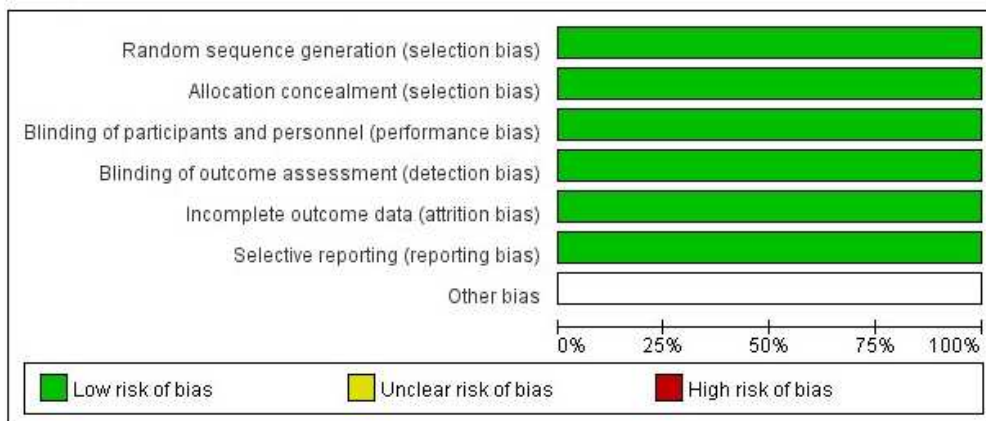


**Risk of bias in individual studies**



**A** Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
SPOTLIGHT STOP-IT 2019	+	+	+	+	+	+	
STOP-AUST 2020	+	+	+	+	+	+	
TICH-2 2018	+	+	+	+	+	+	
TRAIGE 2021	+	+	+	+	+	+	

**B** Risk of bias summary: review authors' judgements about each risk of bias item for each included study.