

**Supplementary Table 1.** Risk of Bias Assessment for Observational Studies (Robins-I Tool).

<b>Study</b>	<b>Confounding</b>	<b>Selection</b>	<b>Measurement of Interventions</b>	<b>Deviations from Intended Interventions</b>	<b>Missing Data</b>	<b>Measurement of Data</b>	<b>Selection of Reported Result</b>
Yoshida et al.[18]	Moderate	Low	Low	Low	Moderate	Low	Low
Ballotta et al.[19]	Moderate	Low	Low	Low	Moderate	Low	Low
Yoshida et al.[20]	Moderate	Low	Low	Low	Moderate	Low	Low
Takai et al.[21]	Moderate	Low	Low	Low	Moderate	Low	Low
Kashiwazaki et al.[22]	Moderate	Low	Low	Low	Moderate	Low	Low
Nardi et al.[23]	Moderate	Low	Low	Low	Moderate	Low	Low