E, Turc G, Legrand L, *et al*. Do fluid-attenuated inversion recovery vascular hyperintensities represent good collaterals before reperfusion therapy? *Am J Neuroradiol* 2018;39:77–83.
- Liu D, Scalzo F, Rao NM, *et al*. Fluid-Attenuated inversion recovery vascular hyperintensity topography, novel imaging marker for revascularization in middle cerebral artery occlusion. *Stroke* 2016;47:2763–9.
- Lee KY, Latour LL, Luby M, *et al*. Distal hyperintense vessels on FLAIR: an MRI marker for collateral circulation in acute stroke? *Neurology* 2009;72:1134–9.
- Whelton PK, Carey RM, Aronow WS, *et al*. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *J Am Coll Cardiol* 2018;71:2199–269.
- Petersmann A, Nauck M, Müller-Wieland D, *et al*. Definition, classification and diagnosis of diabetes mellitus. *Exp Clin Endocrinol Diabetes* 2018;126:406–10.
- Sacco RL, Kasner SE, Broderick JP, *et al*. An updated definition of stroke for the 21st century: a statement for healthcare professionals from the American heart Association/American stroke association. *Stroke* 2013;44:2064–89.
- Fazekas F, Chawluk JB, Alavi A, *et al*. Mr signal abnormalities at 1.5 T in Alzheimer's dementia and normal aging. *AJR Am J Roentgenol* 1987;149:351–6.
- Chimowitz MI, Lynn MJ, Derdeyn CP, *et al*. Stenting versus aggressive medical therapy for intracranial arterial stenosis. *N Engl J Med* 2011;365:993–1003.
- Lee SH, Seo KD, Kim JH, *et al*. Correlation between hyperintense vessels on FLAIR imaging and arterial circulation time on cerebral angiography. *Magn Reson Med Sci* 2016;15:105–10.
- van Swieten JC, Koudstaal PJ, Visser MC, *et al*. Interobserver agreement for the assessment of handicap in stroke patients. *Stroke* 1988;19:604–7.
- Nam K-W, Kwon H-M, Park S-W, *et al*. Distal hyperintense vessel sign is associated with neurological deterioration in acute ischaemic stroke. *Eur J Neurol* 2017;24:617–23.
- Dong X, Bai C, Nao J. Influential factors and clinical significance of fluid-attenuated inversion recovery vascular hyperintensities in transient ischemic attacks of carotid arterial system. *Neuroradiology* 2017;59:1093–9.
- Gao S, Wang YJ, Xu AD, *et al*. Chinese ischemic stroke subclassification. *Front Neurol* 2011;2:6.

- 25 Moustafa RR, Momjian-Mayor I, Jones PS, *et al*. Microembolism versus hemodynamic impairment in rosary-like deep watershed infarcts: a combined positron emission tomography and transcranial Doppler study. *Stroke* 2011;42:3138–43.
- 26 Scott RM, Smith ER. Moyamoya disease and moyamoya syndrome. *N Engl J Med* 2009;360:1226–37.
- 27 Zhou Z, Malavera A, Yoshimura S, *et al*. Clinical prognosis of FLAIR hyperintense arteries in ischaemic stroke patients: a systematic review and meta-analysis. *J Neurol Neurosurg Psychiatry* 2020;91:475–82.

Table 4. The association between FVH location and outcome.

	FVH within DWI lesion	FVH beyond DWI lesion	FVH (both within and beyond)	P value
mRS < 3, (%)	6 (11.3)	42 (79.2)	5 (9.4)	0.319
mRS ≥3, (%)	8 (17.0)	31 (66.0)	8 (17.0)	

Table 5. Results of multiple logistic analysis for poor outcome in FVH (+) patients.

	OR (95%CI)	P value
Age	0.99 (0.95-1.04)	0.737
Male	1.83 (0.44-7.64)	0.406
FVH within DWI lesion		0.896
beyond DWI lesion	1.07 (0.25-4.63)	0.924
both within and beyond	1.51(0.22-10.39)	0.678
Occlusion	5.67(1.99-16.13)	0.001
NIHSS at admission	1.29(1.13-1.46)	<0.001