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Cilostazol and isosorbide mononitrate for the prevention of progression of cerebral small vessel disease: baseline data and statistical analysis plan for the Lacunar Intervention Trial-2 (LACI-2) (ISRCTN14911850)

Philip M Bath ⁽¹⁾, ¹ Iris Mhlanga, ¹ Lisa J Woodhouse ⁽¹⁾, ¹ Fergus Doubal ⁽¹⁾, ² Katherine Oatey, ³ Alan A Montgomery, ⁴ Joanna M Wardlaw ⁽¹⁾, ² LACI-2 Trial Investigators

ABSTRACT

Background Cerebral small vessel disease (SVD) causes lacunar strokes (25% of all ischaemic strokes), physical frailty and cognitive impairment and vascular and mixed dementia. There is no specific treatment to prevent progression of SVD.

Methods The LACunar Intervention Trial-2 is an investigator-initiated prospective randomised open-label blinded-endpoint phase II feasibility study assessing cilostazol and isosorbide mononitrate for preventing SVD progression. We aimed to recruit 400 patients with clinically evident lacunar ischaemic stroke and randomised to cilostazol, isosorbide mononitrate, both or neither, in addition to guideline secondary ischaemic stroke prevention, in a partial factorial design. The primary outcome is feasibility of recruitment and adherence to medication; key secondary outcomes include: drug tolerability; recurrent vascular events, cognition and function at 1 year after randomisation; and safety (bleeding, falls, death). Data are number (%) and median (IQR).

Results The trial commenced on 5 February 2018 and ceased recruitment on 31 May 2021 with 363 patients randomised, with the following baseline characteristics: average age 64 (56.0, 72.0) years, female 112 (30.9%), stroke onset to randomisation 79.0 (27.0, 244.0) days, hypertension 267 (73.6%), median blood pressures 143.0 (130.0, 157.0)/83.0 (75.0, 90.0) mm Hg, current smokers 67 (18.5%), educationally achieved end of school examinations (A-level) or higher 118 (32.5%), modified Rankin scale 1.0 (0.0, 1.0), National Institutes Health stroke scale 1.0 (1.4), Montreal Cognitive Assessment 26.0 (23.0, 28.0) and total SVD score on brain imaging 1.0 (0.0, 2.0). This publication summarises the baseline data and presents the statistical analysis plan.

Summary The trial is currently in follow-up which will complete on 31 May 2022 with results expected in October 2022.

Trial registration number ISRCTN14911850.

INTRODUCTION

lCerebral small vessel disease (SVD) is a major cause of stroke (lacunar ischaemic stroke), intracerebral haemorrhage and vascular and mixed dementias.¹ It is most commonly due to an intrinsic disorder of the brain's small perforating arterioles with endothelial dysfunction manifesting as impaired vasoreactivity, vascular stiffness, blood-brain barrier leakage and perivascular inflammation.¹ Currently, there is no specific secondary prevention for lacunar ischaemic stroke or SVD-associated cognitive decline.² Combined aspirin and clopidogrel increased bleeding³ and intensive antihypertensive therapy did not reduce recurrence or prevent cognitive decline⁴ in lacunar ischaemic stroke.

Original research

However, there are other potential interventions that might prevent SVD or reduce its development and progression, including: drugs that modulate the blood-brain barrier or lower blood lipids, immunosuppressive agents, neurotrophins, peroxisome proliferator-activated receptor-gamma agonists, rho-kinase antagonists, vitamins, antiinflammatory agents and xanthine oxidase inhibitors.²⁵Additionally, drugs that modulate the nitric oxide (NO)-cyclic guanylate cylasephosphodiesterase-5 and prostacyclin (PGI₉)cyclic adenylate cylase-phosphodiesterase-3 systems are attractive since they mimic key endogenous vaso-regulators.² Both NO and PGI₉ have vasodilator, antiplatelet, antileucocyte,⁶ antismooth muscle and proendothelial effects. NO may be administered orally as substrate (L-arginine or inorganic nitrate), organic nitrates (such as isosorbide mononitrate, ISMN) or drugs that inhibit PDE5 (such

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Correspondence to

Professor Philip M Bath;

philip.bath@nottingham.ac.uk

BM.J.

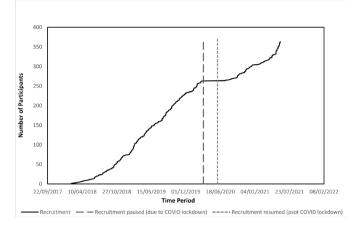


Figure 1 Recruitment by time.

a dipyridamole⁷ or sildenafil) to increase and preserve levels of the NO second messenger, cyclic guanylate monophosphate. Although PGI, has to be administered intravenously, PDE3 may be inhibited with cilostazol,8 which preserves levels of the PGI₂ second messenger, cyclic adenylate monophosphate; cilostazol has showed promise in secondary prevention trials in ischaemic stroke, which included large proportions of patients with lacunar stroke subtype⁸; and is widely used in East Asia. In addition, in experimental models, cilostazol reversed impaired oligodendrocyte precursor cell maturation which occurs when endothelial cells are dysfunctional thus potentially reducing myelin damage and facilitating its repair,⁹ and increased the astrocyte-to-neuron lactate shuttle thus increasing energy supply and prolonging neuronal survival.¹⁰ Both actions are potentially relevant to reducing brain damage in SVD.

SVD can present clinically as lacunar ischaemic stroke, cognitive impairment, mobility and/or mood disorders, or be covert and detected on incidentally on brain imaging.¹ These presentations are associated with increased short and long-term risk of recurrent stroke, cognitive decline, dementia and functional impairments.¹¹⁻¹⁵ However, although these clinical outcomes are highly relevant to patients and clinical services,^{15 16} the data on their rates long term, individually or in combination, are sparse, precluding reliable sample size estimations for clinical trials in SVD.¹⁷ Furthermore, it was unclear if patients with clinically evident lacunar ischaemic stroke could be identified with key prognostic variables determined accurately in routine clinical practice, or recruited in sufficient numbers rapidly enough, to make a clinical trial in stroke presentations of SVD feasible in a practical time period. This is because lacunar ischaemic stroke may be confused clinically with mild cortical ischaemic stroke,¹⁸ MRI is not always available acutely nor positive for small subcortical stroke,¹⁹ and long-term outcomes vary with severity of SVD lesions on brain imaging,^{13–15} making it necessary to minimise the randomisation on SVD severity.²⁰ Since lacunar ischaemic stroke is currently managed according to guidelines covering the whole of secondary prevention

of ischaemic stroke (representing best medical care) and there is no justification currently for withholding secondary prevention, any novel drugs should be tested against a background of guideline secondary ischaemic stroke prevention.

The LACunar Intervention Trial-2 (LACI-1/2) series of trials are assessing the feasibility of recruiting patients with clinically evident lacunar ischaemic stroke and tolerability of treatment with ISMN and cilostazol,¹⁷ ^{21–24} while also gathering data on outcome event rates, with the aim of testing these agents in a large phase III efficacy trial. In LACI-1, short-term administration of cilostazol and ISMN in addition to best medical care were well tolerated when the dose was escalated, without safety concerns, in patients with clinically evident lacunar ischaemic stroke²³; additionally, these drugs appeared to reduce arterial stiffness without effects on platelet function²² and appeared to improve cerebrovascular function.²⁴

The present trial, LACI-2, is testing the long-term feasibility and tolerability of administering cilostazol and ISMN to patients with clinically evident lacunar ischaemic stroke given on top of guideline secondary ischaemic stroke prevention while assessing safety and gathering data on clinically relevant outcome event rates.¹⁷ Here, we present the statistical analysis plan (SAP) and baseline data of LACI-2.

METHODS

The LACunar Intervention Trial-2 (LACI-2) is a UK-based investigator-initiated, prospective, randomised, partial factorial, open-label, blinded-endpoint phase II feasibility trial of cilostazol and/or ISMN. Patients with clinically evident lacunar ischaemic stroke, with no limit on the time interval since the stroke, with capacity to consent and who were independent in activities of daily living, were randomised to cilostazol, ISMN, both or neither in a partial factorial design. Patients with contraindications to one of the trial drugs could be randomised to the other drug alone. Randomised treatment was given in all patients in addition to guideline stroke prevention therapies, typically clopidogrel or aspirin, antihypertensive drugs and statins. Patients requiring oral anticoagulation were excluded.

Full details of regulatory approvals, patient assessment, inclusion and exclusion criteria, randomisation, minimisation criteria (age, baseline modified Rankin scale (mRS), National Institutes Health stroke scale (NIHSS), time from stroke to randomisation, highest educational attainment, smoking, systolic BP), dose-escalation scheme, short-term and long-term assessments are given in the protocol paper.¹⁷

The presence of an infarct relevant to the clinical presentation and a simplified estimate of total SVD lesion severity score, adapted for use on CT or MRI and by people not expert in brain imaging of SVD,^{17 21} were determined at the recruiting site. All diagnostic CT or MRI, scans obtained at any stroke recurrence and 1-year

| | | Participants | cSVD | Score* |
|-------------------------------------|-----|-------------------|-------------------|--------------------|
| Variable | N | All | None/mild | Moderate to severe |
| No of patients, N | | 363 | 99 | 264 |
| Demographics | | | | 201 |
| Age, years† | 363 | 64.0(56.0, 72.0) | 62.0(54.0, 69.0) | 65.0(57.5, 73.0) |
| ≤70 years (%) | 363 | 251 (69.1) | 78 (78.8) | 173 (65.5) |
| Sex, female (%) | 363 | 112 (30.9) | 28 (28.3) | 84 (31.8) |
| modified Rankin Scale (/6) | 363 | 1.0(0.0, 1.0) | 1.0(0.0, 1.0) | 1.0(0.0, 1.0) |
| >1 (%)† | 363 | 85 (23.4) | 23 (23.2) | 62 (23.5) |
| Onset to randomisation (days)† | 363 | 79.0(27.0, 244.0) | 73.0(27.0, 244.0) | 84.5(28.5, 246.5 |
| ≤100 (%) | 363 | 206 (56.7) | 64 (64.6) | 142 (53.8) |
| Age completing education (years) | 363 | 16.0(15.0, 18.0) | 16.0(15.0, 17.0) | 16.0(15.0, 18.0) |
| Highest education level (%)† test | | | | |
| Primary school | 363 | 2 (0.6) | 0 (0.0) | 2 (0.8) |
| Secondary school | 363 | 129 (35.5) | 36 (36.4) | 93 (35.2) |
| O-level/GCSE or equivalent‡ | 363 | 114 (31.4) | 34 (34.3) | 80 (30.3) |
| A-level or equivalent‡ | 363 | 54 (14.9) | 17 (17.2) | 37 (14.0) |
| College or university undergraduate | 363 | 37 (10.2) | 7 (7.1) | 30 (11.4) |
| College or university postgraduate | 363 | 27 (7.4) | 5 (5.1) | 22 (8.3) |
| Lifestyle | | | | |
| Smoking (%)† | | | | |
| Current | 363 | 67 (18.5) | 17 (17.2) | 50 (18.9) |
| Past | 363 | 154 (42.4) | 36 (36.4) | 118 (44.7) |
| Never | 363 | 142 (39.1) | 46 (46.5) | 96 (36.4) |
| Medical history (%) | | | | . , |
| Hypertension | 363 | 267 (73.6) | 58 (58.6) | 209 (79.2) |
| Hypertension, drug treated | 363 | 258 (71.1) | 55 (55.6) | 203 (76.9) |
| Hyperlipidaemia | 363 | 281 (77.4) | 75 (75.8) | 206 (78.0) |
| Hyperlipidaemia, drug treated | 363 | 278 (76.6) | 75 (75.8) | 203 (76.9) |
| Diabetes mellitus | 363 | 80 (22.0) | 20 (20.2) | 60 (22.7) |
| Insulin | 363 | 18 (5.0) | 5 (5.1) | 13 (4.9) |
| Oral agents | 363 | 58 (16.0) | 18 (18.2) | 40 (15.2) |
| Lifestyle | 363 | 24 (6.6) | 3 (3.0) | 21 (8.0) |
| Atrial fibrillation | 363 | 5 (1.4) | 1 (1.0) | 4 (1.5) |
| Heart failure | 363 | 4 (1.1) | 0 (0.0) | 4 (1.5) |
| Previous stroke | 363 | 25 (6.9) | 2 (2.0) | 23 (8.7) |
| Prior TIA | 363 | 29 (8.0) | 5 (5.1) | 24 (9.1) |
| Family history, young stroke | 363 | 55 (15.2) | 16 (16.2) | 39 (14.8) |
| Current medications (%) | | | | 1 - / |
| Anticoagulants | 363 | 5 (1.4) | 1 (1.0) | 4 (1.5) |
| Antibiotics | 363 | 2 (0.6) | 0 (0.0) | 2 (0.8) |
| Antihypertensive | 363 | 277 (76.3) | 67 (67.7) | 210 (79.5) |
| ACE-inhibitors | | 132 (36.4) | 32 (32.3) | 100 (37.9) |
| Angiotensin-II RA | | 54 (14.9) | 14 (14.1) | 40 (15.2) |
| Renin inhibitor | | 0 (0.0) | 0 (0.0) | 0 (0.0) |

Table 1 Continued

| | - | Participants | cSVD | Score* |
|--|-----|----------------|----------------|--------------------|
| Variable | N | All | None/mild | Moderate to severe |
| Beta-RA | | 41 (11.3) | 10 (10.1) | 31 (11.7) |
| ССВ | | 164 (45.2) | 33 (33.3) | 131 (49.6) |
| Diuretic | | 51 (14.0) | 13 (13.1) | 38 (14.4) |
| Alpha-RA | | 17 (4.7) | 3 (3.0) | 14 (5.3) |
| Centrally active | | 2 (0.6) | 1 (1.0) | 1 (0.4) |
| Antiplatelet | 363 | 352 (97.0) | 97 (98.0) | 255 (96.6) |
| Lipid lowering | 363 | 341 (93.9) | 91 (91.9) | 250 (94.7) |
| Proton pump inhibitor | 363 | 128 (35.3) | 30 (30.3) | 98 (37.1) |
| PDE5 inhibitor | 363 | 7 (1.9) | 3 (3.0) | 4 (1.5) |
| Grapefruit juice more than once a week | 363 | 15 (0.04) | 3 (0.03) | 12 (0.04) |
| Other drugs | 363 | 236 (65.0) | 67 (67.7) | 169 (64.0) |
| Nor of drugs taken/day | 363 | 4.0 (3.0, 4.0) | 3.0 (3.0, 4.0) | 4.0 (3.0, 5.0) |

Data are number (%), median (IQR).

*According to scan read at site.

†Minimisation variable.

‡School exams at age 16 (O-level/GCSE or equivalent) and 18 (A-level or equivalent).

CCB, calcium channel blocker; F/T, full time; P/T, part time; RA, receptor antagonist; SVD, small vessel disease; TIA, transient ischaemic attack.

follow-up MRI, were collected by the trial office for central adjudication.

RESULTS

The primary outcome is feasibility of recruitment and adherence to medication. Key secondary outcomes include recruitment of hospital sites and participants, drug tolerability, symptoms (such as headache, nausea, palpitations) which might deter drug adherence, safety (bleeding, falls, death), recurrent vascular events (including stroke and myocardial infarction), cognition and function over 1 year of follow-up. Imaging outcomes (white matter hyperintensity (WMH) severity, new cortical or subcortical infarcts, lacunes, haemorrhage, microbleeds) are assessed with MRI at 1 year. Details of central CT and MRI adjudication are given in the LACI-2 protocol paper.¹⁷

LACI-2 will provide outcome event rates and hence information to estimate sample size, recruitment and trial procedures for a phase III trial based in clinical outcomes. Further information is given in online supplemental file and published protocol.¹⁷

We present here a complete listing of baseline data; data are number (%) and median (IQR), unless otherwise stated.

The full details of the SAP^{25 26} are given in the accompanying online supplemental file, Appendix S1 and is presented prior to locking of the study database so that analyses are not data driven or reported selectively.²⁷ The SAP also lists planned secondary analyses and substudies, and follows the layout suggested in guide-lines.^{25 26}

The trial commenced in February 2018; recruitment was suspended due to COVID-19 restrictions on 17 March 2020 by the Sponsor and reopened on 10 June 2020; however, the additional delays in reinstating site approvals meant that there was a total of 4 months without recruitment. Following a 6-month extension, recruitment stopped on 31 May 2021 to allow a year of follow-up prior to close, a total of 40 months (36 months excluding COVID-19 suspension, figure 1).

Of a planned 400 participants, 363 (91%) were recruited from 26 UK hospitals. At baseline, the average age was 64 (range 31–87) years (table 1). There were 112 (31%) female patients, the median NIHSS was 0 (0, 0), the mRS was 2 in 85 (23%) patients, and the time from stroke onset to randomisation was 79.0 (27.0, 244.0) days (table 1). The median age for completing education was 16 years, with 118 (33%) participants having one or more A-level equivalent or above qualifications. Vascular risk factor rates included median blood pressure of 143.0 (130.0, 157.0)/83.0 (75.0, 90.0) mm Hg, current smoking in 67 (19%), drug-treated hypertension in 258 (71%), drug-treated hyperlipidaemia in 278 (77%), diabetes mellitus in 80 (22%), atrial fibrillation in 5 (1%), carotid stenosis of >50% left 3 (0.8%), right 6 (1.7%) and history of previous stroke in 25 (7%) (table 2).

Baseline clinical findings included persistent unilateral weakness in 288 (79%), sensory change in 148 (41%), neglect/inattention in 6 (2%), dysphasia in 19 (5%) and visual disturbance in 11 (3%) (table 2). On cognitive

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| | | Participants | cSVD | Score* | P value |
|--|------------|--------------------------|------------------------|--------------------------|---------|
| Variable | Ν | All | None/mild | Moderate to evere | |
| No of patients, N | | 363 | 99 | 264 | |
| Clinical data (%) | | | | | |
| SBP mm Hg† | 363 | 143.0 (130.0, 157.0) | 143.0 (128.0, 160.0) | 143.0 (131.0, 155.5) | 0.94 |
| DBP mm Hg | 363 | 83.0 (75.0, 90.0) | 82.0 (75.0, 90.0) | 83.0 (75.5, 90.0) | 0.89 |
| NIHSS (/42)† | 363 | 0.0 (0.0, 2.0) | 0.0 (0.0, 1.0) | 0.0 (0.0, 2.0) | 0.34 |
| Duration of symptoms (days) | 145 | 2.0 (1.0, 5.0) | 2.0 (1.0, 7.0) | 2.0 (1.0, 5.0) | 0.30 |
| Ongoing symptoms | 363 | 218 (60.1) | 58 (58.6) | 160 (60.6) | 0.73 |
| Weakness, side of weakness | 363 | 288 (79.3) | 80 (80.8) | 208 (78.8) | 0.67 |
| Left (%) | 363 | 148 (40.8) | 37 (37.4) | 111 (42.0) | |
| Right (%) | 363 | 138 (38.0) | 43 (43.4) | 95 (36.0) | |
| Both (%) | 363 | 2 (0.6) | 0 (0.0) | 2 (1.0) | |
| Sensory loss, side of loss | 363 | 148 (40.8) | 43 (43.4) | 105 (39.8) | 0.53 |
| Left (%) | 363 | 74 (20.4) | 19 (19.2) | 55 (20.8) | |
| Right (%) | 363 | 71 (19.6) | 24 (24.2) | 47 (17.8) | |
| Both (%) | 363 | 3 (0.8) | 0 (0.0) | 3 (1.1) | |
| Ataxia | 363 | 84 (23.1) | 17 (17.2) | 67 (25.4) | 0.010 |
| Left (%) | 363 | 41 (11.3) | 5 (5.1) | 36 (13.6) | |
| Right (%) | 363 | 39 (10.7) | 12 (12.1) | 27 (10.2) | |
| Neglect/inattention | 363 | 6 (1.7) | 1 (1.0) | 5 (1.9) | 0.56 |
| Dysphasia | 363 | 19 (5.2) | 6 (6.1) | 13 (4.9) | 0.67 |
| Dysarthria | 363 | 111 (30.6) | 28 (28.3) | 83 (31.4) | 0.56 |
| Visual loss | 363 | 11 (3.0) | 6 (6.1) | 5 (1.9) | 0.039 |
| Cognition | | . , | | | |
| MOCA total (/30) | 363 | 26.0 (23.0, 28.0) | 26.0 (23.0, 28.0) | 26.0 (24.0, 28.0) | 0.098 |
| ≤24 (%) | 363 | 119 (32.8) | 39 (39.4) | 80 (30.3) | 0.10 |
| Trail making test part B | | | | | |
| Time (seconds) | 359 | 110.0 (75.0, 170.0) | 112.0 (74.0, 168.0) | 108.0 (76.0, 171.0) | 0.73 |
| Points | 359 | 25.0 (23.0, 25.0) | 25.0 (23.0, 25.0) | 25.0 (23.0, 25.0) | 0.39 |
| Investigations (%) | | | | | |
| Type of scan after index stroke (%) | | | | | |
| CT only | 363 | 101 (27.8) | 40 (40.4) | 61 (23.1) | 0.001 |
| MRI only | 363 | 43 (11.8) | 9 (9.1) | 34 (12.9) | 0.32 |
| Both | 363 | 219 (60.3) | 50 (50.5) | 169 (64.0) | 0.019 |
| Stroke-CT scan (days) | 320 | 1.0 (0.0, 1.0) | 0.0 (0.0, 1.0) | 1.0 (0.0, 1.0) | 0.26 |
| Stroke-MRI scan (days) | 262 | 3.0 (1.0, 9.0) | 2.0 (1.0, 5.0) | 3.0 (1.0, 11.0) | 0.13 |
| Acute stroke lesion present* | 363 | 296 (81.5) | 68 (68.7) | 228 (86.4) | <0.001 |
| Lesion side of brain, left (%)* | 363 | 164 (45.2) | 45 (45.5) | 119 (45.1) | 0.95 |
| SVD score 1 (%)* | 363 | 206 (56.7) | 0 (0.0) | 206 (78.0) | |
| WMH/hypoattenuations, yes (%)* | 363 | 179 (49.3) | 0 (0.0) | 179 (67.8) | - |
| Total SVD score*† | 363 | 1.0 (0.0, 2.0) | 0.0 (0.0, 0.0) | 1.0 (1.0, 2.0) | _ |
| SVD moderate/severe (%)* | | | 0 (0.0) | | |
| | 363 | 264 (72.7) | | 264 (100.0) | 0.16 |
| Carotid stenosis (%) Degree of stenosis left <50% | 363 363 | 315 (86.8) 312 (86.0) | 90 (90.9) 90 (90.9) | 225 (85.2) 222 (84.1) | 0.16 |
| Degree of stenosis right <50% | 363 | 309 (85.1) | 90 (90.9) | 219 (83.0) | |
| Degree of steriosis fight <30% | 303 | 309 (83.1) | 30 (30.3) | 219 (03.0) | |

Continued

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Table 2 Continued

| | | Participants | cSVD | Score* | P value |
|---------------------|-----|-------------------|-------------------|-------------------|---------|
| Variable | Ν | All | None/mild | Moderate to evere | |
| ECG (%) | | | | | 0.93 |
| Sinus | 360 | 347 (96.4) | 94 (95.9) | 253 (96.6) | |
| AF | 360 | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| Other | 360 | 13 (3.6) | 4 (4.1) | 9 (3.4) | |
| Haemoglobin, g/L | 361 | 14.2 (13.3, 15.2) | 14.3 (13.2, 15.3) | 14.2 (13.3, 15.2) | 0.55 |
| Creatinine (µmol/l) | 363 | 77.0 (66.0, 90.0) | 82.0 (69.0, 91.0) | 76.0 (66.0, 90.0) | 0.21 |
| eGFR (mL/min) | 362 | 75.0 (75.0, 78.0) | 75.0 (75.0, 81.0) | 75.0 (75.0, 75.0) | 0.10 |

Data are number (%), median (IQR).

*According to scan read at site.

+Minimisation variable.

F/T, full time; NIHSS, National Institutes Health stroke scale; P/T, part time; SVD, small vessel disease; WMH, white matter hyperintensity.

testing, the median Montreal Cognitive Assessment score was 26.0 (23.0, 28.0) with 119 (33%) having a score below 25 signifying cognitive impairment. The median score on the trail making test, part B, a test of executive function, was 25.0 (23.0, 25.0) points.

A majority of participants, 219 (60%), had both an admission CT scan and MRI brain imaging (320, 88%, had CT and 229, 65%, had MRI) (table 2). Imaging findings as reported by the recruiting site included an acute ischaemic stroke lesion thought to be consistent with the lacunar stroke symptoms in 296 (82%), WMHs present in 179 (49%) and median modified total SVD score of 1.0 (0.0, 2.0).

On central adjudication, a visible index infarct was present in 319 (88%) and averaged 10×8×10 mm in size (table 3). Only one scan was considered to be normal, that is, to have neither an acute infarct responsible for the recent stroke symptoms or any background changes of SVD or atrophy. Microbleeds were present in 20% of patients in mainly lobar (28%), deep (41%) or mixed lobar/deep (31%) locations (table 4). Atrophy was present in 75% of participants. WMHs were present in 95% of participants: 76% had up to Fazekas 2 periventricular and 82% had up to Fazekas 2 deep WMH scores. Sixty-two per cent of participants had one or more old vascular lesions including lacunes present in 96% (table 5).

In univariate analyses and in comparison with participants with lower SVD scores (table 1), those with moderate or severe SVD scores were older and more likely to have had a previous stroke, be taking antihypertensive drugs and have ataxia, and less likely to have visual loss. Additionally, participants with more severe SVD scores were more likely to have had MRI at diagnosis and to have a relevant acute ischaemic stroke lesion present on imaging (table 3). Similarly, in comparison with participants with a low SVD score, those with a moderate/high score had more atrophy, WMHs and their severity (table 4), and the presence of old vascular lesions (table 5).

DISCUSSION

SVD is common worldwide and, so far, whether presenting covertly or with stroke, cognitive or physical impairment, or neuropsychiatric symptoms,²⁸ has no demonstrated interventions that prevent or limit its development and progression.^{2–4 16} The LACI trials are assessing the tolerability and feasibility of recruiting patients, the outcome event rates, and tolerability and safety of treatment with ISMN and cilostazol^{17 21–24} in addition to guideline secondary stroke prevention, with the aim of testing these agents in a large phase III efficacy trial.

The baseline characteristics presented here show that LACI-2 is representative of patients with clinically evident lacunar ischaemic stroke, a marker of SVD. In particular, the average age was younger than for other types of ischaemic stroke at 64 years,²⁹ there was a preponderance of males (69%)³⁰ and most participants had relatively few physical signs or impairments resulting from their stroke.¹⁵ A majority of participants were diagnosed with hypertension and taking antihypertensive medication, and most were taking antiplatelet or lipid lowering drugs as guideline secondary prevention of ischaemic stroke. Many were ex- smokers or current smokers. Very few had atrial fibrillation or carotid stenosis (about 1%) reflecting that, while emboli can enter and intracranial large artery atheroma may obstruct perforating cerebral arterioles, these are rare in, and uncommon causes of, lacunar ischaemic stroke.^{29 31}

A minority of participants had clinical cortical features such as dysphasia (19, 5.2%), neglect (6, 2%) or hemianopia (11, 3%), reflecting the overlap in symptoms between cortical and lacunar ischaemic stroke,¹⁸ and potential difficulty of recruiting pure lacunar syndrome populations on the basis of clinical syndrome and CT scanning in busy regional hospital stroke services. Nonetheless, it is reassuring that very few patients were found to have a primary cortical infarct on central expert scan read (3%), the remaining 97% having either a recent

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| | | | SVD | Score | |
|-------------------------------|-----|------------------|------------------|------------------|---------|
| Variable | Ν | All | Low | Moderate-severe | P value |
| Patients randomised | | 363 | 99 | 264 | |
| Scan | | | | | |
| Scan type (%) | | | | | |
| СТ | 363 | 320 (88.2) | 90 (90.9) | 230 (87.1) | 0.32 |
| Time to CT (days) | 320 | 1.0 (0.0, 1.0) | 0.0 (0.0, 1.0) | 1.0 (0.0, 1.0) | 0.19 |
| MRI | 362 | 263 (72.5) | 60 (60.6) | 203 (76.9) | 0.0020 |
| Time to MRI (days) | 263 | 3.0 (1.0, 9.0) | 2.0 (1.0, 5.0) | 3.0 (1.0, 11.0) | 0.097 |
| Scan quality (%) | | | | | 0.28 |
| Good | | 237 (65.3) | 66 (66.7) | 171 (64.8) | |
| Moderate | | 118 (32.5) | 29 (29.3) | 89 (33.7) | |
| Poor | | 8 (2.2) | 4 (4.0) | 4 (1.5) | |
| Index lesion (%) | | | | | |
| Normal scan | | 1 (0.3) | 1 (1.0) | 0 (0.0) | 1.00 |
| Lesion present (type) | | | | | 0.0006 |
| Primary infarct | | 319 (87.9) | 77 (77.8) | 242 (91.7) | |
| Primary haemorrhage | | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| Mimic | | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| No acute lesion visible | | 43 (11.8) | 21 (21.2) | 22 (8.3) | |
| Infarct side of brain | 320 | | | | 0.22 |
| Right | | 142 (44.4) | 29 (37.7) | 113 (46.5) | |
| Left | | 175 (54.7) | 48 (62.3) | 127 (52.3) | |
| Both | | 3 (0.9) | 0 (0.0) | 3 (1.2) | |
| Location (%) | 320 | | | | |
| Small subcortical infarct | | 311 (97.2) | 72 (93.5) | 239 (98.4) | 0.33 |
| Internal capsule | | 110 (34.4) | 21 (27.3) | 89 (36.6) | |
| External capsule | | 4 (1.3) | 1 (1.3) | 3 (1.2) | |
| Lentiform nucleus | | 31 (9.7) | 7 (9.1) | 24 (9.9) | |
| Internal border zone | | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| Centrum semiovale | | 83 (25.9) | 23 (29.9) | 60 (24.7) | |
| Thalamus | | 64 (20.0) | 17 (22.1) | 47 (19.3) | |
| Cerebellum | | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| Brainstem lesion (pons) | | 18 (5.6) | 3 (3.9) | 15 (6.2) | |
| Medulla | | 1 (0.3) | 0 (0.0) | 1 (0.4) | |
| Non-small subcortical infarct | | | | . , | |
| MCA territory | 320 | 9 (2.8) | 4 (5.2) | 5 (2.1) | 0.23 |
| PCA territory | 320 | 2 (0.6) | 1 (1.3) | 1 (0.4) | 0.42 |
| Infarct size (mm) | 320 | (/ | | | |
| A/P | | 10.0 (8.0, 12.0) | 10.0 (8.0, 12.0) | 10.0 (8.0, 12.0) | 0.97 |
| R/L | | 9.0 (6.0, 11.0) | 9.0 (6.0, 10.0) | 9.0 (6.0, 11.0) | 0.91 |
| Cranio-caudal | | 10.0 (8.0, 15.0) | 10.0 (8.0, 12.0) | 10.0 (8.0, 15.0) | 0.15 |

Data are number (%), median (IQR) or mean (SD). The number of participants with data is 363 unless stated. Index lesion=main cause of stroke symptoms.

Index small subcortical infarct=acute lacunar.

Non-small subcortical infarct=large artery cortical or large subcortical or posterior circulation.

SVD, small vessel disease.

Adjudicated baseline imaging characteristics Table 4 (microhaemorrhages, atrophy, white matter hyperintensities and perivascular spaces) by small vessel disease score as determined by recruiting site

| determined by rech | .9 | | SVD | Score | |
|--|-----|------------|-----------|---------------------|----------|
| Variable | N | All | Low | Moderate- severe | P value |
| Patients randomised | | 363 | 99 | 264 | - Value |
| Microhaemorrhages | 196 | 39 (19.9) | 99 (20.9) | 30 (19.6) | 0.85 |
| No microhaemorrhages | 39 | 00 (10.0) | 0 (20.0) | 00 (10.0) | 0.18 |
| (%) | | | | | |
| 1 | | 9 (23.1) | 5 (55.6) | 4 (13.3) | |
| 2 | | 7 (17.9) | 3 (33.3) | 4 (13.3) | |
| 3 | | 5 (12.8) | 0 (0.0) | 5 (16.7) | |
| 4 | | 2 (5.1) | 0 (0.0) | 2 (6.7) | |
| ≥5 | | 15 (38.5) | 1 (11.1) | 14 (46.7) | |
| Type of microhaemorrhages (%) | 39 | | | | 0.61 |
| Lobar | | 11 (28.2) | 2 (22.2) | 9 (30.0) | |
| Deep | | 16 (41.0) | 5 (55.6) | 11 (36.7) | |
| Both | | 12 (30.8) | 2 (22.2) | 10 (33.3) | |
| Superficial siderosis present | 41 | 2 (4.9) | 0 (0.0) | 2 (6.3) | 1.00 |
| Siderosis focal | | 2 (100.0) | 0 (0.0) | 2 (100.0) | 1.00 |
| Siderosis disseminated | | 0 (0.0) | 0 (0.0) | 0 (0.0) | - |
| Siderosis location | | | | | 1.00 |
| Left | | 1 (50.0) | 0 (0.0) | 1 (50.0) | |
| Right | | 0 (0.0) | 0 (0.0) | 0 (0.0) | |
| Both | | 1 (50.0) | 0 (0.0) | 1 (50.0) | |
| Atrophy (%) | | | | | |
| Brain volume reduction | 362 | 272 (75.1) | 63 (64.3) | 209 (79.2) | 0.0036 |
| Central brain tissue volume | 272 | | | | 0.42 |
| Moderate | | 199 (73.2) | 50 (79.4) | 149 (71.3) | |
| Severe | | 64 (23.5) | 11 (17.5) | 53 (25.4) | |
| Cortical brain tissue volume | 272 | | | | 0.12 |
| Moderate | | 203 (74.6) | 43 (68.3) | 160 (76.6) | |
| Severe | | 5 (1.8) | 0 (0.0) | 5 (2.4) | |
| WMH (%) | | | | | |
| WMH present | 362 | 342 (94.5) | 87 (88.8) | 255 (96.6) | 0.0038 |
| Anterior white matter lucency | 342 | | | | |
| Adjoining ventricles | | 116 (33.9) | 32 (36.8) | 84 (32.9) | 0.51 |
| Covering ventricle to cortex | | 56 (16.4) | 6 (6.9) | 50 (19.6) | 0.0057 |
| Posterior white matter lucency | 342 | | | | |
| Adjoining ventricles | | 114 (33.3) | 27 (31.0) | 87 (34.1) | 0.60 |
| Covering ventricle to cortex | | 55 (16.1) | 10 (11.5) | 45 (17.6) | 0.18 |
| Anterior and/or Posterior white matter lucency | 342 | | | | |
| Adjoining ventricles | | 136 (39.8) | 36 (41.4) | 100 (39.2) | 0.72 |
| | | | | C | ontinued |

SVD Score Moderate-ΔΙΙ Variable Ν I ow severe P value 68 (19.9) Covering ventricle 11 (12.6) 57 (22.4) 0.050 to cortex Periventricular WMH < 0.0001 342 Fazekas score 1 131 (38.3) 48 (55.2) 83 (32.5) 2 32 (36.8) 97 (38.0) 129 (37.7) 3 80 (23.4) 7 (8.0) 73 (28.6) Deep WMH Fazekas 342 0.0002 score 178 (52.0) 59 (67.8) 119 (46.7) 1 2 102 (29.8) 14 (16.1) 88 (34.5) 3 42 (12.3) 5 (5.7) 37 (14.5) Periventricular 342 < 0.0001 and/or Deep WMH Fazekas score 1 123 (36.0) 46 (52.9) 77 (30.2) 2 137 (40.1) 34 (39.1) 103 (40.4) 3 82 (24.0) 7 (8.0) 75 (29.4) Enlarged PVS (%), MRI 194

Table 4

Continued

| or | nly | | | | |
|----|----------------------------|----------------|---------------|-------------|--------|
| | Enlarged PVS | 194 (100.0) | 43 (100.0) | 151 (100.0) | 1.00 |
| | Basal ganglia score | | | | |
| | ≤10 | 62 (32.0) | 23 (53.5) | 39 (25.8) | 0.0008 |
| | 11–20 | 74 (38.1) | 16 (37.2) | 58 (38.4) | |
| | 20–40 | 36 (18.6) | 4 (9.3) | 32 (21.2) | |
| | >40 | 22 (11.3) | 0 (0.0) | 22 (14.6) | |
| | Centrum semiovale score | | | | |
| | ≤10 | 30 (15.5) | 10 (23.3) | 20 (13.2) | 0.30 |
| | 11–20 | 52 (26.8) | 13 (30.2) | 39 (25.8) | |
| | 20–40 | 82 (42.3) | 15 (34.9) | 67 (44.4) | |
| | >40 | 30 (15.5) | 5 (11.6) | 25 (16.6) | |
| | | | | | |

Data are number (%), median (IQR) or mean (SD). The number of participants with data is 363 unless stated. PVS, perivascular spaces; WMH, white matter hyperintensities.

small subcortical (ie, acute lacunar) infarct as the primary cause of symptoms, or no definite visible relevant lacunar infarct but no alternative cause for their symptoms.

On adjudicated brain imaging, most participants (264, 73%) were judged to have a moderate to severe SVD score by the recruiting hospital, consistent with patients with lacunar ischaemic stroke, and demonstrating that a simplified version of the SVD score, suitable for use on CT or MRI, can be applied in busy stroke services.³²

The trial is in follow-up and once this is completed, the database will be cleaned and locked. Therefore there may be minor changes in the baseline data between that provided here and in subsequent publications. Analysis will follow the SAP given here as a online supplemental file. If reasonable drug adherence and safety are confirmed, then a phase III trial will be Table 5Adjudicated baseline imaging characteristics (oldvascular and non-stroke lesions) by small vessel diseasescore as determined by recruiting site

| | | | SVD Score | | |
|---|-----|------------|-----------|---------------------|---------|
| Variable | N | All | Low | Moderate- severe | P value |
| Patients randomised | | 363 | 99 | 264 | |
| Old vascular lesions (%) | 362 | 224 (61.9) | 38 (38.8) | 186 (70.5) | <0.0001 |
| Old cortical infarct | 224 | 11 (4.9) | 1 (2.6) | 10 (5.4) | 0.70 |
| Old striatocapsular infarct | 224 | 2 (0.9) | 1 (2.6) | 1 (0.5) | 0.31 |
| Old borderzone infarct | 224 | 2 (0.9) | 1 (2.6) | 1 (0.5) | 0.31 |
| Old lacunar infarct | 224 | 216 (96.4) | 36 (94.7) | 180 (96.8) | 0.54 |
| No of lacunes (%) | 224 | | | | 0.11 |
| 1 | | 40 (17.9) | 10 (26.3) | 30 (16.1) | |
| 2 | | 46 (20.5) | 8 (21.1) | 38 (20.4) | |
| 3 | | 42 (18.8) | 8 (21.1) | 34 (18.3) | |
| 4 | | 26 (11.6) | 6 (15.8) | 20 (10.8) | |
| ≥5 | | 62 (27.7) | 4 (10.5) | 58 (31.2) | |
| Old brainstem/ cerebellar non- lacunar infarcts | 224 | 35 (15.6) | 2 (5.3) | 33 (17.7) | 0.083 |
| Probable old haemorrhage | 224 | 4 (1.8) | 0 (0.0) | 4 (2.2) | 1.00 |
| Non-stroke lesions (%) | | | | | |
| Non-stroke lesion present | 362 | 13 (3.6) | 3 (3.1) | 10 (3.8) | 1.00 |
| Classification of non-stroke (%) | 13 | | | | |
| Cerebral tumour | | 2 (15.4) | 0 (0.0) | 2 (20.0) | 1.00 |
| Aneurysm | | 1 (7.7) | 0 (0.0) | 1 (10.0) | 1.00 |
| Vascular malformation | | 1 (7.7) | 1 (33.3) | 0 (0.0) | 1.00 |
| Other non-stroke classification | | 8 (61.5) | 2 (66.7) | 6 (60.0) | 1.00 |

Data are number (%), median (IQR), or mean (SD). The number of participants with data is 363 unless stated.

designed and submitted for funding using the vascular and cognitive outcome event rates to power the next phase of the trial.

Author affiliations

¹Stroke Trials Unit, University of Nottingham, Nottingham, UK

²Centre for Clinical Brain Sciences, UK Dementia Research Institute Centre, University of Edinburgh, Edinburgh, UK

³Edinburgh Clinical Trials Unit, University of Edinburgh, Edinburgh, UK

⁴Nottingham Clinical Trials Unit, University of Nottingham, Nottingham, UK

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Contributors JMW is the chief investigator, obtained ethics and regulatory approvals; PMB is Director of the Nottingham Stroke Trials Unit. KO is the current

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trial manager, responsible for daily running of the trial including regulatory compliance; FD is a Principle Investigator; AAM provides statistical expertise; IM and LJW are the trial statisticians; PMB drafted the manuscript; all other authors commented and edited it; all authors approved the final version for submission. JMW is the guarantor for the trial.

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Competing interests None declared.

Patient consent for publication Not applicable.

Ethics approval This study involves human participants and was approved by East Midlands Nottingham 2 Research Ethics Committee of the Health Research Authority number 17/EM/0077 on 10/05/2017. Participants gave informed consent to participate in the study before taking part.

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ORCID iDs

Philip M Bath http://orcid.org/0000-0003-2734-5132 Lisa J Woodhouse http://orcid.org/0000-0002-4472-1999 Fergus Doubal http://orcid.org/0000-0002-2769-3148 Joanna M Wardlaw http://orcid.org/0000-0002-9812-6642

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Correction: Cilostazol and isosorbide mononitrate for the prevention of progression of : baseline data and statistical analysis plan for the Lacunar Intervention Trial-2 (LACI-2) (ISRCTN14911850)

Bath PM, Mhlanga I, Woodhouse LJ, *et al.* Cilostazol and isosorbide mononitrate for the prevention of progression of : baseline data and statistical analysis plan for the Lacunar Intervention Trial-2 (LACI-2) (ISRCTN14911850). *Stroke Vasc Neurol* 2022;svn-2022-001816. doi: 10.1136/svn-2022-001816

The article was erroneously published without the full title as Cilostazol and isosorbide mononitrate for the prevention of progression of : baseline data and statistical analysis plan for the Lacunar Intervention Trial-2 (LACI-2) (ISRCTN14911850). This has been amended to Cilostazol and isosorbide mononitrate for the prevention of progression of cerebral small vessel disease: baseline data and statistical analysis plan for the Lacunar Intervention Trial-2 (LACI-2) (ISRCTN14911850). Also, there are LACI 2 Investigators added along with author names in title page. The details of the investigators are added as a supplemental material in the article.

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06/06/2022

<u>SUPPLEMENT – LACunar Intervention Trial 2 (LACI-2) Statistical Analysis</u> <u>Plan</u>

SECTION 1. ADMINISTRATIVE INFORMATION

1 Title and trial registration

1a Title: Lacunar Intervention Trial 2
 Acronym: LACI-2
 1b Registration: ISRCTN14911850; IRAS project number: 206480

2 SAP version: 1.5 (06 June 2022)

3 Protocol version: 7.0 (14 October 2020)

4 SAP revisions

4a Revision history:

Version 1.4 to 1.5

- Text added about the planned soft database lock and analysis (section 13a).
- Text added explaining comparison of dual versus no treatment (section 27a).
- Differences and p values removed (Tables 1, 5).
- Analyses comparing dual versus no treatment do not include all four groups so cilostazol only and ISMN groups removed (Table 9).

4b Justification for each revision: N/A

4c Timing of SAP revisions: These antedate data lock and analysis. Where there is a difference between the protocol (on website), published protocol ¹ and SAP, the SAP will take precedence.

5 Roles and responsibilities

Author: Philip M Bath

Responsible statisticians: Iris Mhlanga (blinded statistician), Lisa J Woodhouse (blinded statistician), Alan A Montgomery

Chief Investigator: Joanna M Wardlaw

Contributors and roles:

Philip M Bath, Iris Mhlanga, Lisa J Woodhouse, Fergus Doubal, Katherine Oatey, Alan A Montgomery, Joanna M Wardlaw, for the LACI-2 Investigators*

6 Signatures

| Role | Name | Signature | Date |
|------------------------|-----------------|--|--------------|
| 6a Author: | Philip Bath | Philip Bath Philip Bath (Jun 9, 2022 10:02 GMT+1) | Jun 9, 2022 |
| 6b Senior statistician | Alan Montgomery | A. Mordgonger | Jun 15, 2022 |
| 6c Chief Investigator: | Joanna Wardlaw | Joanna Wardlaw | Jun 9, 2022 |

SECTION 2. INTRODUCTION

7 Background and rationale

06/06/2022

Prior to analysis and presentation of the primary results, this publication presents the statistical analysis plan (SAP) ^{2 3} alongside the detailed listing of baseline characteristics presented in the accompanying baseline paper. This Supporting Information Appendix S1 details the full SAP and is presented prior to locking of the study database so that analyses are not data driven or reported selectively.⁴ In addition to the SAP, we also list planned secondary analyses and substudies. The SAP follows the recommended layout.^{2 3}

8 Objectives

8a Primary Objective: To determine whether a prospective, randomised trial of cilostazol and ISMN, individually or in combination, on a background of guideline stroke prevention therapy, in lacunar ischaemic stroke is feasible in the UK, thence proceeding as seamlessly as possible to a large phase III trial.

8b Secondary Objectives: To assess drug tolerability, safety, recruitment rates and accuracy, outcome event rates and retention in preparation to a large phase III randomised controlled trial to prevent recurrent lacunar stroke and physical and cognitive impairment.

This SAP focuses on these primary and secondary objectives. Planned follow-on publications will address tertiary questions.

SECTION 3. STUDY METHODS

9 Trial design

Prospective randomised open-label blinded end-point (PROBE) partial-factorial phase IIb/c trial aiming to recruit 400 patients recruited in UK Stroke Network Centres, with follow-up to one year.

10 Randomisation: By central computer-generated allocation at the University of Nottingham with minimisation on key prognostic factors: age, sex, stroke severity (NIHSS), dependency resulting from the stroke, systolic blood pressure \leq />140 mmHg, smoking status, time after stroke, and years of education.

11 Sample size/power considerations

Conservatively, we have used sample size calculations based on binary measures. Use of ordinal measures at the time of analysis will increase statistical power. **11a Event rates**: Annual event rates (Table A) were assessed from trials (SPS3,⁵ lacunar patients in ENOS,^{6 7} IST-3 ^{8 9}) and observational data (LADIS;¹⁰ our ¹¹⁻¹³ and other ¹⁴ studies). All-cause death rates were assumed to be 2.0% with upper 95% CI of 4% in 400 patients.⁵ Hence, the sample size was set at 400 participants.

| Table A Annual absolute risks | | | | (%) of oi | utcom | e even | ts after lacu | nar stroke | |
|--------------------------------------|----------|----------|-----------|-----------|-------|--------|---------------|------------|----------|
| | Vascular | Non- | Non-fatal | Non- | MI | MACE | Dependent | Cognitive | Dementia |
| | death | vascular | IS or TIA | fatal | | | (mRS 3-5) | impairment | |
| | | death | | ICH | | | | | |
| | 1.8 | 0.5 | 2.5 | 0.5 | 0.6 | 3 | 15 | 30 | 15 |

 Table A Annual absolute risks (%) of outcome events after lacunar stroke

ICH: intracerebral haemorrhage; IS: ischaemic stroke; MACE: major adverse cardiac events; MI: myocardial infarction; mRS: modified Rankin scale; TIA: transient ischaemic stroke

11b Comparison of two groups in a future phase III trial: Assuming power 0.80, alpha=0.05, 1:1 randomisation, composite event rate (MACE, dementia, non-vascular death, new MRI signs) 45% and absolute reduction 9% (relative risk reduction 20%), and loss to follow-up 10%, a sample size of 1100 will be needed. A

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number of outcomes are relevant to patients with SVD and using these has implications for the sample size (Table B).

| Composite model | А | В | Ci | Cil | D |
|-------------------|--------------|-----------|---------------|-----|-------------|
| Composite | MACE, | MACE, | MACE, | | MACE, |
| outcome for | dementia, | dementia, | cognitive | | cognitive |
| phase III | non-vascular | death | decline, | | impairment, |
| | death, new | | dependency | | dependency, |
| | MR signs | | decline, all- | | all-cause |
| | | | cause death | | death |
| 1-beta (power) | 80% | 80% | 80% | 80% | 80% |
| Event rate, | 50% | 10% | 30% | 30% | 45% |
| control, pa | | | | | |
| Relative risk | 20% | 20% | 20% | 30% | 20% |
| reduction | | | | | |
| Event rate, | 40% | 8% | 24% | 21% | 36% |
| active, pa | | | | | |
| Total sample size | 950 | 6626 | 1784 | 778 | 976 |
| Total trial size, | 1250 | 7400 | 2000 | 900 | 1100 |
| including losses | | | | | |

Table B. Sample size for composite outcome in main trial using estimated event rates.¹

MACE: major adverse cardiac events; MRI: magnetic resonance imaging

12 Framework

The primary objectives are to assess the feasibility of recruitment and adherence to medication.

13 Statistical interim analyses and stopping guidance

13a Interim analyses: Data are tabulated twice annually prior to Trial Steering Committee (TSC) and Data Monitoring Committee (DMC) meetings. No unblinded comparative analyses will be performed until data collection has been completed and the database locked.

Prior to the final database lock, the database will be subject to a soft lock and the provisional data tabulated and analysed for review by the TSC and DMC. Any final queries will be raised and resolved prior to final database lock. Members of staff still involved in the collation of data and resolution of data queries will not attend the meeting and the data reviewed at the meeting will remain strictly confidential until the point of final database lock to avoid any bias.

13b Adjustments of significance level: There is no planned adjustment.

13c Stopping rules: There are no formal stopping rules, but the DMC have responsibility to make recommendations to pause or modify the study, should there be any safety or efficacy considerations.

14 Timing of final analyses

These will be performed once data collection has been completed and the database has been locked.

15 Timing of outcome assessments

Assessments will be performed at baseline, 1-2 weeks, 3-4 weeks, 6 and 12 months (*Table C*).

Table C. Assessments at baseline and follow-up by time point (adapted from protocol and 1).

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| LACI-2 | CVD | 1/1 | 5 |
|--------|-----|-------|---|
| LACIZ | JAF | V T 1 | |

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| Assessment | Prior to Baseline | Visit 1 Baseline | Week 1-2 | Week 3-4 | Month 6 | Month 12 |
|--|----------------------|---------------------|-------------|-------------|------------------|------------------|
| Screening for eligibility and consent [†] | Xs | | | | | |
| Confirm and document ongoing consent | | Xs | | | | |
| Medical including drug history | | Xs | | | | |
| Assess MR or CT diagnostic scan; send copy to Edinburgh | | Xs | | | | |
| Randomisation | | Xs | | | | |
| Haematology (full blood count) and Biochemistry (urea, electrolytes, creatinine) – most recent value obtained since time of index stroke is acceptable unless clinical reason to expect change | | Xs | | | | |
| Blood pressure | | Xs | | | | X ^{S ‡} |
| Cognitive test: document years of education; Montreal Cognitive Assessment (MOCA) | | Xs | | | | |
| Timed Trail Making Test B | | Xs | | | | X ^{S ‡} |
| Dispense trial medication ² | | Xs | | | Xs | |
| Structured questionnaire: symptoms; medication history and IMP tablet adherence | | | Xs | Xs | Xc | Xc |
| Structured questionnaire: recurrent vascular events, mRS, TICS, t-MOCA, SIS, ZUNG | | | | | Xc | Xc |
| Obtain IQCODE (post/phone) from relative | | | | | | Xc |
| Follow-up brain MRI | | | | | | Xs |
| Health Economics data: EQ-5D- 5L, EQ-VAS | | | | | | Xc |
| Adverse event / con meds reporting as necessary | | | Xs | Xs | X ^{s,c} | X ^{s,c} |

[†] Consent will be obtained before the data collection procedures commence or randomisation is performed. Randomisation occurs at the end of the baseline visit.

⁺ at 12 months in some centres only.

² Dispensing in 3-monthly intervals is allowed.

^s Assessment performed by local site team.

^c Assessment performed by blinded assessor who is part of the central trial team.

SIS: Stroke Impact Scale; TICS: telephone interview for cognitive status; t-MOCA: telephone MOCA.

SECTION 4. STATISTICAL PRINCIPLES

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Confidence and p values 16 Level of statistical significance

The results of analyses and comparisons will be shown with p < 0.05.

17 Multiplicity

No adjustment will be made for multiplicity.

18 Levels of confidence intervals

The results of analyses and comparisons will be shown with 95% confidence intervals.

19 Adherence

19a Definition: 75% of patients will be able to tolerate trial medication, in at least half dose, up to one year after randomisation (i.e. less than 25% will stop trial medication completely through inability to tolerate the drugs).

19b Adherence presentation: See Table 4.

19c Protocol deviations: Protocol violations will be reported to the sponsor within 24 hours of becoming aware of the violation. Protocol deviations will be recorded in a protocol deviation log with these submitted to the sponsors every 3 months.

19d Protocol deviation presentation: Listing of violations and deviations and their frequency.

20 Analysis populations

Three populations are defined:

- 1. Intention-to-treat: All consented participants with a primary outcome measure.
- 2. Per protocol: All consented participants with a primary outcome measure who received at least one dose of randomised medication and who had no protocol violation, e.g. they fulfilled all eligibility criteria.
- 3. Safety: All consented participants who received at least one dose of randomised medication.

Multiple variable analyses will include all patients with complete data for the dependent and each independent variable. All available data will be used, and missing data will not be imputed.

SECTION 5. TRIAL POPULATION

21 Screening data

No screening logs will be kept so that data collection can be prioritised.

22 Eligibility

- 1. Clinical lacunar stroke syndrome.
- 2. Brain scanning with MR including diffusion imaging wherever possible, and obtained soon after the presentation with stroke, which showed either:
 - a. A recent, relevant (in time and location) acute small subcortical (i.e. lacunar) infarct on diffusion MR imaging.
 - b. If no visible acute small subcortical infarct on diffusion MR imaging then there is no competing pathology as a cause for stroke (e.g. no acute cortical infarct, no acute intra-cerebral haemorrhage, no stroke mimic such as tumour, subdural haematoma);
 - c. If only a CT brain scan is available, then there is a small relevant (in time and location) subcortical (i.e. acute lacunar) infarct, or if no infarct then there is no competing pathology as a cause for stroke (e.g. no acute cortical infarct, no acute intra-cerebral haemorrhage, no stroke mimic such as tumour, subdural haematoma).

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- 3. Age > 30 years.
- 4. Independent in activities of daily living (modified Rankin Scale <=2).
- 5. Capacity to give consent themselves.

23 Recruitment

Recruitment will be summarised in a CONSORT flow diagram.

24 Withdrawal/follow-up

Withdrawals, and missed follow-ups and their timing will be summarised in the CONSORT flow diagram.

25 Baseline patient characteristics

25a Baseline characteristics: These will comprise demographic, education, premorbid function, cognitive ability, medical history, blood pressure, stroke investigations, clinical and brain imaging parameters (Table 1).

25b Summarisation: Data will be shown as number (%), median [interquartile range] or mean (standard deviation) as appropriate.

SECTION 6. ANALYSIS

26 Outcome definitions 26a Specifications:

Primary endpoint

Feasibility of a Phase III efficacy trial assessed as:

- Recruitment of sufficient patients, i.e. 400 patients in 24 months in the UK (and taking account of interruption due to COVID-19).
- >95% of randomised patients are retained for follow-up at one year.

Secondary outcomes - participant

Tolerability: 75% of patients will be able to tolerate trial medication, in at least half dose, up to one year after randomisation (i.e. less than 25% will stop trial medication completely through inability to tolerate the drugs). *Safety*

Sarety

- Symptoms of systemic or intracranial bleeding.
- The absolute risk of death, including fatal haemorrhage, does not differ significantly, i.e. fall outside the upper 95% CI of 2% per year on trial drugs versus no trial drugs, when given in addition to guideline stroke prevention drugs.
- There are no new ischaemic or haemorrhagic brain lesions or increase in SVD lesions on one year MRI significantly (at the p<0.01 level).

Efficacy

- Individual event-rates for stroke, TIA, myocardial ischaemia, cognitive impairment and dementia.
- The *combined rate* of recurrent stroke, MI, death, mild cognitive impairment (including dementia), dependency and new stroke lesions on scanning at 1 year will be 40-50% at one year after enrolment in order to allow detection of a modest but clinically-important reduction in poor outcomes in a phase III trial.
- Health economic measures include the health utility score (EQ-5D-5L) and the visual analogue score (EQVAS) at 12 months.

26b Units: Units will be shown in tables.

26c Calculations/transformations: Quality of life using UK weightings. **Brain frailty**

Based on neuroimaging:

Brain frailty = Atrophy + WML + Previous stroke lesion ⁷

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 SVD score for CT = WML, lacunes; for MRI includes WMH, lacunes, PVS and microbleeds ¹⁵

Montreal cognitive assessment-modified (MoCA-m) trails

Since Trails A and B are performed, the MoCA trail is not collected but rather estimated from the Trails B score:

- If Trails B score <12 then MoCA trail = 0
- If Trails B score >=12 then MoCA trail = 1

27 Analysis methods

27a Methods

Primary endpoint

- Tabulation and graphical presentation of participant recruitment aiming for 400 participants in 24 months.
- Tabulation of retention of participants at one year aiming for >95%.
- Analyses of secondary outcomes

Tabulations of:

- Tolerability to trial medications aiming for 75% of patients taking at least half dose for up to one year after randomisation.
- Death, including fatal haemorrhage, aiming for less than outside the upper 95% CI of 2% per year.
- The *combined rate* of recurrent stroke, MI, death, cognitive impairment and dependency, aiming for 40-50% at one year after enrolment.

Comparison of rates of events between the treatment groups: cilostazol vs no cilostazol, ISMN vs no ISMN, and cilostazol and ISMN vs neither, for:

- Systemic or intracranial bleeding, recurrent cerebral and systemic vascular events, and vascular and non-vascular causes of death.
- Death, all cause.
- New ischaemic or haemorrhagic stroke lesion or increase in SVD lesions on MRI.
- Composite of: recurrent clinically-evident stroke, MI, death, cognitive impairment (including dementia) and dependency.
- Individual event: stroke (clinically-evident or imaging-detected ischaemic or haemorrhagic stroke to be reported separately), TIA, myocardial ischaemia, cognitive impairment and dementia.
- New infarcts and haemorrhages, absolute and change in WMH, microhaemorrhages, lacunes, atrophy imaging variables from central read of baseline imaging and one year MRI
- The comparisons of combined cilostazol and ISMN versus neither, whilst being very underpowered statistically, are presented since these may be the two groups studied in the planned follow-on trial.

Central tendency, comparisons and regressions will be analysed as follows (*Table D*).

| Table D. Descript | ive and analytic | cal statistics | | |
|-------------------|------------------|----------------|-------------------|-----------------|
| | Binary | Nominal | Ordinal | Continuous |
| Central tendency | N (%) | N (%) | Median | Mean |
| and distribution | | | [interquartile | (standard |
| | | | range] | deviation) |
| Comparisons | Chi-square | Chi-square | Mann-Whitney U | t-test (pooled) |
| | (2x2) | (2x2, or | or Kruskal-Wallis | or 1-way |
| | | rxc) | | ANOVA |
| Regression | Binary logistic | - | Ordinal logistic | Multiple linear |
| | regression | | regression (OLR) | regression |
| | (BLR) | | | (MLR) |

Table D. Descriptive and analytical statistics

27b Covariate adjustment: Analyses will be adjusted for minimisation covariates:

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• Age, sex, stroke severity (NIHSS), dependency resulting from the stroke, systolic blood pressure, smoking status, time after stroke, years of education.

Covariate adjustment with continuous variables (age, NIHSS, SBP, time after stroke, years of education) will use original, not dichotomised, data.

27c Assumption checking: The assumption of proportionality will be tested using the likelihood test.

27d Alternative methods: If the data fail the assumption of proportionality (tested using the likelihood test), we will use alternative methods such as multiple logistic regression.

27e Sensitivity analyses: In addition to assessment of raw data, the primary outcome will be analysed using additional statistical approaches in sensitivity analyses:

• Unadjusted analysis

• Imputation (multiple regression imputation) of missing data (adjusted) ¹⁶

27f Subgroup analyses: The secondary endpoint of the composite of: recurrent stroke, MI, death, cognitive impairment and dependency, will be studied in:

• Pre-specified subgroups comprising the minimisation variables.

• Any other variables demonstrating imbalance at baseline.

The results of these subgroup analyses will not be adjusted for multiple testing. These analyses are planned for the phase III efficacy trial and so will be tested in the present study.

28 Missing data

Missing data may occur at outcome level or at test level or within a test at component item level. Notably, some tests have to exclude components if performed by telephone and/or postal questionnaire or require a one year MRI. There is often a relationship between inability to complete outcome assessment and cognitive function or neurological deficit after stroke (e.g. inability to hold a pen) and so assumptions around random missingness may not be valid, even if the patterns of missing data initially suggest 'missing completely at random' status. Indeed, failure to complete a test may be an indicator of cognitive impairment rather than real missingness.

The approaches taken to missing cognitive and other data can have a substantial effect on epidemiological estimates.¹⁶ We will use the approach that makes greatest use of available data.

Where in study data are not available, or participants are lost to follow-up, we have permissions to allow for linkage of the study dataset to primary and secondary care electronic health records. This will allow for an assessment of clinical outcomes across all the participants.

29 Additional analyses

Global outcomes

We will assess global outcomes integrating multiple scores into one analysis and so provide a more holistic measure and improve statistical power. We will assess global outcomes comprising:

• Recurrent ordinal stroke (clinically-evident and/or imaging-detected),¹⁷ ordinal MI, cognition (MoCA), dependency (mRS), quality of life (EQ-5D).

Analyses will use the Wei-Lachin test ¹⁸⁻²¹ with comparison of data at 1 year.

Cognitive domains, based on DSM-V

We will categorise cognition into 7- and 4-level ordinal scales based on DSM-V²² categorisation (Table E).²³ We will calculate scores for cognitive domains using subscores of MoCA (or TICS if missing) although we recognise that these global cognitive assessments have some test items that map to a more than one domain, e.g. the

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clock drawing test in the MoCA includes aspects of attention, executive function and visual-perceptual function.

- Learning and memory: orientation in place (from MoCA), delayed recall of five word (MoCA), and recall and delayed recall of ten words (TICS)
- Language: using comprehension, semantic and recent memory (from MoCA; similar elements in TICS-M)
- Perceptual-motor function: Cube copy and clock drawing from MoCA
- Executive function: Trail making tests A & B, verbal fluency test (VFT-phonemic)-F (from MoCA); verbal fluency test (VFT-semantic)-animals; clock drawing test (from MoCA); digits forward (from MoCA); digits backward (from MoCA)
- Complex attention: using serial sevens subtraction (MoCA), letter tapping (MoCA)
- Social cognition is not classically assessed in cognitive screening tools and there are no agreed generic short form assessments for social cognition. Aspects of social cognition will be assessed through informant data and NPI-Q although these are not part of the core outcome set.

| | Seven-level | Four-level categorisation |
|------------------|-----------------------------|---------------------------------------|
| | categorisation | and operationalisation |
| | and operationalisation | |
| Normal cognition | No evidence of cognitive | No evidence of cognitive |
| Normal cognition | impairment | impairment |
| | (T-MoCA:20-22 AND TICS- | (T-MoCA:20-22 AND TICS-m: |
| | m: 25-39) | (1-MOCA.20-22 AND TICS-III. 25-39) |
| Minor | Single domain | |
| | | Evidence of cognitive |
| Neurocognitive | Scores are reduced by > 1 | impairment |
| disorder | point in only one cognitive | (T-MoCA: 15-19 OR TICS-m: |
| (mild cognitive | domain of T-MoCA | 17-24) |
| impairment) | | AND |
| | Multi-domain | No evidence of functional |
| | Scores are reduced by > 1 | impairment |
| | point in more than one | (mRS <2 OR no change in mRS |
| | cognitive domain of T-MoCA | if pre-stroke mRS >1) |
| Major | Mild cognitive | Persisting cognitive impairment |
| neurocognitive | impairments | (T-MoCA score <19 OR TICS- |
| disorder | (T-MoCA 15-19 OR TICS-m | m<24 on more than one follow |
| | 17-23) | up) |
| | | AND |
| | Mild dysfunction | Functional impairment |
| | (mRS <3) | (mRS ≥2 or IQCODE >3.6 at |
| | Moderate cognitive | final follow-up) |
| | impairments | |
| | (T-MoCA 10-14 OR TICS-m | OR |
| | 12-16) | OR |
| | AND | Any clinical diagnosis of |
| | | dementia made independent of |
| | Moderate dysfunction | |
| | (mRS 3 or 4) | study, e.g. by memory clinic, in |
| | Severe cognitive | primary care, |
| | impairments | recording of dementia on death |
| | (T-MoCA <10 OR TICS-m | certification, prescription of |
| | <12) | cholinesterase inhibitor or |
| | AND | memantine |
| | Severe dysfunction | |

Table E. Categorisation of cognition based on DSM V with operationalisation (adapted summary from ²³).

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| | In a care-home OR mRS 4,5 | |
|-------|---------------------------|---------------|
| Death | Death (mRS 6) | Death (mRS 6) |

30 Harms

These are presented as serious adverse events in Tables 6a-c and 7a-c.

31 Statistical software

Statistical Analysis System (SAS) version 9.4, SAS Institute Incorporation, Cary, North Carolina.

SECTION 7. ADDITIONAL INFORMATION

Confounding covariates

The primary outcome is recruitment, and this will be tabulated; as such, there are no confounding covariates.

The possible primary outcome in any following trial will likely be a composite comprising MACE, dementia or mild cognitive impairment, non-vascular death and new MRI signs and these event rates will be assessed in the current trial. The components are likely to be correlated. Example confounding variables are given and these are categorised by whether these were 'measured', as per routine practice, or 'unmeasured'; the latter will lead to residual confounding.

Composite outcome

Measured variables: Age, highest educational attainment, main occupation, socioeconomic status, stroke severity, function at randomisation, cognitive ability at randomisation, diabetes mellitus, hypertension, smoking, carotid disease, blood pressure, prescribed medications, time from stroke to randomisation, presence of a relevant infarct and SVD lesion severity on brain imaging.

Unmeasured: Examples are social isolation, vision, hearing, cardiac function (atrial fibrillation and heart failure are documented) and post-stroke complications.

Governance

LACI-2 is funded by the British Heart Foundation (CS/15/5/31475) and approved by the East Midlands – Nottingham 2 Research Ethics Committee (Ref: 17/EM/0077). The Sponsor is the ACCORD office, University of Edinburgh and NHS Lothian. NHS Research and Development/ Innovation approval is given at each participating site. The study is adopted by the National Institute for Health Research (NIHR) Clinical Research Network in England and the Stroke Research Network in Scotland.

Minimising bias

Multiple approaches are taken to minimise bias: central data registration with realtime on-line validation; minimisation at randomisation; blinded central postal and/or telephone assessment of outcomes; blinded adjudication of neuroimaging; inclusion of patients enrolled in other studies (co-enrolment) where feasible; analysis by intention-to-enrol (i.e. all participants) and in pre-specified subgroups.

Publications, published and planned

- 1. Protocol published
- 2. SAP and baseline data this publication
- 3. Primary results paper
- 4. Other secondary publications as determined by the Trial Steering Committee

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Data sharing

In the future, the anonymised study data will be made available for use by external investigators in appropriate analyses upon request via a publicly accessible portal (e.g. University of Edinburgh data share). Data from LACI-2 will also be shared as appropriate with individual patient data pooling projects involving stroke and dementia; a non-inclusive list includes:

- The Cerebrovascular diseases database, Edinburgh (https://www.ed.ac.uk/clinical-sciences/edinburgh-imaging/research/themesand-topics/analysis-and-processing/image-databanks/cerebrovasculardiseases-image-databank)
- Dementia Platform UK data portal (https://www.dementiasplatform.uk/)
- Virtual International Stroke Trials Archive-Cognition (VISTA-COG)
- Virtual International Cardiovascular and Cognitive Trials Archive (VICCTA, <u>http://www.virtualtrialsarchives.org</u>)
- META-VCI Map (https://metavcimap.org/)
- STROKOG (<u>https://cheba.unsw.edu.au/consortia/strokog</u>)

Similarly, anonymised neuroimaging data will be published.²⁴ The mechanisms and processes for managing external access will be determined during the course of the study. Proposals will be considered by the LACI-2 Trial Steering Committee.

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ABREVIATIONS

| Abbreviation | Full Text |
|--------------|---|
| CI | Confidence Interval |
| cSVD | Cerebral small vessel disease |
| CT | Computed Tomography |
| DMC | Data Monitoring Committee |
| ECG | Electrocardiogram |
| EQVAS | EuroQol-Visual Analogue Scale |
| EQ-5D-5L | EuroQoL- 5 Dimension- 5 Level quality |
| | of life questionnaire |
| F/T | Full Time |
| ICH | Intracerebral Haemorrhage |
| IMP | Investigational Medicinal Product |
| IS | Ischaemic Stroke |
| ISMN | Isosorbide Mononitrate |
| LACI-2 | Lacunar Intervention Trial-2 |
| LACS | lacunar syndrome |
| LVH | left ventricular hypertrophy |
| MACE | Major Adverse Cardiac Events |
| MI | Myocardial Infarction |
| MOCA | Montreal Cognitive Assessment |
| MRI | Magnetic Resonance Imaging |
| mRS | Modified Rankin scale |
| NIHSS | National Institutes Health Stroke Scale |
| NO | Nitric oxide |
| PACS | Partial Anterior Circulation Syndrome; |
| PROBE | Prospective Randomised Open-label |
| | Blinded-Endpoint |
| PGI2 | Prostacyclin |
| POCS | Posterior Circulation Syndrome |
| P/T | Part Time |
| SAP | Statistical Analysis Plan |
| SAS | Statistical Analysis System |
| SBP | Systolic Blood Pressure |
| SIS | Stroke Impact Scale |
| SVD | Small vessel disease |
| TACS | Total Anterior Circulation Syndrome |
| TIA | Transient Ischaemic Attack |
| TICS | Telephone Interview for Cognitive Status |
| t-MOCA | Telephone MOCA |
| TSC | Trial Steering Committee |
| WMH | White Matter Hyperintensity |
| | while matter ryperintensity |

Supplemental material

LACI-2 SAP V1.5

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Main paper tables

Table 1. Baseline characteristics by treatment group isosorbide mononitrate (ISMN), cilostazol (Cil) or both (ISMN+Cil).

Data are number (%), median [interquartile range] or mean (standard deviation).

| | N | All | ISMN | No ISMN | Cil | No Cil | ISMN + Cil | ISMN only | Cil only | Neither |
|--|----|--------|--------|------------|--------|--------|------------------|--------------|-------------|---------|
| N | XX | XX | XX | XX | XX | XX | XX | XX | XX | XX |
| Demographics | | | | | | | | | | |
| Age (yr) † | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| <=70 years | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) | XX | XX (X) | XX (X) | XX (X) |
| Sex, female (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| modified Rankin Scale >1 (%) ⁺ | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Onset to randomisation (days) [†] | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| <= 100 days | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Age completing education (yr) | XX | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) |
| Highest education (%) † | | | | | | | | | | |
| Primary | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Secondary | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| O' level/GCSE | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| A' level | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Undergraduate degree | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Postgraduate degree | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lifestyle | | | | | | | | | | |
| Smoking † | | | | | | | | | | |
| Current | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Past | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Never | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| History (%) | | | | | | | | | | |
| Hypertension, drug | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| treated | | | | | | | | | | |
| Hyperlipidaemia, drug | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| treated | | | | | | | | | | |
| Diabetes mellitus | | | | | | | | | | |
| Oral agents | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Insulin | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Atrial fibrillation | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Heart failure | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Previous stroke | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Previous TIA | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| LACI-2 SAP V1.5 | | |
|-------------------------------|----|-------|
| Family history, young stroke | XX | XX (X |
| Medications Anticoagulants | xx | xx (x |

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| Family history, young stroke | ХХ | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
|---|----------|------------------|------------------|------------------|------------------|-------------------------|---------------------------------------|------------------|------------------|------------------|
| Medications | | | | | | | | | | |
| Anticoagulants | хх | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Antibiotics | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Antihypertensives | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX(X) | XX(X) | XX(X) | XX(X) |
| Antiplatelets | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lipid-lowering | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) |
| Proton pump inhibitor | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) | XX (X) |
| | | | • • • | . , | . , | . , | . , | . , | | . , |
| PDE5 inhibitor | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Other drugs | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| No. medications /day | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Grapefruit juice (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Clinical (%) | VV | | | | | | | | | |
| Systolic BP (mmHg) ⁺ Diastolic BP mmHg) | XX XX | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) |
| Atrial fibrillation | XX XX | XX (X) XX (X) | XX (X) XX (X) | | XX(X) XX(X) | | | | XX (X) XX (X) | |
| NIHSS (/42) † | XX | | XX (X) | XX (X) | | <i>XX (X)</i> XX (X) | XX (X) | XX (X) | | XX (X) |
| Weakness, Side (%) | ~~ | XX (X) | ^^ (^) | XX (X) | XX (X) | ^^ (^) | XX (X) | XX (X) | XX (X) | XX (X) |
| right | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| left | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| both | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Sensory loss (%) | ~~~ | XX (X) | XX (X) | XX (X) | XX (X) | | , , , , , , , , , , , , , , , , , , , | | XX (X) | |
| Right | ХХ | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Left | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| both | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Ataxia (%) | | | | | | | | | | |
| left | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) |
| right | XX | xx (x) | xx (x) | XX (X) | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) |
| Neglect/inattention (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | xx (x) |
| Dysphasia (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Dysarthria (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Visual loss (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cognition | | | . , | . , | | . , | . , | . , | | |
| MoĈA | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| MoCA <=24 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | XX (X) | |
| Verbal fluency F, <11 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| words | | | . , | | | | | | | |
| Trails B, time | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Trails B, points | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Investigations | 1 | | | | | | | | | |
| CT scan | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| MRI Scan | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both scans | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Stroke-CT scan (days) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Stroke-MRI scan (days) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| LACI-2 SAP V1.5 | | | 06/06 | 5/2022 | | | | | | |
|---------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Index infarct present (%) | XX | XX (X) |
| Index infarct side, left (%) | хх | XX (X) |
| cSVD moderate/severe (%) | хх | XX (X) |
| WMH/ hypoattenuations | XX | XX (X) |
| Carotid stenosis | XX | XX (X) | XX (X) | XX (X) | () | | XX (X) | XX (X) | | |
| Left >=50% | XX | XX (X) |
| Right >=50% | XX | XX (X) |
| ECG, (%) | | | | | . , | | . , | | . , | |
| Sinus | XX | XX (X) |
| AF | XX | XX (X) |
| Haemoglobin (g/l) | XX | XX (X) |
| Creatinine (µmol/l) | XX | XX (X) |
| eGFR (ml/min) | XX | XX (X) |
| Contraindications to treatment | | | | | | | | | | |
| ISMN | XX | XX (X) |
| Cilostazol | хх | XX (X) |

+ Minimisation variable

ECG: electrocardiogram; F/T: full time; ICH: intracerebral haemorrhage; IS: ischaemic stroke; LACS: lacunar syndrome; LVH: left ventricular hypertrophy; PACS; partial anterior circulation syndrome; POCS: posterior circulation syndrome; P/T: part time; TACS: total anterior circulation syndrome; TIA: transient ischaemic attack

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Table 2. Feasibility measures.

Data are number (%).

| Measure | Metric | Achieved |
|-----------------------------------|--------------------------------|----------|
| Primary | | |
| Recruitment | 400 patients | 363/400 |
| | | (90.8%) |
| Retention of enrolees at 1 year | >95% | XX (X) |
| Secondary | | |
| Tolerability | >=75% on at least half dose | XX (X) |
| ISMN alone | | XX (X) |
| Cilostazol alone | | XX (X) |
| Both ISMN and cilostazol | | XX (X) |
| Safety | | |
| Symptomatic extracranial | | XX (X) |
| bleeding | | |
| Symptomatic intracranial bleeding | | XX (X) |
| Death | <2% | XX (X) |
| Stroke | | XX (X) |
| Haemorrhage | | XX (X) |
| Extracranial | | XX (X) |
| Intracranial | | XX (X) |
| Efficacy | | XX (X) |
| Stroke | | XX (X) |
| TIA | | XX (X) |
| Myocardial infarction | | XX (X) |
| Cognitive impairment | | XX (X) |
| Dependency, mRS>2 | | XX (X) |
| Any of these | 40-50% | XX (X) |

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Table 3. Clinical Outcomes at 12 months.

Data are number (%), median [interquartile range] or mean (standard deviation). Analyses performed using binary logistic regression (BLR), ordinal logistic regression (OLR) or multiple linear regression (MLR) with adjustment for age, sex, time from stroke onset to randomisation, years of education, smoking status, and baseline mRS (dependency), stroke severity (NIHSS) and systolic blood pressure. Mean (SD) and MLR will be used instead of median [IQR] and OLR for ordinal scales with more than 7 levels (central limit theorem/large sample). The Wei-Lachin test is used to analyse multiple outcomes in parallel.

| | ISMN | No ISMN | Difference | Cilostazol | No cilostazol | Difference | ISMN + Cil | Neither | Difference |
|-------------------------|------------------|------------|------------|------------|------------------|------------|---------------|---------|------------|
| Number | | 1300 | (p) | | CIIOStazoi | (p) | T CII | | (p) |
| Composite | | | CPHR | | | CPHR | | | CPHR |
| Stroke | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| TIA | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| MI | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Cognitive impairment | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Dependency, mRS>2 | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Death | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Cognition | | | | | | | | | |
| Cognition, 7 level | | | OLR | | | OLR | | | OLR |
| Normal | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor, single domain | XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor, multi-domain | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Major, mild | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |

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|---------------------------------|------------------|---------|-----|--------|--------|-----|--------|--------|-----|
| Major, moderate | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Major, severe | (X) (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Death | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Cognition, 4 level | (^) | | OLR | | | OLR | | | OLR |
| Normal | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor | (X) (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Dementia | XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Death | (X) XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Memory/thinking | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| problem MoCA | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| TICS-m | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Verbal fluency, | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| animal naming Trails B, time | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Trails B, points | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Dementia, clinical | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| diagnosis Clinical | (X) | | | | | | | | |
| Systolic BP (mmHg) | XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Diastolic BP (mmHg) | (X) XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |

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| Stroke | Vasc | Neurol |
|--------|------|--------|
| | | |

| LACI-2 SAP V1.5 | | 06/06/2 | 022 | | | | | | |
|---------------------|-----------|---------|-----|--------|--------|-----|--------|--------|-----|
| Heart rate (bpm) | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| mRS | XX | XX (X) | OLR | XX (X) | XX (X) | OLR | XX (X) | XX (X) | OLR |
| Disposition | (X) XX | XX (X) | OLR | XX (X) | XX (X) | OLR | XX (X) | XX (X) | OLR |
| ZDS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Clinical depression | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| EQ-5D-5L, as HU | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| EQ-VAS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| SIS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Global | (X) XX | XX (X) | WLT | XX (X) | XX (X) | WLT | XX (X) | XX (X) | WLT |
| | (X) | | | | | | | | |

BP: blood pressure; MoCA: Montreal cognitive assessment-modified; mRS: modified Rankin Scale; SIS: stroke impact scale; TICSm: Telephone interview cognitive status- modified; ZDS: Zung depression scale Global: Recurrent ordinal stroke,¹⁷ ordinal MI, cognition (MoCA), dependency (mRS), stroke impact scale, quality of life (EQ-5D).

Table 4. Adherence to medication with at least half dose or more by randomised group: isosorbide mononitrate (ISMN), cilostazol (Cil) and both together.

| Week | ISMN | No ISMN | р | Cilostazol | No cilostazol | р | ISMN | ISMN alone | Cil only | Neither | р |
|------|--------|---------|--------|------------|---------------|--------|--------|------------|----------|---------|--------|
| | | | | | | | +Cil | | | | |
| 1-2 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 3-4 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 26 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 52 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |

A more detailed table by strata of drug adherence (i.e. 25%, 50%, 75% and 100% adherence) will also be prepared.

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Table 5. Adjudicated baseline imaging characteristics by randomised group: isosorbide mononitrate (ISMN),cilostazol (Cil) and both together.

Data are number (%), median [IQR], or mean (standard deviation).

| | | | | | | | ISMN | | | |
|----------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | | | | No | | No | + | ISMN | Cil | |
| | N | All | ISMN | ISMN | Cil | Cil | Cil | only | only | None |
| Patients randomised | XX | XX | XX | XX | XX | XX | XX | XX | XX | XX |
| Scan | | | | | | | | | | |
| Scan type(%) | | | | | | | | | | |
| СТ | XX | XX (X) |
| Time to scan (days) | XX | XX (X) |
| MR | XX | XX (X) |
| Time to scan (days) | XX | XX (X) |
| Scan quality (%) | | | | | | | | | | |
| Good | XX | XX (X) |
| Moderate | XX | XX (X) |
| Poor | XX | XX (X) |
| Index Lesion (i.e. main cause of | | | | | | | | | | |
| stroke symptoms) (%) | | | | | | | | | | |
| Normal Scan | XX | XX (X) |
| Lesion present (type) | | | | | | | | | | |
| Primary Acute ischaemia | XX | XX (X) |
| Primary haemorrhage | XX | XX (X) |
| Mimic | XX | XX (X) |
| No visible | XX | XX (X) |
| Infarct side of brain | | | | | | | | | | |
| Right | XX | XX (X) |
| Left | xx | XX (X) |
| Both | xx | XX (X) |
| Location (%) | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|--|----|--------|--------|------------|--------|-----------|----------|--------------|-------------|--------|
| | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only | None |
| Index small subcortical (i.e. acute lacunar) infarct | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Internal capsule | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| External capsule | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lentiform nucleus | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Internal border zone | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Centrum semiovale | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Thalamus | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar- small deep cerebellar lesion | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar- small deep brainstem lesion (Pons) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar - Medulla | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Non-small subcortical (i.e. large artery cortical or large subcortical or posterior circulation) infarct | | | | | | | | | | |
| MCA territory | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| PCA territory | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Infarct size (mm) | | | | | | | | | | |
| A/P | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| R/L | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cranio-caudal | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Microhaemorrhage (%) | | | | | | | | | | |
| Microhaemorrhages | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| No. microhaemorrhages (%) | | | | | | | | | | |
| 1 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 4 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >= 5 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| | N | | | | | | ISMN | | | |
|--|----|--------|--------|--------|------------|--------|-----------|----------|--------------|-------------|
| | | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only |
| Lobar | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Deep | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Superficial siderosis present | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis focal | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis disseminated | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis location | | | | | | | | | | () |
| Left | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Right | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Atrophy | | | | | | | | | | |
| Brain tissue volume reduction | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Central brain tissue volume | | | | | | | | | | |
| Modest | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Severe | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cortical brain tissue volume | | | | | | | | | | |
| Modest | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Severe | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| White Matter hyperintensities (%) | | | | | | | | | | |
| White matter hyperintensities | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Anterior white matter lucency | | | | | | | | | | |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Posterior white matter lucency | | | | | | | | | | |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Anterior and/or Posterior white matter lucency | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|---|----|--------|--------|------------|--------|-----------|----------|--------------|-------------|--------|
| | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only | None |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Periventricular WMH Fazekas score | | | | | | | | | | |
| 1 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Deep WMH Fazekas score | | | | | | | | | | |
| 1 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Periventricular and/or Deep WMH Fazekas score | | | | | | | | | | |
| 1 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Enlarged perivascular spaces (%) | | | | | | | | | | |
| Enlarged perivascular spaces | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Basal ganglia rating, worse side | | | | | | | | | | |
| <=10 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 11-20 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 20-40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Centrum semiovale rating, worse side | | | | | | | | | | |
| <=10 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 11-20 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 20-40 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Old vascular lesions (%) | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|-----------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | | | | No | | No | + | ISMN | Cil | |
| | N | All | ISMN | ISMN | Cil | Cil | Cil | only | only | None |
| Old vascular lesions | XX | XX (X) |
| Old cortical infarct | XX | XX (X) |
| Old striatocapsular infarct | XX | XX (X) |
| Old borderzone infarct | XX | XX (X) |
| Old lacunar infarct | XX | XX (X) |
| Number of lacunes (%) | | | | | | | | | | |
| 1 | XX | XX (X) |
| 2 | XX | XX (X) |
| 3 | XX | XX (X) |
| 4 | XX | XX (X) |
| >=5 | XX | XX (X) |
| Old brainstem/cerebellar infarcts | XX | XX (X) |
| Probable old haemorrhage | XX | XX (X) |
| Non-stroke lesions (%) | | | | | | | | | | |
| Non-stroke lesion | XX | XX (X) |
| Classification of non-stroke (%) | | | | | | | | | | |
| Cerebral tumour | XX | XX (X) |
| Aneurysm | XX | XX (X) |
| Vascular malformation | XX | XX (X) |
| Other non-stroke classification | xx | XX (X) |

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Table 6a. Serious adverse events for ISMN.

Data are number (%).

| | | All | | | Fatal | |
|--------------|-----------|-----------|-------------------|-----------|-----------|-------------------|
| | ISMN | No ISMN | Difference (p) | ISMN | No ISMN | Difference (p) |
| Number | | | | | | |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | | | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

Table 6b. Serious adverse events for cilostazol.

Data are number (%).

| | | All | | | Fatal | |
|--------------|------------|---------------|-------------------|------------|---------------|-------------------|
| | Cilostazol | No Cilostazol | Difference (p) | Cilostazol | No Cilostazol | Difference (p) |
| Number | | | | | | |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

Table 6c. Serious adverse events for combined ISMN and cilostazol. Data are number (%).

| | | All | | | Fatal | |
|--------------|-----------|-------------|------------|-----------|-------------|------------|
| | ISMN | No ISMN/cil | Difference | ISMN | No ISMN/cil | Difference |
| | /cil | | (p) | /cil | | (p) |
| Number | | | | | | |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

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Table 7a. Participants with at least one serious adverse events by organrandomised to isosorbide mononitrate (ISMN) versus none.

Data are number (%); comparison by binary logistic regression.

| | ISMN | All No ISMN | Difference (p) | ISMN | Fatal No ISMN | Difference (p) |
|-----------------------|--------|-------------------|-------------------|--------|---------------------|-------------------|
| Number | | | | | | |
| Cardiovascular | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | XX 、 | XX 、 | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | , XX | XX 、 | (xx.x, xx.x), | XX 、 | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | XX 、 | XX 、 | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| , | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | `xx´ | `xx´ | (xx.x, xx.x), | `xx´ | ` xx ´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | `xx´ | `xx´ | (xx.x, xx.x), | `xx´ | ` xx ´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 7b. Participants with at least one serious adverse events by organrandomised to cilostazol (Cil) versus none.

Data are number (%); comparison by binary logistic regression.

| | Cil | All No Cil | Difference (p) | Cil | Fatal No Cil | Difference (p) |
|-----------------------|--------|---------------|-------------------|--------|-----------------|-------------------|
| Number | | | | | | |
| Cardiovascular | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| _ | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | XX | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | `xx´ | xx | (xx.x, xx.x), | ` xx ´ | xx | (xx.x, xx.x), |
| · · | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | `xx´ | xx | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| , | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | `xx´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | `xx´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 7c. Participants with at least one serious adverse events by organ randomised to combined isosorbide mononitrate (ISMN) and cilostazol (Cil) versus neither.

Data are number (%); comparison by binary logistic regression.

| | ISMN /Cil | All No ISNM /Cil | Difference (p) | ISMN /Cil | Fatal No ISNM /Cil | Difference (p) |
|-----------------------|--------------|---------------------------|-------------------|--------------|-----------------------------|-------------------|
| Number | | | | | | |
| Cardiovascular | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | xx | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | xx | xx | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | xx | xx | (xx.x, xx.x), | ХХ | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | xx | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | xx | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | xx | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| _ | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | ` xx ´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | ` xx ´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | ` xx ´ | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 8. Targeted symptoms occurring at any time on treatment on isosorbide mononitrate (ISMN), cilostazol (cil) or both.

Data are number (%); comparison by binary logistic regression.

| | ISMN | No ISMN | Difference (p) | Cil | No cil | Difference (p) | ISMN /Cil | No ISMN /Cil | Difference (p) |
|----------------|--------|------------|----------------|--------|--------|----------------|--------------|--------------------|----------------|
| Headache | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Palpitations | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Dizziness | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Loose stools | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | 、 | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Nausea | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Bleeding | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| - | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Bruising | ` xx ´ | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | ` xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| 2 | (xx.x) | 、 | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | ` xx ´ | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | ` xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Falls | ` xx ´ | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | `xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | ` xx ´ | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | ` xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |

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Table 9. Adjudicated 1 year MRI imaging characteristics by randomised group: isosorbide mononitrate (ISMN), cilostazol (Cil) and both together.

Data are number (%), median [IQR], or mean (standard deviation).

| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | value | ISMN + Cil | None | OR/MD/ HR (95%CI) | value |
|---|----|--------|--------|---------|-------------------------|-------------|--------|-----------|-------------------------|-------|------------------|--------|-------------------------|-------|
| Patients randomised | xx | XX | XX | ХХ | | | XX | XX | | | XX | XX | | |
| Scan | | | | | | | | | | | | | | |
| Time to scan (days) | xx | XX (X) | XX (X) | XX (X) | MLR | XX | XX (X) | XX (X) | MLR | XX | XX (X) | XX (X) | MLR | XX |
| Scan quality (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| Good | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Moderate | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Poor | хх | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Appearance of the index infarct now (%) | | | | | | | | | | | | | | |
| Completely cavitated - visible on T2, FLAIR and T1" | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - lacy | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - hole + large WMH rim | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - FLAIR cavity but not=CSF | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - FLAIR=WMH T2=cavity | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - visible on T2 not FLAIR | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Not cavitated (WML-like) | хх | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Disappeared | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX |
| Become visible | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Never visible | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Evidence of new stroke (%) | | | | | | | | | | | | | | |

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| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | p- value | ISMN + Cil | None | OR/MD/ HR (95%CI | value |
|-------------------------------|----|----------------|----------------|----------------|-------------------------|-------------|----------------|----------------|-------------------------|-------------|------------------|----------------|------------------------|-------|
| Ischaemic | XX | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Haemorrhagic | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Microhaemorrhages (%) | XX | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| No. microhaemorrhages (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| 1 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 4 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| >= 5 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | xx | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Small vessel disease score | | | | | | | | | | | | | | |
| Total | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Change from baseline | XX | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Atrophy | | | | | | | | | | | | | | |
| Brain tissue volume reduction | XX | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Central brain tissue volume | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| Modest | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Severe | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Cortical brain tissue volume | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| Modest | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Severe | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| None | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |

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| | | | | | OR/MD/ HR | p- value | | No | OR/MD/ HR | p- value | ISMN + | | OR/MD HR | / p- value |
|---|----|----------------|----------------|----------------|--------------|-------------|----------------|----------------|--------------|-------------|----------------|----------------|-------------|---------------|
| | Ν | All | ISMN | No ISMN | (95%CI) | | Cil | Cil | (95%CI) | | Cil | None | (95%CI |) |
| White Matter hyperintensities (%) | | | | | | | | | | | | | | |
| White matter hyperintensities | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Anterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Posterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Anterior and/or Posterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Periventricular WMH Fazekas score | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | хх | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Deep WMH Fazekas score | | | | | OLR | ХХ | | | OLR | XX | | | OLR | XX |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | хх | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Periventricular and/or Deep WMH Fazekas score | | | | | OLR | хх | | | OLR | ХХ | | | OLR | ХХ |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | хх | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |

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| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | p- value | ISMN + Cil | None | OR/MD/ HR (95%CI | value |
|-------------------------------|----|----------------|----------------|----------------|-------------------------|-------------|----------------|----------------|-------------------------|-------------|------------------|----------------|------------------------|-------|
| 3 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| WMH change from randomisation | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Frontal (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Parietal (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Occipital (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Basal ganglia (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Posterior fossa (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Old vascular lesions (%) | | | | | | | | | | | | | | |
| Old vascular lesions | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Old cortical infarct | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Old striatocapsular infarct | XX | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |

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| | | | | | OR/MD/ | p- value | | | OR/MD/ | p- value | ISMN | | OR/MD | / p- value |
|---|----|----------------|----------------|----------------|---------------|-------------|----------------|----------------|---------------|-------------|----------------|----------------|--------------|---------------|
| | N | All | ISMN | No ISMN | HR (95%CI) | value | Cil | No Cil | HR (95%CI) | | + Cil | None | HR (95%C) | |
| Old borderzone infarct | XX | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Old lacunar infarct | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | xx |
| Number of lacunes (%) | | | | | OLR | xx | | | OLR | ХХ | | | OLR | xx |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 4 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| >=5 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change in number of lacunes from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Old brainstem/cerebellar infarcts | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | xx |
| Probable old haemorrhage | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Non-stroke lesions (%) | | | | | | | | | | | | | | |
| Non-stroke lesion | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | xx |
| Classification of non-stroke (%) | | | | | | | | | | | | | | |
| Cerebral tumour | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Aneurysm | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | xx |
| Vascular malformation | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Other non-stroke classification | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX |

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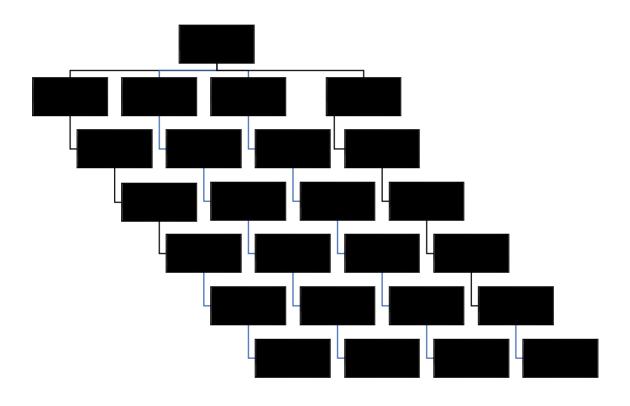
Figures

- 1. CONSORT flowchart diagram
- 2. Forest plot of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups
- 3. Forest plot of 7-level ordinal cognition/dementia scale by clinical and adjudicated imaging subgroups
- 4. Forest plot of Wei-Lachin global outcome by clinical and adjudicated imaging subgroups
- 5. Forest plot of central imaging reads as per list for table 9 of absolute and change in imaging findings
- 6. Stacked distributions of 7-level ordinal cognition at 12 months
- 7. Stacked distributions of 4-level ordinal cognition at 12 months
- 8. Stacked distributions of mRS at 12 months
- 9. Graph of imaging outcomes at 12 months (based on Table 9) displaying new incident infarct or haemorrhage, change in WMH, microbleeds, atrophy by allocated group.

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Figure 1. CONSORT diagram



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Figure 2a. Forest plot for isosorbide mononitrate versus none of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|---|---------------|
| Age † | interaction p |
| <60 | - |
| 60-69 | - |
| >70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | _ |
| Pre-morbid mRS ⁺ | |
| 0 | _ |
| 1 | _ |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>≥</u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | _ |
| Yes | _ |
| Diabetes mellitus | |
| No | _ |
| Yes | _ |
| History of stroke or TIA | |
| No | _ |
| Yes | |
| | - |
| Systolic BP † <130 | |
| 130-159 | - |
| >160 | - |
| <u>>100</u> NIHSS † | - |
| | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging No | |
| | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |

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| SVD score | |
|-------------------------|---|
| 0 | - |
| 1 | - |
| >1 | - |
| + Minimisation variable | |

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Figure 2b. Forest plot for cilostazol versus none of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|-------------------------------------|---------------|
| Age † | |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS † | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | _ |
| Yes | _ |
| Diabetes mellitus | - |
| No | |
| | - |
| Yes History of stroke or TIA | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>≥</u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |
| | |

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| 0 | - |
|-------------------------|---|
| 1 | - |
| >1 | - |
| + Minimisation variable | |

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Figure 2c. Forest plot for combined isosorbide mononitrate and cilostazol versus neither of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | _ |
| <u>></u> 70 | _ |
| <u>270</u> Sex † | |
| Female | _ |
| Male | _ |
| Highest education † | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline † | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

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| 0 | - |
|-------------------------|---|
| 1 | - |
| >1 | - |
| † Minimisation variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | P |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

Figure 3a. Forest plot of 7 level cognition scale for isosorbide mononitrate versus none at 12 months by clinical and adjudicated imaging subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | - |
| | - |
| <u>>70</u> | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP + | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | _ |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | - |
| | |

Figure 3b. Forest plot of 7 level cognition scale for cilostazol versus none at 12 months by clinical and adjudicated imaging subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| Figure 3c. Forest plot of 7 level cognition scale for combined isosorbide mononitrate |
|---|
| and cilostazol versus neither at 12 months by baseline subgroups. Adjusted |

| | Interaction p |
|-------------------------------------|---------------|
| Age † | |
| <60 | - |
| 60-69 | - |
| <u>>70</u> | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | _ |
| Yes | _ |
| | |
| Systolic BP [†] <130 | |
| 130-159 | - |
| | - |
| ≥160 | - |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | p |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP ⁺ | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

Figure 4a. Forest plot of Wei-Lachin global outcome for isosorbide mononitrate versus none by subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | |
| <60 | - |
| 60-69 | - |
| <u>>70</u> | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| Νο | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP + | |
| <130 | - |
| 130-159 | - |
| <u>>160</u> | _ |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | _ |
| Yes | - |
| Lacune on imaging | |
| Not visible | _ |
| Visible | - |
| WMH or hypoattenuation | - |
| Not visible | - |
| Visible | - |
| | - |
| SVD score | |

Figure 4b. Forest plot of Wei-Lachin global outcome for cilostazol versus none by subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| Figure 4c. Forest plot of Wei-Lachin global outcome for combined isosorbide |
|---|
| mononitrate and cilostazol versus neither by subgroups. Adjusted |

| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | |
| <u>></u> 70 | |
| <u>270</u> Sex † | - |
| Female | |
| | - |
| Male | - |
| Highest education † | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | - |
| | |

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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Figure 5. Forest plot of central imaging reads as per list for table 9 of absolute and change in imaging findings

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 6. Stacked distributions of 7-level ordinal cognition at 12 months

- d) Isosorbide mononitrate versus none
- e) Cilostazol versus none
- f) Combined isosorbide mononitrate and cilostazol versus neither

Figure 7. Stacked distributions of 4-level ordinal cognition at 12 months

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 8. Stacked distributions of mRS at 12 months

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 9. Graph of imaging outcomes at 12 months (based on Table 9) displaying new incident infarct or haemorrhage, change in WMH, microbleeds, atrophy by allocated group.

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Signature:

Email@ed.ac.uk

LACI-2 SAP v1.5 20220606

Final Audit Report

2022-06-15

| Created: | 2022-06-08 |
|-----------------|--|
| By: | Sian Irvine (sian.irvine@ed.ac.uk) |
| Status: | Signed |
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<u>SUPPLEMENT – LACunar Intervention Trial 2 (LACI-2) Statistical Analysis</u> <u>Plan</u>

SECTION 1. ADMINISTRATIVE INFORMATION

1 Title and trial registration

1a Title: Lacunar Intervention Trial 2
 Acronym: LACI-2
 1b Registration: ISRCTN14911850; IRAS project number: 206480

2 SAP version: 1.5 (06 June 2022)

3 Protocol version: 7.0 (14 October 2020)

4 SAP revisions

4a Revision history:

Version 1.4 to 1.5

- Text added about the planned soft database lock and analysis (section 13a).
- Text added explaining comparison of dual versus no treatment (section 27a).
- Differences and p values removed (Tables 1, 5).
- Analyses comparing dual versus no treatment do not include all four groups so cilostazol only and ISMN groups removed (Table 9).

4b Justification for each revision: N/A

4c Timing of SAP revisions: These antedate data lock and analysis. Where there is a difference between the protocol (on website), published protocol ¹ and SAP, the SAP will take precedence.

5 Roles and responsibilities

Author: Philip M Bath

Responsible statisticians: Iris Mhlanga (blinded statistician), Lisa J Woodhouse (blinded statistician), Alan A Montgomery

Chief Investigator: Joanna M Wardlaw

Contributors and roles:

Philip M Bath, Iris Mhlanga, Lisa J Woodhouse, Fergus Doubal, Katherine Oatey, Alan A Montgomery, Joanna M Wardlaw, for the LACI-2 Investigators*

6 Signatures

| Role | Name | Signature | Date |
|------------------------|-----------------|--|--------------|
| 6a Author: | Philip Bath | Philip Bath Philip Bath (Jun 9, 2022 10:02 GMT+1) | Jun 9, 2022 |
| 6b Senior statistician | Alan Montgomery | A. Mprotonican | Jun 15, 2022 |
| 6c Chief Investigator: | Joanna Wardlaw | Joanna Wardlaw | Jun 9, 2022 |

SECTION 2. INTRODUCTION

7 Background and rationale

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Prior to analysis and presentation of the primary results, this publication presents the statistical analysis plan (SAP) ^{2 3} alongside the detailed listing of baseline characteristics presented in the accompanying baseline paper. This Supporting Information Appendix S1 details the full SAP and is presented prior to locking of the study database so that analyses are not data driven or reported selectively.⁴ In addition to the SAP, we also list planned secondary analyses and substudies. The SAP follows the recommended layout.^{2 3}

8 Objectives

8a Primary Objective: To determine whether a prospective, randomised trial of cilostazol and ISMN, individually or in combination, on a background of guideline stroke prevention therapy, in lacunar ischaemic stroke is feasible in the UK, thence proceeding as seamlessly as possible to a large phase III trial.

8b Secondary Objectives: To assess drug tolerability, safety, recruitment rates and accuracy, outcome event rates and retention in preparation to a large phase III randomised controlled trial to prevent recurrent lacunar stroke and physical and cognitive impairment.

This SAP focuses on these primary and secondary objectives. Planned follow-on publications will address tertiary questions.

SECTION 3. STUDY METHODS

9 Trial design

Prospective randomised open-label blinded end-point (PROBE) partial-factorial phase IIb/c trial aiming to recruit 400 patients recruited in UK Stroke Network Centres, with follow-up to one year.

10 Randomisation: By central computer-generated allocation at the University of Nottingham with minimisation on key prognostic factors: age, sex, stroke severity (NIHSS), dependency resulting from the stroke, systolic blood pressure \leq />140 mmHg, smoking status, time after stroke, and years of education.

11 Sample size/power considerations

Conservatively, we have used sample size calculations based on binary measures. Use of ordinal measures at the time of analysis will increase statistical power. **11a Event rates**: Annual event rates (Table A) were assessed from trials (SPS3,⁵ lacunar patients in ENOS,^{6 7} IST-3 ^{8 9}) and observational data (LADIS;¹⁰ our ¹¹⁻¹³ and other ¹⁴ studies). All-cause death rates were assumed to be 2.0% with upper 95% CI of 4% in 400 patients.⁵ Hence, the sample size was set at 400 participants.

| able A A | nnual abso | olute risks (| (%) of oi | utcom | e even | ts after lacu | nar stroke | |
|----------|------------|---------------|-----------|-------|--------|---------------|------------|----------|
| Vascular | Non- | Non-fatal | Non- | MI | MACE | Dependent | Cognitive | Dementia |
| death | vascular | IS or TIA | fatal | | | (mRS 3-5) | impairment | |
| | death | | ICH | | | | | |
| 1.8 | 0.5 | 2.5 | 0.5 | 0.6 | 3 | 15 | 30 | 15 |

 Table A Annual absolute risks (%) of outcome events after lacunar stroke

ICH: intracerebral haemorrhage; IS: ischaemic stroke; MACE: major adverse cardiac events; MI: myocardial infarction; mRS: modified Rankin scale; TIA: transient ischaemic stroke

11b Comparison of two groups in a future phase III trial: Assuming power 0.80, alpha=0.05, 1:1 randomisation, composite event rate (MACE, dementia, non-vascular death, new MRI signs) 45% and absolute reduction 9% (relative risk reduction 20%), and loss to follow-up 10%, a sample size of 1100 will be needed. A

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Table B. Sample size for composite outcome in main trial using estimated event rates.¹

number of outcomes are relevant to patients with SVD and using these has implications for the sample size (Table B).

| Composite model | А | В | Ci | Cil | D |
|-------------------|--------------|-----------|---------------|-----|-------------|
| Composite | MACE, | MACE, | MACE, | | MACE, |
| outcome for | dementia, | dementia, | cognitive | | cognitive |
| phase III | non-vascular | death | decline, | | impairment, |
| | death, new | | dependency | | dependency, |
| | MR signs | | decline, all- | | all-cause |
| | | | cause death | | death |
| 1-beta (power) | 80% | 80% | 80% | 80% | 80% |
| Event rate, | 50% | 10% | 30% | 30% | 45% |
| control, pa | | | | | |
| Relative risk | 20% | 20% | 20% | 30% | 20% |
| reduction | | | | | |
| Event rate, | 40% | 8% | 24% | 21% | 36% |
| active, pa | | | | | |
| Total sample size | 950 | 6626 | 1784 | 778 | 976 |
| Total trial size, | 1250 | 7400 | 2000 | 900 | 1100 |
| including losses | | | | | |

MACE: major adverse cardiac events; MRI: magnetic resonance imaging

12 Framework

The primary objectives are to assess the feasibility of recruitment and adherence to medication.

13 Statistical interim analyses and stopping guidance

13a Interim analyses: Data are tabulated twice annually prior to Trial Steering Committee (TSC) and Data Monitoring Committee (DMC) meetings. No unblinded comparative analyses will be performed until data collection has been completed and the database locked.

Prior to the final database lock, the database will be subject to a soft lock and the provisional data tabulated and analysed for review by the TSC and DMC. Any final queries will be raised and resolved prior to final database lock. Members of staff still involved in the collation of data and resolution of data queries will not attend the meeting and the data reviewed at the meeting will remain strictly confidential until the point of final database lock to avoid any bias.

13b Adjustments of significance level: There is no planned adjustment.

13c Stopping rules: There are no formal stopping rules, but the DMC have responsibility to make recommendations to pause or modify the study, should there be any safety or efficacy considerations.

14 Timing of final analyses

These will be performed once data collection has been completed and the database has been locked.

15 Timing of outcome assessments

Assessments will be performed at baseline, 1-2 weeks, 3-4 weeks, 6 and 12 months (*Table C*).

Table C. Assessments at baseline and follow-up by time point (adapted from protocol and 1).

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| LACI-2 | CVD | 1/1 | 5 |
|--------|-----|-------|---|
| LACIZ | JAF | V T 1 | |

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| Assessment | Prior to Baseline | Visit 1 Baseline | Week 1-2 | Week 3-4 | Month 6 | Month 12 |
|--|----------------------|---------------------|-------------|-------------|------------------|------------------|
| Screening for eligibility and consent [†] | Xs | | | | | |
| Confirm and document ongoing consent | | Xs | | | | |
| Medical including drug history | | Xs | | | | |
| Assess MR or CT diagnostic scan; send copy to Edinburgh | | Xs | | | | |
| Randomisation | | Xs | | | | |
| Haematology (full blood count) and Biochemistry (urea, electrolytes, creatinine) – most recent value obtained since time of index stroke is acceptable unless clinical reason to expect change | | Xs | | | | |
| Blood pressure | | Xs | | | | X ^{S ‡} |
| Cognitive test: document years of education; Montreal Cognitive Assessment (MOCA) | | Xs | | | | |
| Timed Trail Making Test B | | Xs | | | | X ^{S ‡} |
| Dispense trial medication ² | | Xs | | | Xs | |
| Structured questionnaire: symptoms; medication history and IMP tablet adherence | | | Xs | Xs | Xc | Xc |
| Structured questionnaire: recurrent vascular events, mRS, TICS, t-MOCA, SIS, ZUNG | | | | | Xc | Xc |
| Obtain IQCODE (post/phone) from relative | | | | | | Xc |
| Follow-up brain MRI | | | | | | Xs |
| Health Economics data: EQ-5D- 5L, EQ-VAS | | | | | | Xc |
| Adverse event / con meds reporting as necessary | | | Xs | Xs | X ^{s,c} | X ^{s,c} |

[†] Consent will be obtained before the data collection procedures commence or randomisation is performed. Randomisation occurs at the end of the baseline visit.

⁺ at 12 months in some centres only.

² Dispensing in 3-monthly intervals is allowed.

^s Assessment performed by local site team.

^c Assessment performed by blinded assessor who is part of the central trial team.

SIS: Stroke Impact Scale; TICS: telephone interview for cognitive status; t-MOCA: telephone MOCA.

SECTION 4. STATISTICAL PRINCIPLES

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Confidence and p values 16 Level of statistical significance

The results of analyses and comparisons will be shown with p < 0.05.

17 Multiplicity

No adjustment will be made for multiplicity.

18 Levels of confidence intervals

The results of analyses and comparisons will be shown with 95% confidence intervals.

19 Adherence

19a Definition: 75% of patients will be able to tolerate trial medication, in at least half dose, up to one year after randomisation (i.e. less than 25% will stop trial medication completely through inability to tolerate the drugs).

19b Adherence presentation: See Table 4.

19c Protocol deviations: Protocol violations will be reported to the sponsor within 24 hours of becoming aware of the violation. Protocol deviations will be recorded in a protocol deviation log with these submitted to the sponsors every 3 months.

19d Protocol deviation presentation: Listing of violations and deviations and their frequency.

20 Analysis populations

Three populations are defined:

- 1. Intention-to-treat: All consented participants with a primary outcome measure.
- 2. Per protocol: All consented participants with a primary outcome measure who received at least one dose of randomised medication and who had no protocol violation, e.g. they fulfilled all eligibility criteria.
- 3. Safety: All consented participants who received at least one dose of randomised medication.

Multiple variable analyses will include all patients with complete data for the dependent and each independent variable. All available data will be used, and missing data will not be imputed.

SECTION 5. TRIAL POPULATION

21 Screening data

No screening logs will be kept so that data collection can be prioritised.

22 Eligibility

- 1. Clinical lacunar stroke syndrome.
- 2. Brain scanning with MR including diffusion imaging wherever possible, and obtained soon after the presentation with stroke, which showed either:
 - a. A recent, relevant (in time and location) acute small subcortical (i.e. lacunar) infarct on diffusion MR imaging.
 - b. If no visible acute small subcortical infarct on diffusion MR imaging then there is no competing pathology as a cause for stroke (e.g. no acute cortical infarct, no acute intra-cerebral haemorrhage, no stroke mimic such as tumour, subdural haematoma);
 - c. If only a CT brain scan is available, then there is a small relevant (in time and location) subcortical (i.e. acute lacunar) infarct, or if no infarct then there is no competing pathology as a cause for stroke (e.g. no acute cortical infarct, no acute intra-cerebral haemorrhage, no stroke mimic such as tumour, subdural haematoma).

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- 3. Age > 30 years.
- 4. Independent in activities of daily living (modified Rankin Scale <=2).
- 5. Capacity to give consent themselves.

23 Recruitment

Recruitment will be summarised in a CONSORT flow diagram.

24 Withdrawal/follow-up

Withdrawals, and missed follow-ups and their timing will be summarised in the CONSORT flow diagram.

25 Baseline patient characteristics

25a Baseline characteristics: These will comprise demographic, education, premorbid function, cognitive ability, medical history, blood pressure, stroke investigations, clinical and brain imaging parameters (Table 1).

25b Summarisation: Data will be shown as number (%), median [interquartile range] or mean (standard deviation) as appropriate.

SECTION 6. ANALYSIS

26 Outcome definitions 26a Specifications:

Primary endpoint

Feasibility of a Phase III efficacy trial assessed as:

- Recruitment of sufficient patients, i.e. 400 patients in 24 months in the UK (and taking account of interruption due to COVID-19).
- >95% of randomised patients are retained for follow-up at one year.

Secondary outcomes - participant

Tolerability: 75% of patients will be able to tolerate trial medication, in at least half dose, up to one year after randomisation (i.e. less than 25% will stop trial medication completely through inability to tolerate the drugs). *Safety*

Sarety

- Symptoms of systemic or intracranial bleeding.
- The absolute risk of death, including fatal haemorrhage, does not differ significantly, i.e. fall outside the upper 95% CI of 2% per year on trial drugs versus no trial drugs, when given in addition to guideline stroke prevention drugs.
- There are no new ischaemic or haemorrhagic brain lesions or increase in SVD lesions on one year MRI significantly (at the p<0.01 level).

Efficacy

- Individual event-rates for stroke, TIA, myocardial ischaemia, cognitive impairment and dementia.
- The *combined rate* of recurrent stroke, MI, death, mild cognitive impairment (including dementia), dependency and new stroke lesions on scanning at 1 year will be 40-50% at one year after enrolment in order to allow detection of a modest but clinically-important reduction in poor outcomes in a phase III trial.
- Health economic measures include the health utility score (EQ-5D-5L) and the visual analogue score (EQVAS) at 12 months.

26b Units: Units will be shown in tables.

26c Calculations/transformations: Quality of life using UK weightings. **Brain frailty**

Based on neuroimaging:

Brain frailty = Atrophy + WML + Previous stroke lesion ⁷

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 SVD score for CT = WML, lacunes; for MRI includes WMH, lacunes, PVS and microbleeds ¹⁵

Montreal cognitive assessment-modified (MoCA-m) trails

Since Trails A and B are performed, the MoCA trail is not collected but rather estimated from the Trails B score:

- If Trails B score <12 then MoCA trail = 0
- If Trails B score >=12 then MoCA trail = 1

27 Analysis methods

27a Methods

Primary endpoint

- Tabulation and graphical presentation of participant recruitment aiming for 400 participants in 24 months.
- Tabulation of retention of participants at one year aiming for >95%.
- Analyses of secondary outcomes

Tabulations of:

- Tolerability to trial medications aiming for 75% of patients taking at least half dose for up to one year after randomisation.
- Death, including fatal haemorrhage, aiming for less than outside the upper 95% CI of 2% per year.
- The *combined rate* of recurrent stroke, MI, death, cognitive impairment and dependency, aiming for 40-50% at one year after enrolment.

Comparison of rates of events between the treatment groups: cilostazol vs no cilostazol, ISMN vs no ISMN, and cilostazol and ISMN vs neither, for:

- Systemic or intracranial bleeding, recurrent cerebral and systemic vascular events, and vascular and non-vascular causes of death.
- Death, all cause.
- New ischaemic or haemorrhagic stroke lesion or increase in SVD lesions on MRI.
- Composite of: recurrent clinically-evident stroke, MI, death, cognitive impairment (including dementia) and dependency.
- Individual event: stroke (clinically-evident or imaging-detected ischaemic or haemorrhagic stroke to be reported separately), TIA, myocardial ischaemia, cognitive impairment and dementia.
- New infarcts and haemorrhages, absolute and change in WMH, microhaemorrhages, lacunes, atrophy imaging variables from central read of baseline imaging and one year MRI
- The comparisons of combined cilostazol and ISMN versus neither, whilst being very underpowered statistically, are presented since these may be the two groups studied in the planned follow-on trial.

Central tendency, comparisons and regressions will be analysed as follows (Table D).

| Table D. Descript | ive and analytic | cal statistics | | |
|-------------------|------------------|----------------|-------------------|-----------------|
| | Binary | Nominal | Ordinal | Continuous |
| Central tendency | N (%) | N (%) | Median | Mean |
| and distribution | | | [interquartile | (standard |
| | | | range] | deviation) |
| Comparisons | Chi-square | Chi-square | Mann-Whitney U | t-test (pooled) |
| | (2x2) | (2x2, or | or Kruskal-Wallis | or 1-way |
| | | rxc) | | ANOVA |
| Regression | Binary logistic | - | Ordinal logistic | Multiple linear |
| | regression | | regression (OLR) | regression |
| | (BLR) | | | (MLR) |

Table D. Descriptive and analytical statistics

27b Covariate adjustment: Analyses will be adjusted for minimisation covariates:

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• Age, sex, stroke severity (NIHSS), dependency resulting from the stroke, systolic blood pressure, smoking status, time after stroke, years of education.

Covariate adjustment with continuous variables (age, NIHSS, SBP, time after stroke, years of education) will use original, not dichotomised, data.

27c Assumption checking: The assumption of proportionality will be tested using the likelihood test.

27d Alternative methods: If the data fail the assumption of proportionality (tested using the likelihood test), we will use alternative methods such as multiple logistic regression.

27e Sensitivity analyses: In addition to assessment of raw data, the primary outcome will be analysed using additional statistical approaches in sensitivity analyses:

• Unadjusted analysis

• Imputation (multiple regression imputation) of missing data (adjusted) ¹⁶

27f Subgroup analyses: The secondary endpoint of the composite of: recurrent stroke, MI, death, cognitive impairment and dependency, will be studied in:

• Pre-specified subgroups comprising the minimisation variables.

• Any other variables demonstrating imbalance at baseline.

The results of these subgroup analyses will not be adjusted for multiple testing. These analyses are planned for the phase III efficacy trial and so will be tested in the present study.

28 Missing data

Missing data may occur at outcome level or at test level or within a test at component item level. Notably, some tests have to exclude components if performed by telephone and/or postal questionnaire or require a one year MRI. There is often a relationship between inability to complete outcome assessment and cognitive function or neurological deficit after stroke (e.g. inability to hold a pen) and so assumptions around random missingness may not be valid, even if the patterns of missing data initially suggest 'missing completely at random' status. Indeed, failure to complete a test may be an indicator of cognitive impairment rather than real missingness.

The approaches taken to missing cognitive and other data can have a substantial effect on epidemiological estimates.¹⁶ We will use the approach that makes greatest use of available data.

Where in study data are not available, or participants are lost to follow-up, we have permissions to allow for linkage of the study dataset to primary and secondary care electronic health records. This will allow for an assessment of clinical outcomes across all the participants.

29 Additional analyses

Global outcomes

We will assess global outcomes integrating multiple scores into one analysis and so provide a more holistic measure and improve statistical power. We will assess global outcomes comprising:

• Recurrent ordinal stroke (clinically-evident and/or imaging-detected),¹⁷ ordinal MI, cognition (MoCA), dependency (mRS), quality of life (EQ-5D).

Analyses will use the Wei-Lachin test ¹⁸⁻²¹ with comparison of data at 1 year.

Cognitive domains, based on DSM-V

We will categorise cognition into 7- and 4-level ordinal scales based on DSM-V²² categorisation (Table E).²³ We will calculate scores for cognitive domains using subscores of MoCA (or TICS if missing) although we recognise that these global cognitive assessments have some test items that map to a more than one domain, e.g. the

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clock drawing test in the MoCA includes aspects of attention, executive function and visual-perceptual function.

- Learning and memory: orientation in place (from MoCA), delayed recall of five word (MoCA), and recall and delayed recall of ten words (TICS)
- Language: using comprehension, semantic and recent memory (from MoCA; similar elements in TICS-M)
- Perceptual-motor function: Cube copy and clock drawing from MoCA
- Executive function: Trail making tests A & B, verbal fluency test (VFT-phonemic)-F (from MoCA); verbal fluency test (VFT-semantic)-animals; clock drawing test (from MoCA); digits forward (from MoCA); digits backward (from MoCA)
- Complex attention: using serial sevens subtraction (MoCA), letter tapping (MoCA)
- Social cognition is not classically assessed in cognitive screening tools and there are no agreed generic short form assessments for social cognition. Aspects of social cognition will be assessed through informant data and NPI-Q although these are not part of the core outcome set.

| (adapted summary | Seven-level | Four-level categorisation | | | |
|------------------|-----------------------------|----------------------------------|--|--|--|
| | categorisation | and operationalisation | | | |
| | and operationalisation | | | | |
| Normal cognition | No evidence of cognitive | No evidence of cognitive | | | |
| Normal cognition | impairment | impairment | | | |
| | (T-MoCA:20-22 AND TICS- | (T-MoCA:20-22 AND TICS-m: | | | |
| | - | • | | | |
| Minor | m: 25-39) | 25-39) | | | |
| | Single domain | Evidence of cognitive | | | |
| Neurocognitive | Scores are reduced by > 1 | impairment | | | |
| disorder | point in only one cognitive | (T-MoCA: 15-19 OR TICS-m: | | | |
| (mild cognitive | domain of T-MoCA | 17-24) | | | |
| impairment) | | AND | | | |
| | Multi-domain | No evidence of functional | | | |
| | Scores are reduced by > 1 | impairment | | | |
| | point in more than one | (mRS <2 OR no change in mRS | | | |
| | cognitive domain of T-MoCA | if pre-stroke mRS >1) | | | |
| Major | Mild cognitive | Persisting cognitive impairment | | | |
| neurocognitive | impairments | (T-MoCA score <19 OR TICS- | | | |
| disorder | (T-MoCA 15-19 OR TICS-m | m<24 on more than one follow- | | | |
| | 17-23) | up) | | | |
| | | AND | | | |
| | Mild dysfunction | Functional impairment | | | |
| | (mRS <3) | (mRS \geq 2 or IQCODE >3.6 at | | | |
| | Moderate cognitive | final follow-up) | | | |
| | impairments | | | | |
| | (T-MoCA 10-14 OR TICS-m | OR | | | |
| | 12-16) | | | | |
| | AND | Any clinical diagnosis of | | | |
| | Moderate dysfunction | dementia made independent of | | | |
| | | study, e.g. by memory clinic, in | | | |
| | (mRS 3 or 4) | primary care, | | | |
| | Severe cognitive | | | | |
| | impairments | recording of dementia on death | | | |
| | (T-MoCA <10 OR TICS-m | certification, prescription of | | | |
| | <12) | cholinesterase inhibitor or | | | |
| | AND | memantine | | | |
| | Severe dysfunction | | | | |

Table E. Categorisation of cognition based on DSM V with operationalisation (adapted summary from ²³).

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| | In a care-home OR mRS 4,5 | |
|-------|---------------------------|---------------|
| Death | Death (mRS 6) | Death (mRS 6) |

30 Harms

These are presented as serious adverse events in Tables 6a-c and 7a-c.

31 Statistical software

Statistical Analysis System (SAS) version 9.4, SAS Institute Incorporation, Cary, North Carolina.

SECTION 7. ADDITIONAL INFORMATION

Confounding covariates

The primary outcome is recruitment, and this will be tabulated; as such, there are no confounding covariates.

The possible primary outcome in any following trial will likely be a composite comprising MACE, dementia or mild cognitive impairment, non-vascular death and new MRI signs and these event rates will be assessed in the current trial. The components are likely to be correlated. Example confounding variables are given and these are categorised by whether these were 'measured', as per routine practice, or 'unmeasured'; the latter will lead to residual confounding.

Composite outcome

Measured variables: Age, highest educational attainment, main occupation, socioeconomic status, stroke severity, function at randomisation, cognitive ability at randomisation, diabetes mellitus, hypertension, smoking, carotid disease, blood pressure, prescribed medications, time from stroke to randomisation, presence of a relevant infarct and SVD lesion severity on brain imaging.

Unmeasured: Examples are social isolation, vision, hearing, cardiac function (atrial fibrillation and heart failure are documented) and post-stroke complications.

Governance

LACI-2 is funded by the British Heart Foundation (CS/15/5/31475) and approved by the East Midlands – Nottingham 2 Research Ethics Committee (Ref: 17/EM/0077). The Sponsor is the ACCORD office, University of Edinburgh and NHS Lothian. NHS Research and Development/ Innovation approval is given at each participating site. The study is adopted by the National Institute for Health Research (NIHR) Clinical Research Network in England and the Stroke Research Network in Scotland.

Minimising bias

Multiple approaches are taken to minimise bias: central data registration with realtime on-line validation; minimisation at randomisation; blinded central postal and/or telephone assessment of outcomes; blinded adjudication of neuroimaging; inclusion of patients enrolled in other studies (co-enrolment) where feasible; analysis by intention-to-enrol (i.e. all participants) and in pre-specified subgroups.

Publications, published and planned

- 1. Protocol published
- 2. SAP and baseline data this publication
- 3. Primary results paper
- 4. Other secondary publications as determined by the Trial Steering Committee

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Data sharing

In the future, the anonymised study data will be made available for use by external investigators in appropriate analyses upon request via a publicly accessible portal (e.g. University of Edinburgh data share). Data from LACI-2 will also be shared as appropriate with individual patient data pooling projects involving stroke and dementia; a non-inclusive list includes:

- The Cerebrovascular diseases database, Edinburgh (https://www.ed.ac.uk/clinical-sciences/edinburgh-imaging/research/themesand-topics/analysis-and-processing/image-databanks/cerebrovasculardiseases-image-databank)
- Dementia Platform UK data portal (https://www.dementiasplatform.uk/)
- Virtual International Stroke Trials Archive-Cognition (VISTA-COG)
- Virtual International Cardiovascular and Cognitive Trials Archive (VICCTA, <u>http://www.virtualtrialsarchives.org</u>)
- META-VCI Map (https://metavcimap.org/)
- STROKOG (<u>https://cheba.unsw.edu.au/consortia/strokog</u>)

Similarly, anonymised neuroimaging data will be published.²⁴ The mechanisms and processes for managing external access will be determined during the course of the study. Proposals will be considered by the LACI-2 Trial Steering Committee.

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ABREVIATIONS

| Abbreviation | Full Text |
|--------------|---|
| CI | Confidence Interval |
| cSVD | Cerebral small vessel disease |
| CT | Computed Tomography |
| DMC | Data Monitoring Committee |
| ECG | Electrocardiogram |
| EQVAS | EuroQol-Visual Analogue Scale |
| EQ-5D-5L | EuroQoL- 5 Dimension- 5 Level quality |
| | of life questionnaire |
| F/T | Full Time |
| ICH | Intracerebral Haemorrhage |
| IMP | Investigational Medicinal Product |
| IS | Ischaemic Stroke |
| ISMN | Isosorbide Mononitrate |
| LACI-2 | Lacunar Intervention Trial-2 |
| LACS | lacunar syndrome |
| LVH | left ventricular hypertrophy |
| MACE | Major Adverse Cardiac Events |
| MI | Myocardial Infarction |
| MOCA | Montreal Cognitive Assessment |
| MRI | Magnetic Resonance Imaging |
| mRS | Modified Rankin scale |
| NIHSS | National Institutes Health Stroke Scale |
| NO | Nitric oxide |
| PACS | Partial Anterior Circulation Syndrome; |
| PROBE | Prospective Randomised Open-label |
| | Blinded-Endpoint |
| PGI2 | Prostacyclin |
| POCS | Posterior Circulation Syndrome |
| P/T | Part Time |
| SAP | Statistical Analysis Plan |
| SAS | Statistical Analysis System |
| SBP | Systolic Blood Pressure |
| SIS | Stroke Impact Scale |
| SVD | Small vessel disease |
| TACS | Total Anterior Circulation Syndrome |
| TIA | Transient Ischaemic Attack |
| TICS | Telephone Interview for Cognitive Status |
| t-MOCA | Telephone MOCA |
| TSC | Trial Steering Committee |
| WMH | White Matter Hyperintensity |
| | while matter ryperintensity |

Supplemental material

LACI-2 SAP V1.5

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Main paper tables

Table 1. Baseline characteristics by treatment group isosorbide mononitrate (ISMN), cilostazol (Cil) or both (ISMN+Cil).

Data are number (%), median [interquartile range] or mean (standard deviation).

| _ | N | All | ISMN | No ISMN | Cil | No Cil | ISMN + Cil | ISMN only | Cil only | Neither |
|----------------------------------|----|--------|--------|------------|--------|--------|------------------|--------------|-------------|---------|
| Ν | ΧХ | XX | XX | XX | XX | XX | XX | XX | XX | XX |
| Demographics | | | | | | | | | | |
| Age (yr) + | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| <=70 years | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) | XX | XX (X) | XX (X) | XX (X) |
| Sex, female (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| modified Rankin Scale >1 (%) † | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Onset to randomisation (days) † | ХХ | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| <= 100 days | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Age completing education (yr) | XX | XX (X) | xx (x) | XX (X) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) | xx (x) |
| Highest education (%) † | | | | | | | | | | |
| Primary | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Secondary | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| O' level/GCSE | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| A' level | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Undergraduate degree | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Postgraduate degree | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lifestyle | | | | | | | | | | |
| Smoking † | | | | | | | | | | |
| Current | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Past | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Never | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| History (%) | | | | | | | | | | |
| Hypertension, drug | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| treated | | | | | | | | | | |
| Hyperlipidaemia, drug | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| treated | | | | | | | | | | |
| Diabetes mellitus | | | | | | | | | | |
| Oral agents | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Insulin | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Atrial fibrillation | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Heart failure | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Previous stroke | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Previous TIA | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| LACI-2 SAP V1.5 | | |
|------------------------------|----|------|
| Family history, young stroke | XX | XX (|
| Medications | | |

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| Family history, young stroke | ХХ | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
|---|----------|------------------|------------------|------------------|------------------|-------------------------|---------------------------------------|------------------|------------------|------------------|
| Medications | | | | | | | | | | |
| Anticoagulants | хх | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Antibiotics | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Antihypertensives | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX(X) | XX(X) | XX(X) | XX(X) |
| Antiplatelets | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) |
| Lipid-lowering | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) |
| Proton pump inhibitor | XX | XX (X) | XX (X) | XX (X) | XX(X) | XX(X) | XX (X) | XX (X) | XX (X) | XX (X) |
| | | | • • • | . , | . , | . , | . , | . , | | . , |
| PDE5 inhibitor | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Other drugs | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| No. medications /day | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Grapefruit juice (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Clinical (%) | VV | | | | | | | | | |
| Systolic BP (mmHg) ⁺ Diastolic BP mmHg) | XX XX | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) | XX (X) XX (X) |
| Atrial fibrillation | XX XX | XX (X) XX (X) | XX (X) XX (X) | | XX(X) XX(X) | | | | XX (X) XX (X) | |
| NIHSS (/42) † | XX | | XX (X) | XX (X) | | <i>XX (X)</i> XX (X) | XX (X) | XX (X) | | XX (X) |
| Weakness, Side (%) | ~~ | XX (X) | ^^ (^) | XX (X) | XX (X) | ^^ (^) | XX (X) | XX (X) | XX (X) | XX (X) |
| right | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| left | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| both | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Sensory loss (%) | ~~~ | XX (X) | XX (X) | XX (X) | XX (X) | | , , , , , , , , , , , , , , , , , , , | | XX (X) | |
| Right | ХХ | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Left | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| both | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Ataxia (%) | | | | | | | | | | |
| left | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) |
| right | XX | xx (x) | xx (x) | XX (X) | XX | XX (X) | XX (X) | XX (X) | XX | XX (X) |
| Neglect/inattention (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | xx (x) |
| Dysphasia (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Dysarthria (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Visual loss (%) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cognition | | | . , | . , | | . , | . , | . , | | |
| MoĈA | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| MoCA <=24 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | XX (X) | |
| Verbal fluency F, <11 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| words | | | . , | | | | | | | |
| Trails B, time | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Trails B, points | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Investigations | 1 | | | | | | | | | |
| CT scan | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| MRI Scan | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both scans | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Stroke-CT scan (days) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Stroke-MRI scan (days) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| LACI-2 SAP V1.5 | | | 06/06 | 5/2022 | | | | | | |
|---------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Index infarct present (%) | XX | XX (X) |
| Index infarct side, left (%) | хх | XX (X) |
| cSVD moderate/severe (%) | хх | XX (X) |
| WMH/ hypoattenuations | XX | XX (X) |
| Carotid stenosis | XX | XX (X) | XX (X) | XX (X) | () | | XX (X) | XX (X) | | |
| Left >=50% | XX | XX (X) |
| Right >=50% | XX | XX (X) |
| ECG, (%) | | | | | . , | | . , | | . , | |
| Sinus | XX | XX (X) |
| AF | XX | XX (X) |
| Haemoglobin (g/l) | XX | XX (X) |
| Creatinine (µmol/l) | XX | XX (X) |
| eGFR (ml/min) | XX | XX (X) |
| Contraindications to treatment | | | | | | | | | | |
| ISMN | XX | XX (X) |
| Cilostazol | хх | XX (X) |

+ Minimisation variable

ECG: electrocardiogram; F/T: full time; ICH: intracerebral haemorrhage; IS: ischaemic stroke; LACS: lacunar syndrome; LVH: left ventricular hypertrophy; PACS; partial anterior circulation syndrome; POCS: posterior circulation syndrome; P/T: part time; TACS: total anterior circulation syndrome; TIA: transient ischaemic attack

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Table 2. Feasibility measures.

Data are number (%).

| Measure | Metric | Achieved |
|-----------------------------------|--------------------------------|----------|
| Primary | | |
| Recruitment | 400 patients | 363/400 |
| | | (90.8%) |
| Retention of enrolees at 1 year | >95% | XX (X) |
| Secondary | | |
| Tolerability | >=75% on at least half dose | XX (X) |
| ISMN alone | | XX (X) |
| Cilostazol alone | | XX (X) |
| Both ISMN and cilostazol | | XX (X) |
| Safety | | |
| Symptomatic extracranial | | XX (X) |
| bleeding | | |
| Symptomatic intracranial bleeding | | XX (X) |
| Death | <2% | XX (X) |
| Stroke | | XX (X) |
| Haemorrhage | | XX (X) |
| Extracranial | | XX (X) |
| Intracranial | | XX (X) |
| Efficacy | | XX (X) |
| Stroke | | XX (X) |
| TIA | | XX (X) |
| Myocardial infarction | | XX (X) |
| Cognitive impairment | | XX (X) |
| Dependency, mRS>2 | | XX (X) |
| Any of these | 40-50% | XX (X) |

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Table 3. Clinical Outcomes at 12 months.

Data are number (%), median [interquartile range] or mean (standard deviation). Analyses performed using binary logistic regression (BLR), ordinal logistic regression (OLR) or multiple linear regression (MLR) with adjustment for age, sex, time from stroke onset to randomisation, years of education, smoking status, and baseline mRS (dependency), stroke severity (NIHSS) and systolic blood pressure. Mean (SD) and MLR will be used instead of median [IQR] and OLR for ordinal scales with more than 7 levels (central limit theorem/large sample). The Wei-Lachin test is used to analyse multiple outcomes in parallel.

| | ISMN | No ISMN | Difference | Cilostazol | No cilostazol | Difference | ISMN + Cil | Neither | Difference |
|-------------------------|------------------|------------|------------|------------|------------------|------------|---------------|---------|------------|
| Number | | 1300 | (p) | | CIIOStazoi | (p) | T CII | | (p) |
| Composite | | | CPHR | | | CPHR | | | CPHR |
| Stroke | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| TIA | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| MI | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Cognitive impairment | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Dependency, mRS>2 | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Death | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| Cognition | | | | | | | | | |
| Cognition, 7 level | | | OLR | | | OLR | | | OLR |
| Normal | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor, single domain | XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor, multi-domain | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Major, mild | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |

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|---------------------------------------|------------------|---------|-----|--------|--------|-----|--------|--------|-----|
| Major, moderate | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Major, severe | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Death | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Cognition, 4 level | (^) | | OLR | | | OLR | | | OLR |
| Normal | XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Minor | (X) XX (X) | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Dementia | XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Death | (X) XX | XX (X) | | XX (X) | XX (X) | | XX (X) | XX (X) | |
| Memory/thinking | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| problem MoCA | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| TICS-m | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Verbal fluency, | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| animal naming Trails B, time | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Trails B, points | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Dementia, clinical | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| diagnosis | (X) | | | | | | | | |
| Clinical Systolic BP (mmHg) | XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Diastolic BP (mmHg) | (X) XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |

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| Stroke | Vasc | Neurol |
|--------|------|--------|
| | | |

| LACI-2 SAP V1.5 | | 06/06/2 | 022 | | | | | | |
|---------------------|-----------|---------|-----|--------|--------|-----|--------|--------|-----|
| Heart rate (bpm) | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| mRS | XX | XX (X) | OLR | XX (X) | XX (X) | OLR | XX (X) | XX (X) | OLR |
| Disposition | (X) XX | XX (X) | OLR | XX (X) | XX (X) | OLR | XX (X) | XX (X) | OLR |
| ZDS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Clinical depression | (X) XX | XX (X) | BLR | XX (X) | XX (X) | BLR | XX (X) | XX (X) | BLR |
| EQ-5D-5L, as HU | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| EQ-VAS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| SIS | (X) XX | XX (X) | MLR | XX (X) | XX (X) | MLR | XX (X) | XX (X) | MLR |
| Global | (X) XX | XX (X) | WLT | XX (X) | XX (X) | WLT | XX (X) | XX (X) | WLT |
| | (X) | | | | | | | | |

BP: blood pressure; MoCA: Montreal cognitive assessment-modified; mRS: modified Rankin Scale; SIS: stroke impact scale; TICSm: Telephone interview cognitive status- modified; ZDS: Zung depression scale Global: Recurrent ordinal stroke,¹⁷ ordinal MI, cognition (MoCA), dependency (mRS), stroke impact scale, quality of life (EQ-5D).

Table 4. Adherence to medication with at least half dose or more by randomised group: isosorbide mononitrate (ISMN), cilostazol (Cil) and both together.

| Week | ISMN | No ISMN | р | Cilostazol | No cilostazol | р | ISMN | ISMN alone | Cil only | Neither | р |
|------|--------|---------|--------|------------|---------------|--------|--------|------------|----------|---------|--------|
| | | | | | | | +Cil | | | | |
| 1-2 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 3-4 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 26 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |
| 52 | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | Chi-sq | XX (X) | XX (X) | XX (X) | XX (X) | Chi-sq |

A more detailed table by strata of drug adherence (i.e. 25%, 50%, 75% and 100% adherence) will also be prepared.

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Table 5. Adjudicated baseline imaging characteristics by randomised group: isosorbide mononitrate (ISMN), cilostazol (Cil) and both together.

Data are number (%), median [IQR], or mean (standard deviation).

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| | | | | | | | ISMN | | | |
|----------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|-------|
| | | | | No | | No | + | ISMN | Cil | |
| | N | All | ISMN | ISMN | Cil | Cil | Cil | only | only | None |
| Patients randomised | XX | XX | XX | XX | XX | XX | XX | XX | XX | XX |
| Scan | | | | | | | | | | |
| Scan type(%) | | | | | | | | | | |
| СТ | XX | XX (X) | XX (X |
| Time to scan (days) | XX | XX (X) | XX (X |
| MR | XX | XX (X) | XX (X |
| Time to scan (days) | XX | XX (X) | XX (X |
| Scan quality (%) | | | | | | | | | | |
| Good | XX | XX (X) | XX (X |
| Moderate | XX | XX (X) | XX (X |
| Poor | XX | XX (X) | XX (X |
| Index Lesion (i.e. main cause of | | | | | | | | | | |
| stroke symptoms) (%) | | | | | | | | | | |
| Normal Scan | XX | XX (X) | XX (X |
| Lesion present (type) | | | | | | | | | | |
| Primary Acute ischaemia | XX | XX (X) | XX (X |
| Primary haemorrhage | XX | XX (X) | XX (X |
| Mimic | XX | XX (X) | XX (X |
| No visible | XX | XX (X) | XX (X |
| Infarct side of brain | | | | | | | | | | |
| Right | XX | XX (X) | XX (X |
| Left | XX | XX (X) | XX (X |
| Both | XX | XX (X) | XX (X |
| Location (%) | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|--|----|--------|--------|------------|--------|-----------|----------|--------------|-------------|--------|
| | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only | None |
| Index small subcortical (i.e. acute lacunar) infarct | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Internal capsule | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| External capsule | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lentiform nucleus | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Internal border zone | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Centrum semiovale | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Thalamus | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar- small deep cerebellar lesion | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar- small deep brainstem lesion (Pons) | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Lacunar - Medulla | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Non-small subcortical (i.e. large artery cortical or large subcortical or posterior circulation) infarct | | | | | | | | | | |
| MCA territory | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| PCA territory | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Infarct size (mm) | | | | | | | | | | |
| 4/P | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| R/L | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cranio-caudal | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Microhaemorrhage (%) | | | | | | | | | | |
| Microhaemorrhages | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| No. microhaemorrhages (%) | | | | | | | | | | |
| 1 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 4 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >= 5 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |

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| | | | | | | | ISMN | | | |
|--|----|--------|--------|------------|--------|-----------|----------|--------------|-------------|--------|
| | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only | None |
| Lobar | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Deep | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Superficial siderosis present | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis focal | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis disseminated | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Siderosis location | | | | | | | | | | |
| Left | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Right | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Both | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Atrophy | | | | | | | | | | |
| Brain tissue volume reduction | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Central brain tissue volume | | | | | | | | | | |
| Modest | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Severe | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Cortical brain tissue volume | | | | | | | | | | |
| Modest | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Severe | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| White Matter hyperintensities (%) | | | | | | | | | | |
| White matter hyperintensities | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Anterior white matter lucency | | | | | | | | | | |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Posterior white matter lucency | | | | | | | | | | |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Anterior and/or Posterior white matter lucency | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|---|----|--------|--------|------------|--------|-----------|----------|--------------|-------------|--------|
| | N | All | ISMN | No ISMN | Cil | No Cil | + Cil | ISMN only | Cil only | None |
| Restricted region adjoining ventricles | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Periventricular WMH Fazekas score | | | | | | | | | | |
| 1 | xx | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Deep WMH Fazekas score | | | | | | | | | | |
| 1 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Periventricular and/or Deep WMH Fazekas score | | | | | | | | | | |
| 1 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 2 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 3 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Enlarged perivascular spaces (%) | | | | | | | | | | |
| Enlarged perivascular spaces | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Basal ganglia rating, worse side | | | | | | | | | | |
| <=10 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 11-20 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 20-40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Centrum semiovale rating, worse side | | | | | | | | | | |
| <=10 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 11-20 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| 20-40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| >40 | XX | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) | XX (X) |
| Old vascular lesions (%) | | | | | | | | | | |

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| | | | | | | | ISMN | | | |
|-----------------------------------|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | | | | No | | No | + | ISMN | Cil | |
| | N | All | ISMN | ISMN | Cil | Cil | Cil | only | only | None |
| Old vascular lesions | XX | XX (X) |
| Old cortical infarct | XX | XX (X) |
| Old striatocapsular infarct | XX | XX (X) |
| Old borderzone infarct | XX | XX (X) |
| Old lacunar infarct | XX | XX (X) |
| Number of lacunes (%) | | | | | | | | | | |
| 1 | XX | XX (X) |
| 2 | XX | XX (X) |
| 3 | XX | XX (X) |
| 4 | XX | XX (X) |
| >=5 | XX | XX (X) |
| Old brainstem/cerebellar infarcts | XX | XX (X) |
| Probable old haemorrhage | XX | XX (X) |
| Non-stroke lesions (%) | | | | | | | | | | |
| Non-stroke lesion | XX | XX (X) |
| Classification of non-stroke (%) | | | | | | | | | | |
| Cerebral tumour | XX | XX (X) |
| Aneurysm | xx | XX (X) |
| Vascular malformation | XX | XX (X) |
| Other non-stroke classification | XX | XX (X) |

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Table 6a. Serious adverse events for ISMN.

Data are number (%).

| | | All | | | Fatal | |
|--------------|-----------|-----------|-------------------|-----------|-----------|-------------------|
| | ISMN | No ISMN | Difference (p) | ISMN | No ISMN | Difference (p) |
| Number | | | | | | |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | | | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

Table 6b. Serious adverse events for cilostazol.

Data are number (%).

| | | All | | | Fatal | |
|--------------|------------|---------------|-------------------|------------|---------------|-------------------|
| | Cilostazol | No Cilostazol | Difference (p) | Cilostazol | No Cilostazol | Difference (p) |
| Number | | | | | | , |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

Table 6c. Serious adverse events for combined ISMN and cilostazol. Data are number (%).

| | | All | | | Fatal | |
|--------------|-----------|-------------|------------|-----------|-------------|------------|
| | ISMN | No ISMN/cil | Difference | ISMN | No ISMN/cil | Difference |
| | /cil | | (p) | /cil | | (p) |
| Number | | | | | | |
| Treatment | | | | | | |
| During | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| After | xx (xx.x) | xx (xx.x) | BLR | xx (xx.x) | xx (xx.x) | BLR |
| Relationship | | | | | | |
| Possibly | xx (xx.x) | xx (xx.x) | Ch sq | xx (xx.x) | xx (xx.x) | Ch sq |
| Probably | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |
| Definitely | xx (xx.x) | xx (xx.x) | - | xx (xx.x) | xx (xx.x) | - |

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Table 7a. Participants with at least one serious adverse events by organrandomised to isosorbide mononitrate (ISMN) versus none.

Data are number (%); comparison by binary logistic regression.

| | ISMN | All No ISMN | Difference (p) | ISMN | Fatal No ISMN | Difference (p) |
|-----------------------|--------|-------------------|-------------------|--------|---------------------|-------------------|
| Number | | | | | | |
| Cardiovascular | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | XX | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | XX | XX | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 7b. Participants with at least one serious adverse events by organrandomised to cilostazol (Cil) versus none.

Data are number (%); comparison by binary logistic regression.

| | Cil | All No Cil | Difference (p) | Cil | Fatal No Cil | Difference (p) |
|-----------------------|--------|---------------|-------------------|--------|-----------------|-------------------|
| Number | | | | | | |
| Cardiovascular | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | XX | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | xx | XX | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | `xx´ | ` xx ´ | (xx.x, xx.x), | `xx´ | ` xx ´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | `xx´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx ´ | (xx.x, xx.x), |
| · · | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | `xx´ | `xx ´ | (xx.x, xx.x), | ` xx ´ | `xx ´ | (xx.x, xx.x), |
| , 5 - , | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | `xx´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | `xx´ | `xx´ | (xx.x, xx.x), | ` xx ´ | `xx´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 7c. Participants with at least one serious adverse events by organ randomised to combined isosorbide mononitrate (ISMN) and cilostazol (Cil) versus neither.

Data are number (%); comparison by binary logistic regression.

| | ISMN /Cil | All No ISNM /Cil | Difference (p) | ISMN /Cil | Fatal No ISNM /Cil | Difference (p) |
|-----------------------|--------------|---------------------------|-------------------|--------------|-----------------------------|-------------------|
| Number | | | | | | |
| Cardiovascular | xx | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Myocardial infarction | XX | xx | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Nervous system | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Ischaemic stroke | xx | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Transient ischaemic | xx | XX | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), |
| attack | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Intracerebral | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| haemorrhage | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Respiratory | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Gastrointestinal | XX | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Genitourinary | xx | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Secondary | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| - | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Haematological | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Metabolic/endocrine | xx | XX | (xx.x, xx.x), | xx | XX | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Musculoskeletal | xx | xx | (xx.x, xx.x), | XX | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Infection/sepsis | xx | xx | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Tumour/malignancy | xx | xx | (xx.x, xx.x), | xx | ` xx ´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Other | xx | xx | (xx.x, xx.x), | xx | ` xx ´ | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |
| Total | ` xx ´ | xx | (xx.x, xx.x), | ` xx ´ | xx | (xx.x, xx.x), |
| | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx |

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Table 8. Targeted symptoms occurring at any time on treatment on isosorbide mononitrate (ISMN), cilostazol (cil) or both.

Data are number (%); comparison by binary logistic regression.

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| | ISMN | No ISMN | Difference (p) | Cil | No cil | Difference (p) | ISMN /Cil | No ISMN /Cil | Difference (p) |
|----------------|--------|------------|----------------|--------|--------|----------------|--------------|--------------------|----------------|
| Headache | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Palpitations | XX | xx (xx.x) | (xx.x, xx.x), | XX | XX | (xx.x, xx.x), | XX | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Dizziness | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Loose stools | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | · · · · | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | ` xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Nausea | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | · · · · | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Bleeding | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| - | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | | p=0.xxx |
| Bruising | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| - | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Falls | xx | xx (xx.x) | (xx.x, xx.x), | xx | xx | (xx.x, xx.x), | xx | xx (xx.x) | (xx.x, xx.x), |
| | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |
| Stopped normal | ` xx ´ | xx (xx.x) | (xx.x, xx.x), | ` xx ´ | `xx ´ | (xx.x, xx.x), | ` xx ´ | xx (xx.x) | (xx.x, xx.x), |
| activities | (xx.x) | . , | p=0.xxx | (xx.x) | (xx.x) | p=0.xxx | (xx.x) | . , | p=0.xxx |

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Table 9. Adjudicated 1 year MRI imaging characteristics by randomised group: isosorbide mononitrate (ISMN), cilostazol (Cil) and both together.

Data are number (%), median [IQR], or mean (standard deviation).

| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | value | ISMN + Cil | None | OR/MD/ HR (95%CI) | value |
|---|----|--------|--------|---------|-------------------------|-------------|--------|-----------|-------------------------|-------|------------------|--------|-------------------------|-------|
| Patients randomised | xx | XX | XX | ХХ | | | XX | XX | | | XX | XX | | |
| Scan | | | | | | | | | | | | | | |
| Time to scan (days) | xx | XX (X) | XX (X) | XX (X) | MLR | хх | XX (X) | XX (X) | MLR | XX | XX (X) | XX (X) | MLR | XX |
| Scan quality (%) | | | | | OLR | ХХ | | | OLR | XX | | | OLR | XX |
| Good | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Moderate | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Poor | хх | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Appearance of the index infarct now (%) | | | | | | | | | | | | | | |
| Completely cavitated - visible on T2, FLAIR and T1" | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - lacy | хх | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - hole + large WMH rim | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - FLAIR cavity but not=CSF | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - FLAIR=WMH T2=cavity | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Partially cavitated - visible on T2 not FLAIR | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Not cavitated (WML-like) | хх | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Disappeared | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX |
| Become visible | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Never visible | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Evidence of new stroke (%) | | | | | | | | | | | | | | |

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| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | p- value | ISMN + Cil | None | OR/MD/ HR (95%CI | value |
|-------------------------------|----|----------------|----------------|----------------|-------------------------|-------------|----------------|----------------|-------------------------|-------------|------------------|----------------|------------------------|-------|
| Ischaemic | XX | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Haemorrhagic | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Microhaemorrhages (%) | XX | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| No. microhaemorrhages (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| 1 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 4 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| >= 5 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | xx | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Small vessel disease score | | | | | | | | | | | | | | |
| Total | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Change from baseline | XX | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Atrophy | | | | | | | | | | | | | | |
| Brain tissue volume reduction | XX | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Central brain tissue volume | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| Modest | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Severe | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Cortical brain tissue volume | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| Modest | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Severe | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | | | | | OLR | xx | | | OLR | XX | | | OLR | XX |
| More | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| None | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |

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| | | | | | OR/MD/ HR | p- value | | No | OR/MD/ HR | p- value | ISMN + | | OR/MD, HR | / p- value |
|---|----|----------------|----------------|----------------|--------------|-------------|----------------|----------------|--------------|-------------|----------------|----------------|--------------|---------------|
| | Ν | All | ISMN | No ISMN | (95%CI) | | Cil | Cil | (95%CI) | | Cil | None | (95%CI |) |
| White Matter hyperintensities (%) | | | | | | | | | | | | | | |
| White matter hyperintensities | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Anterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Posterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Anterior and/or Posterior white matter lucency | | | | | | | | | | | | | | |
| Restricted region adjoining ventricles | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Covering ventricle to cortex | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Periventricular WMH Fazekas score | | | | | OLR | хх | | | OLR | ХХ | | | OLR | XX |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | хх | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | ХХ |
| Deep WMH Fazekas score | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | хх | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | ХХ |
| Periventricular and/or Deep WMH Fazekas score | | | | | OLR | хх | | | OLR | ХХ | | | OLR | ХХ |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |

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| | N | All | ISMN | No ISMN | OR/MD/ HR (95%CI) | p- value | Cil | No Cil | OR/MD/ HR (95%CI) | p- value | ISMN + Cil | None | OR/MD/ HR (95%CI | value |
|-------------------------------|----|----------------|----------------|----------------|-------------------------|-------------|----------------|----------------|-------------------------|-------------|------------------|----------------|------------------------|-------|
| 3 | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | ХХ | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| WMH change from randomisation | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Frontal (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Parietal (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Occipital (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Basal ganglia (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Posterior fossa (%) | | | | | OLR | XX | | | OLR | XX | | | OLR | XX |
| More | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Less | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| No Change | XX | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Old vascular lesions (%) | | | | | | | | | | | | | | |
| Old vascular lesions | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Old cortical infarct | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Old striatocapsular infarct | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |

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| | | | | | OR/MD/ | p- value | | | OR/MD/ | p- value | ISMN | | OR/MD | / p- value |
|---|----|----------------|----------------|----------------|---------------|-------------|----------------|----------------|---------------|-------------|----------------|----------------|--------------|---------------|
| | N | All | ISMN | No ISMN | HR (95%CI) | value | Cil | No Cil | HR (95%CI) | | + Cil | None | HR (95%C) | |
| Old borderzone infarct | XX | XX (X) | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | ХХ | XX (X) | XX (X) | BLR | XX |
| Old lacunar infarct | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | xx |
| Number of lacunes (%) | | | | | OLR | xx | | | OLR | ХХ | | | OLR | xx |
| 1 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 2 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 3 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| 4 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| >=5 | xx | XX (X) | XX (X) | XX (X) | | | XX (X) | XX (X) | | | XX (X) | XX (X) | | |
| Change in number of lacunes from baseline | xx | XX [XX, XX] | XX [XX, XX] | XX [XX, XX] | OLR | хх | XX [XX, XX] | XX [XX, XX] | OLR | XX | XX [XX, XX] | XX [XX, XX] | OLR | XX |
| Old brainstem/cerebellar infarcts | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | xx |
| Probable old haemorrhage | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Non-stroke lesions (%) | | | | | | | | | | | | | | |
| Non-stroke lesion | xx | XX (X) | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | xx |
| Classification of non-stroke (%) | | | | | | | | | | | | | | |
| Cerebral tumour | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Aneurysm | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | xx |
| Vascular malformation | xx | XX (X) | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX | XX (X) | XX (X) | BLR | XX |
| Other non-stroke classification | xx | XX (X) | XX (X) | XX (X) | BLR | хх | XX (X) | XX (X) | BLR | xx | XX (X) | XX (X) | BLR | XX |

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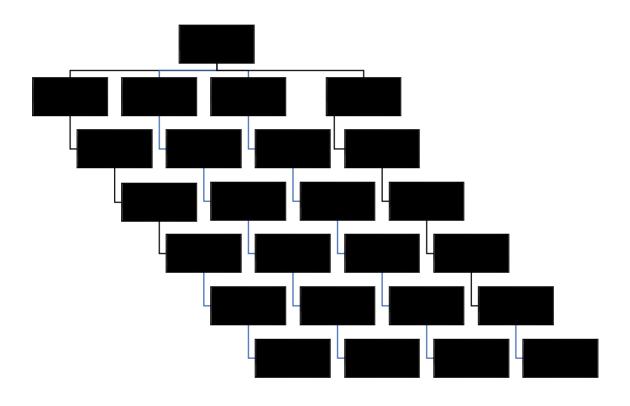
Figures

- 1. CONSORT flowchart diagram
- 2. Forest plot of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups
- 3. Forest plot of 7-level ordinal cognition/dementia scale by clinical and adjudicated imaging subgroups
- 4. Forest plot of Wei-Lachin global outcome by clinical and adjudicated imaging subgroups
- 5. Forest plot of central imaging reads as per list for table 9 of absolute and change in imaging findings
- 6. Stacked distributions of 7-level ordinal cognition at 12 months
- 7. Stacked distributions of 4-level ordinal cognition at 12 months
- 8. Stacked distributions of mRS at 12 months
- 9. Graph of imaging outcomes at 12 months (based on Table 9) displaying new incident infarct or haemorrhage, change in WMH, microbleeds, atrophy by allocated group.

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Figure 1. CONSORT diagram



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Figure 2a. Forest plot for isosorbide mononitrate versus none of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|-------------------------------------|----------------|
| Age † | incertaction p |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>≥</u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension No | |
| Yes | - |
| Diabetes mellitus | - |
| No | _ |
| Yes | _ |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| >160 | - |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |

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| SVD score | |
|-------------------------|---|
| 0 | - |
| 1 | - |
| >1 | - |
| + Minimisation variable | |

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Figure 2b. Forest plot for cilostazol versus none of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|-------------------------------------|---------------|
| Age † | |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS † | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | _ |
| Yes | _ |
| Diabetes mellitus | - |
| No | |
| | - |
| Yes History of stroke or TIA | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>≥</u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |
| | |

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| 0 | - |
|-------------------------|---|
| 1 | - |
| >1 | - |
| + Minimisation variable | |

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Figure 2c. Forest plot for combined isosorbide mononitrate and cilostazol versus neither of composite outcome (stroke, TIA, MI, cognitive impairment, dependency or death) by clinical and adjudicated imaging subgroups. Adjusted

| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | _ |
| <u>></u> 70 | _ |
| <u>270</u> Sex † | |
| Female | _ |
| Male | _ |
| Highest education † | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline † | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

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| 0 | - |
|-------------------------|---|
| 1 | - |
| >1 | - |
| + Minimisation variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | P |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

Figure 3a. Forest plot of 7 level cognition scale for isosorbide mononitrate versus none at 12 months by clinical and adjudicated imaging subgroups. Adjusted

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| U | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | P |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 NIHSS † | - |
| 0/1 | |
| >1 | _ |
| Relevant acute infarct on imaging | - |
| No | _ |
| Yes | _ |
| Lacune on imaging | - |
| Not visible | _ |
| Visible | _ |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |
| | |

Figure 3b. Forest plot of 7 level cognition scale for cilostazol versus none at 12 months by clinical and adjudicated imaging subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| Figure 3c. Forest plot of 7 level cognition scale for combined isosorbide mononitrate |
|---|
| and cilostazol versus neither at 12 months by baseline subgroups. Adjusted |

| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | _ |
| <u>></u> 70 | |
| <u>270</u> Sex † | - |
| Female | |
| Male | - |
| | - |
| Highest education † | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP + | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | _ |
| Visible | - |
| SVD score | |
| | |

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | p |
| <60 | - |
| 60-69 | - |
| <u>></u> 70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS ⁺ | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP ⁺ | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS ⁺ | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |

Figure 4a. Forest plot of Wei-Lachin global outcome for isosorbide mononitrate versus none by subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| | Interaction p |
|-------------------------------------|---------------|
| Age † | inceraceion p |
| <60 | - |
| 60-69 | - |
| >70 | - |
| Sex † | |
| Female | - |
| Male | - |
| Highest education + | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 130-159 | - |
| | - |
| <u>></u> 160 NIHSS † | - |
| 0/1 | |
| >1 | - |
| Relevant acute infarct on imaging | - |
| No | _ |
| Yes | _ |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | |
| | |

Figure 4b. Forest plot of Wei-Lachin global outcome for cilostazol versus none by subgroups. Adjusted

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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| Figure 4c. Forest plot of Wei-Lachin global outcome for combined isosorbide |
|---|
| mononitrate and cilostazol versus neither by subgroups. Adjusted |

| | Interaction p |
|-------------------------------------|---------------|
| Age † | Interaction p |
| <60 | _ |
| 60-69 | |
| <u>></u> 70 | |
| <u>2</u> /0 Sex † | - |
| Female | |
| | - |
| Male | - |
| Highest education † | |
| A-level (equivalent) or higher | - |
| O-level/GCSE (equivalent) | - |
| Primary or secondary primary school | - |
| Pre-morbid mRS + | |
| 0 | - |
| 1 | - |
| >1 | - |
| Time stroke-baseline + | |
| <180 days | |
| 180-364 days | |
| <u>></u> 365 days | |
| Smoking | |
| Never | |
| Past | |
| Present | |
| Hypertension | |
| No | - |
| Yes | - |
| Diabetes mellitus | |
| No | - |
| Yes | - |
| History of stroke or TIA | |
| No | - |
| Yes | - |
| Systolic BP † | |
| <130 | - |
| 130-159 | - |
| <u>></u> 160 | - |
| NIHSS † | |
| 0/1 | - |
| >1 | - |
| Relevant acute infarct on imaging | |
| No | - |
| Yes | - |
| Lacune on imaging | |
| Not visible | - |
| Visible | - |
| WMH or hypoattenuation | |
| Not visible | - |
| Visible | - |
| SVD score | - |
| | |

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| 0 | - |
|-----------------------|---|
| 1 | - |
| >1 | - |
| + Adjustment variable | |

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Figure 5. Forest plot of central imaging reads as per list for table 9 of absolute and change in imaging findings

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 6. Stacked distributions of 7-level ordinal cognition at 12 months

- d) Isosorbide mononitrate versus none
- e) Cilostazol versus none
- f) Combined isosorbide mononitrate and cilostazol versus neither

Figure 7. Stacked distributions of 4-level ordinal cognition at 12 months

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 8. Stacked distributions of mRS at 12 months

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Figure 9. Graph of imaging outcomes at 12 months (based on Table 9) displaying new incident infarct or haemorrhage, change in WMH, microbleeds, atrophy by allocated group.

- a) Isosorbide mononitrate versus none
- b) Cilostazol versus none
- c) Combined isosorbide mononitrate and cilostazol versus neither

Signature:

Email@ed.ac.uk

LACI-2 SAP v1.5 20220606

Final Audit Report

2022-06-15

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| By: | Sian Irvine (sian.irvine@ed.ac.uk) |
| Бу. | Sian irvine (sian.irvine@eu.ac.uk) |
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LACI 2 Investigator Group

Chief Investigator: Professor Joanna M Wardlaw

Grant Co-Applicants/Project management group: Philip Bath (Co-Cl), Vera Cvoro, Fergus Doubal, Timothy England, Ahamad Hassan, Alan Montgomery, Nikki Sprigg, Joanna Wardlaw, David Werring.

Trial steering committee:

Chairperson: John Bamford

Independent Scientific Members: John O'Brien, Christine Roffe

Independent Participant Representative: Euan Haig,

<u>Non-Independent Members</u>: Shannon Amoils, Philip Bath, Julia Boyd, Vera Cvoro, Fergus Doubal, Timothy England, Ahamad Hassan, Anna Heye, Iris Mhlanga, Alan Montgomery, Katherine Oatey, Fiach O'Mahony, Nikki Sprigg Joanna Wardlaw, David Werring, Lisa Woodhouse.

<u>Observers</u>: Jason Appleton, Gordon Blair, Kaye Ferguson, Anna Foster, Sian Irvine, Zhe Kang Law, Eleni Sakka, Carol Williams,

Data monitoring committee:

Chairperson: Colin Baigent

Independent Members: Gary Ford, Jonathan Emberson, Alison Murray (inception – 2021), A Ross Naylor (2021 - end)

Independent Blinded Event Adjudication:_Fergus Doubal, Nikki Sprigg, Kailash Krishnan

Edinburgh Trial Staff

<u>Clinical Trials Unit and Centre for Clinical Brain Sciences related staff:</u> Julia Boyd, Christine Campbell, Anna Heye, Kaye Ferguson, Anna Foster, Sian Irvine, Katherine Lewis, Lynne McGillivray, Katherine Oatey, Nicole Porter, Pamela Sinclair, Joyce Thomson. Debbie Alexander, Susan Begg, Kate Covil, Judy Coyle, Debbie Hamilton, Guen Innes, Helen Watters, Carol Williams.

Image Data Management: Eleni Sakka, Jeb Palmer, David Buchanan.

Nottingham Trial Staff

<u>Stroke Trials Unit and related staff:</u> Cydney Bruce, Sharon Ellender, Robert Gray, Diane Havard, Lee Haywood, Olivier Matias, Patricia Robinson, Cameron Skinner.

<u>Programming eCRF and data management:</u> Richard Dooley, Athfi Rijal Mufied, Lee Hayward.

Statisticians: Lisa Woodhouse, Iris Mhlanga

DMC - provide blinded statistical report with key: Cydney Bruce, Wei Tan

Participating Sites:

Edinburgh, Royal Infirmary, C001: Fergus Doubal (PI), Carmen Arteaga Reyes, Gayle Barclay, Gordon Blair, Brittany Bovenzi, Ruaridh Buchan, Seona Burgess, Una Clancy, Michelle Coakley, Angie Crawford, Sean Denham, Nicholas Fethers, Iona Hamilton, Charlotte Jardine, Lucy Kessler, Allan MacRaild, Donna McIntyre, Emma Moatt, Rachel Penman, Rustam Al-Shahi Salman, Elaine Sandeman, Jennifer Tait, Pat Taylor, Jessica Teasdale, William Whiteley

Nottingham, University Hospitals, C002: Kailash Krishnan (PI), Jason Appleton, Philip Bath, Amanda Buck, Lucy Fleming, Sheila Hodgson, Ashah Kumar, Zhe Kang Law, Carla Richardson, Rosie Roberts, Nikola Sprigg, Gemma Squires, Gwen Wilkes.

Kirkcaldy, Victoria Hospital, C004: Vera Cvoro (PI), Mandy Couser,

Glasgow, Queen Elizabeth Hospital, C005: Jesse Dawson (PI), Sandee Beattie, Alan Cameron, Ozlem Dincarslan, Laura Dymock, Helen Hart, Tracey Hopkins, Pamela MacKenzie, Belinda Manak, Lesley McDonald, Evonne McLennan, Karen Montgomery, Azmil Abdul-Rahim, Colin Rodden, Jennifer Tait, Linda Taylor, Nicola Tynan, Rosie Woodward.

Bradford, Royal Infirmary, C006: Chris Patterson (PI), Eman Abdussami, Ruth Bellfield, Numan Khan, Stuart Maguire, Outi Quinn, Kelvin Stewart.

Aberdeen Royal Infirmary, C007: German Guzman Gutierrez (PI), Jacqueline Furnace, Janice Irvine, Mary J MacLeod, Vicky Taylor, Sandra Williams.

Leeds General Infirmary, C008: Ahamed Hassan (PI), Nathan Douglas, Ana Garcia, Luis Idrovo, Linetty Makawa, Vasileios Papavasileiou, Marc Randall, Emelda Veraque, Dean Waugh.

Derby, Royal Derby Hospital, C009: Timothy England (PI), Wendy Abbott, Sathon Boonyapragon, Jessica Beavan, Liz Bedford, Richard Donnelly, Michelle Fanuncio, Marie Goldsworthy, Margaret Harper, Amanda Hedstrom, Katie Large, Peter Mason, Lisa Mayles, Harry McNaughton, Beverley Rushton, James Scott, Hege Strand, Kashmira Subramanian Shenila Zaya. **Inverness Raigmore Hospital, C010:** Stephen Makin (PI), Fiona Barrett, Clare Bradley, Jim Finlayson, Ashish Macaden, Joanna Matheson, Debbie McDonald, Mary Mckenzie, Donna Patience, Lesley Sanders, Adam Scotson, Zoe Urquhart.

London, St George's Hospital, C011: Usman Khan (PI), Rebecca Williams

London, Kings College Hospital, C012: Laszlo Sztriha (PI), Thomas Booth (PI), John Aeron-Thomas, Myriam Aissa, Sandeep Ankolekar, Sara Bik, Ajay Bhalla, , Frederick Boyle, Stuart Chandler, Staci Conway, Mena Farag, Maria Garcia-Pardo, Chong Ho, Fiona Humphries, Madawi Ismail, Agnieszka Kieliszkowska, Yee Mah, Esther Makanju, Dulka Manawadu, Georgina Meredith, Erika Manolo, Gaynor Notcheva, Elliott Smith, James Teo, Evangeline Theochari, Maria Consuelo Tibajia.

Essex, Broomfield Hospital, C013: amanathan Kirthivasan (PI), Abdulraza Alsowmely, Emma Cannon, Caroline Fox, Victoria Mead, Iman Mohamed.

Stockton-on-Tees, University Hospital of North Tees, C014: Anwar Ijaz (PI), Arunkumar Annamalai, Vicky Collins, Helen Dunn, Sarah Pitcairn, Alex Ramshaw, Lorna Shepherd, Elaine Siddle, Bill Wetherill

Sheffield, Royal Hallamshire Hospital, C015: Kirsty Harkness (PI), Jon Gardner, Jo Howe, Christine Kamara, Emma Richards, Madalina Roman, Mary Sikaonga

Sandwell, General Hospital, West Bromwich, C016: Sevasti Ispoglou (PI), Steven Billingham, Anne Hayes, Lindsay Hough, Steven Shanu

Winchester, Royal Hampshire County Hospital, C017: Nigel Smyth (PI), John Duffy, Charlotte Eglinton, Lucy Engin, Carolyn Fitton, Isi Ikhurionan, Lauriane Kerwood, Lucy Sykes, Ela Tone

London, University College, C018: David Werring (PI), Amy Ashton, Azra Banaras, Nina Bason, Jonathan Best, Cyrille Mae Cahoy, Kevin Cregg, Kirsty Dimond, Scheherazade Feerick, Nina Francia, Simon Heller, Fiona Humphries, Howell Jones, Arnab Mandal, Marilena Marinescu, Sandra Mascarenhas, Talal Mayhani, Sabaa Obarey, Temi Olusi, Nikita Parmar, Richard Perry, Graziella Quattrocchi, Anna Robinson, Sadia Saber, Yezen Sammaraiee, Nayema Tahmin, Kristian Warnes, Caroline Watchurst, Annick Williams.

Harrow, Northwick Park Hospital, C019: Aravinth Sivagnanaratnam (PI), David Cohen (PI), Gbadebo Adewetan, Rachel Baldwin Cleland, Robert Ballantine, Lara Barcella, Rajaram Bathula, Daniel Brooks, Swati Chhabra, Bindiya Kerai, Matilda Lang, Mushiya Mpelembue, Jasmin Patel, Phillip Regelous, Sreena Sreedevi Raj, Nicholas Winterkorn, Priya Yesupatham.

Luton, Luton and Dunstable NHSFT University Hospital, C020: Lakshmanan Sekaran (PI), Lankanatha Alwis, Jane Angus, Asaipillai Asokanathan, Caroline Fornolles, Frances Justin, Duke Phiri, Sakthiviel Sethuraman, Margaret Louise Tate.

Doncaster Royal Infirmary, C021: Dinesh Chadha (PI), Fiona Dunning, Mark Fairweather, Rebecca Pugh, Jeannette Stretton, Deborah Walstow, Sayed Zafar

Wolverhampton, New Cross Hospital, C022: Nasar Ahmad (PI), Jumoke Adeyemi, Ann Bentley, Emily Carter, Rachel Evans, Kenneth Fotherby, Rachael Jones, Kulbinder Kauldhar, Samuel Nyabam, Victoria Shakespeare, Angela Stevens, Chris Wharton, Angela Wilberry, Jiao Yunzheng.

Halifax, Calderdale Hospital, C023: Pratap Rana (PI), Megan Collins, Jill Greig, Mohammad Irfan Azam, Manohar Kini, Adam Mawer, Tonicha Nortcliffe, Ridha Ramiz, Matthew Robinson, Ryan Shaw, Kathryn Smith, Hayley Webster.

Taunton, Musgrove Park Hospital, C025: Malik Hussain (PI), Richard Burgess, Kimberley Gillman, Dumin Karunatilake, Tamlyn Russell, Tania Wainwright, Alison Whitcher, Esther Zebracki

Southampton General Hospital, C026: Nic Weir (PI), Michelle Beveridge, Alex Blades, Sue Evans, Efe Evbuomwan, Tomas Hannam-Penfold, Jake Harvey, Sneha Jethwa, Richard Marigold, Mariya Shaji, Simon Smith.

London, Homerton University Hospital, C027: Thomas Harrison (PI), Ayesha Begum, Hannah Bouattia, Rebecca Brady, Luisa Cabrero, Kiran Dahele, Catherine Holbrook, Mudassar Hussain, Derya Ovayolu, Nideya Sharif, Penelope Talelli, Helen White.

Exeter - Royal Devon & Exeter Hospital, C028: Salim Elyas (PI), Angie Bowring, Alina Govier, Martin James, Samantha Keenan, Jessica Kubie, Paul Mudd, Jane Sword.