

Supplementary Table 1. Risk of Bias Assessment for Observational Studies (Robins-I Tool).

Study	Confounding	Selection	Measurement of Interventions	Deviations from Intended Interventions	Missing Data	Measurement of Data	Selection of Reported Result
Yoshida et al.[18]	Moderate	Low	Low	Low	Moderate	Low	Low
Ballotta et al.[19]	Moderate	Low	Low	Low	Moderate	Low	Low
Yoshida et al.[20]	Moderate	Low	Low	Low	Moderate	Low	Low
Takai et al.[21]	Moderate	Low	Low	Low	Moderate	Low	Low
Kashiwazaki et al.[22]	Moderate	Low	Low	Low	Moderate	Low	Low
Nardi et al.[23]	Moderate	Low	Low	Low	Moderate	Low	Low